



SOLVA & ST NEWS

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Thursday 7th December, 4pm til Late. **At Various Businesses In Lower Solva**



DECEMBER AND JANUARY ISSUE

We wish you a very Happy Christmas and a Blessed New Year ahead. We will see you back in February 2024, with a new look newsletter. The Ed.





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SOLFACH // SOLVA



COUNCILLORS CORNER

November has proved to be a busy month but without a doubt the highlight was the Solva Firework display which again has proved to be a runaway success. As always, I am delighted to be able to help with the organisation of this event and I am sure we are nearly the no1 event in Pembrokeshire.

Early in the month as part of my role as Chair of Services Overview and Scrutiny, members of that committee and myself made a site visit to Haverfordwest Airport to view the way the airport operates. It soon became clear that the team of PCC employees were passionate about the future of the airport, but the large losses it incurs can not be sustained. At the next meeting of Services, during the discussions, most members felt that they would like to keep the airport functioning and were keen to look at ways to reduce the operating loss to a break-even point.

Recently County and Town and Community Councillors were invited to an open door event by the Police and Crime Commissioner, Dafydd Llewellyn. The group I attended only had 10 Councillors in it but due to the amount of questioning and discussion a 3 hour visit became 5. We had 5 presentations on the way Dyfed Powys Police operates and then moved on to a demonstration of the Rural Crime Team, followed by a fascinating demonstration of the use of drones within DPP and finally we were shown how emergency 999 calls and also 101 calls are handled by witnessing actual calls being taken. We concluded the visit with a trip to the operations room and a demonstration of the CCTV "wall" with 140 cameras that watch all the force area towns. To summarise, it was a fantastic evening, well worth the extra 2 hours. It is clear to me that the Police can only help us as much as the help the public gives them.

Back to more mundane things, with the longer nights, the street lights are on for longer and hence are more likely to develop a fault. Please if you see a faulty lamp, the best way to report it is via MyAccount on the PCC website. Please note the streetlight number on the plate on the pole.for when you report the fault,. You can still of course call 01437 764551 option 3 to report any faults but MyAccount is the most efficient

Finally, if you have any council related problems, feel free to call me 07976553912.

Best regards Mark Carter





Chiropractic can help: Back pain/Sciatica/ Headaches/Neck pain

> *Home clinic in Solva* Available for home visits

ADVERTISING AVAILABLE For more information, please contact **Solva & St Davids News** on:

solvanews@outlook.com

stdavidsnews@outlook.com

Solva WI

Welcomes new members and visitors. We meet in Solva Memorial Hall on the 2nd Thursday of each month at 2pm

> **Contact Jilly** 07847571796

SOLVA COMMUNITY COUNCIL

- 1. A meeting of Solva Community Council (SCC) will be held on Tuesday 5th December commencing at 5:30p.m. in Solva Community Clubhouse.
- 2. The AGM of Solva Community Clubhouse will be held on Tuesday 12th December commencing at 6p.m.

SCC Clerk Bruce Payne: email brucepayne241@gmail.com or call 07890 987259.

SCC Chair Richie Davies on 07539 299407.

PICK UP PET POO!

PICK IT UP
PACK IT UP
PUT IT IN THE BIN



SOLVA - DOG POO FREE ZONE

WE ARE A DOG FRIENDLY
COMMUNITY.
THANK YOU TO THOSE
WHO PICK UP AFTER
THEIR PET.



Solva Shop

We are now having a Solva Shop stall more frequently at the Thursday Coffee morning (10-12). We shall be delighted to have any goods you wish to donate to the shop, just bring them to the coffee morning.

We have stopped opening the shop at the Clubhouse on Sunday afternoons as this was not popular. However there will be a Christmas Special event on 5th December (Tuesday) 10.00-12.00. We have many good items of gift quality. There are plans to open the shop at the clubhouse on weekdays in 2024.

Any queries, requirements or donations please contact Fran on 07377059265 or fran34hb@gmail.com

Dates for Calendar

5 December Shop stall in Clubhouse, Tuesday 10.00-12.00 (Christmas Special)

7 December Shop stall in Hall, Thursday 10.00-12.00
14 December Shop Stall Hall, Thursday 10.00-12.00
5 January Shop stall in Clubhouse, Friday 10.00-12.00
11 January Shop stall Hall, Thursday, 10.00-12.00
26 January Shop Stall Clubhouse, Friday 10.00-12.0

The first draw of the Solva Churches 100+ club for 2023/24 took place on October 1st:
1st prize: Sandra Young (57) £70
2nd prize: Diana Barker (76) £40
3rd prize: Janine Railton (60) £25

UPDATE ON THE WORK OF PENINSULA STAKEHOLDER GROUP PROMOTING THE SUSTAINABILITY OF SOLVA HEALTH CARE SERVICES

There is still no date in the diary to progress a plan which was to be completed by December 2023. We have only had one scheduled meeting. The plan was to be produced collaboratively by the Health Board, the County Council, the two GP practices and communities on the peninsula. It would serve to reassure us about the long term sustainability of our Surgery, and provide a way forward for a wider wellbeing approach to the health of Solva people. Importantly it would also serve to secure the future of Solva Care and enable the model to be shared.

Our local Save Solva Surgery Working Group is therefore working on a plan, without the input of other agencies. The plan will be widely shared and publicised. Hopefully this will be helpful for the Health Board and encourage them to participate in the process.

Contact Sue Denman 07817 410782

SOLVA CAR PARK COST CHANGES

NO LIMIT UP TO 30 MINS - FREE

UP TO 1HR - £1.50 DAILY - £6:00

UP TO 2HRS - £3.00 WEEKLY - £30:00

UP TO 4HRS - £4.50 COACHES DAILY - £8:00



PEDWAR 4 FOUR





SOLVA MEMORIAL HALL 100+ CLUB
WINNERS OCTOBER DRAW
1ST PRIZE £50.00 SUE KING (72)
2ND PRIZE £40.00 JANET THOMAS (8)
3RD PRIZE £30.00 JUDY SCHUNEMAN. (74)

SUBSCRIPTIONS DUE NOW£10.00 PER ANNUM JONATHAN HIGGINS HALL TREASURER

NEW YEARS DAY SOLVA TREASURE HUNT

JIM YOUNG WHO, ALONG WITH DAVE PHILLIPS (DAI BALL) COMPOSE AND PRESENT EACH YEAR THE SOLVA NEW YEAR'S DAY TREASURE HUNT.

THE SOLVA TREASURE HUNT IS ON AS NORMAL STARTING AT THE TOP SHOP BETWEEN 10.30 AND 11.30 AM ON NEW YEARS DAY.

FURTHER INFORMATION SUCH AS WHERE AND AT WHAT TIME WE WILL COMPLETE THE HUNT WILL BE PROVIDED LATER BY WORD OF MOUTH OR OTHER MEANS. THERE ARE USUALLY A COUPLE OF HUNDRED PEOPLE WHO TAKE PART EACH YEAR DEPENDING ON THE WEATHER. SO GIVE YOURSELVES A HEAD START AND BE AT TOPSHOP/BAYVIEW STORES AT 10:30!

IF YOU NEED FURTHER INFORMATION CALL JIM ON 01437 721450 OR DAI BALL ON 01437 721521



SOLVA CARE NEWS GIVEN WITH THANKS AND BEST WISHES FOR A HAPPY CHRISTMAS AND NEW YEAR



It may seem at times that a lot of what we do is dog walking and picking up prescriptions, but Solva Care volunteers do so much more than that. We give respite to family carers every week, to enable them to get out of the house and take a break from caring for their relative. We bring people to the luncheon club, coffee morning and Friday Club. Without volunteers picking them up and taking them there and back, they would not get out of the house. With our help they can have a couple of hours of social interaction several times a week. We deliver from luncheon club too – so that people can have a home cooked meal even if they don't feel up to going to the Hall. We arrange Friday Club every week, which keep people fit with the exercises we do, again it gets people out of the house, a chance to meet other people and have a good laugh. For those who struggle to get out and about, we visit them at home to have a chat, play cards or have a cup of tea.

We also help people with IT support, form filling, phone calls and other practical things. We provide names of carers and trades to people when needed. We also provide information about statutory care and health services and how to navigate the care system on Friday mornings at Solva Surgery.

But even if we just look at the dog walking and prescription pickup, it is so much more than what it sounds. People get to see a friendly face when the prescription is dropped off or the dog picked up. Most of the time, volunteers will stay for coffee and a chat after the dog walk and that breaks up the day for those who are housebound. Finally, if we did not walk the dog, they wouldn't be ablet to keep it and we all know that 'a dog is man's best friend' – especially if you live on your own – and I can vouch for that myself!

So don't forget the smallest thing you do for other people has an impact on lives and wellbeing.



Memorial Hall Music Instrument Library



Memorial Hall Music Instrument Library is a new service we have started up with funding from the Solva Edge Festival. Are you interested in learning an instrument but just want to try before you buy? Perhaps you just want to learn occasionally and don't have space to have an instrument around. We want to offer a range of instruments that anyone can hire at cheap weekly rates. Learning new instruments is a wonderful opportunity that we want to make more accessible for everyone! We have a budget to purchase and establish the library but first we want to know what instruments the community wants to learn. Ask your grandparents, your children (or yourself!) what they might want to learn and let me know on sam.solvamemorialhall@gmail.com Look out for the date of the launch party, soon to be announced, where we will invite people to come along to see the range of instruments we've managed to acquire. You'll have a chance to play or just simply come to listen and learn more about the service. If you have an instrument that is no longer being used, why not donate it to the library and make some space at home! We will be asking people to come and donate their instruments at the launch party. If you want to talk about donating any instrument you can call Sam Miller on 07895901133.

Upcoming films:

7 Dec The Unlikely Pilgrimage of Harold Fry (12A).

1 Feb The Great Escape (12A)

The Committee would like to wish you all a Merry Christmas and a Happy New Year! We look forward to seeing you in February. If you would like to suggest any films, email solvacinema@gmail.com Please note NO screening in January 2024 but we'll be back in February.

Doors open at 7 pm at the Memorial Hall and the film starts at 7.30 pm. Refreshments available or bring your own bottle. Price Adults £5, or become a member for £5/year and get 20% off and free use of a cushion! Under 18's £3.50. We are happy to take suggestions for future films.

WEST WALES WALKING FOR WELL-BEING

West Wales Walking for Well-being are running walks every Monday... minibus shuttle from OYP in St Davids at 13:45 then Solva football club at 14:15 stopping at both lay-bys on route downhill to Lower Solva.

Walks are up to an hour in length, and you walk at your own pace and are designed for those that are less mobile or not used to physical activity.

To book onto walk either use our website <u>www.westwaleswalkingforwellbeing.org.uk</u> or if wanting to be picked up

Please phone Sam on 01646 624880 or email same@pembrokeshirecoast.org.uk



Solva Edge Festival

26th, 27th and 28th July, 2024 in Solva, Pembrokeshire, Wales

Immerse yourself in a three-day festival celebrating arts, music, food, literature, and the outdoors. Located on the 'Edge,' with a scenic backdrop of the sea and the Pembrokeshire Coast Path, in the beautiful village of Solva.

Enjoy live performances by bands, poets, singers, and speakers, complemented by craft beers, great food, a bar, a bouncy castle, kids' activities, and more.

Edge Festival tickets, ideal for Christmas presents, will be available for purchase from early December. Stay updated on ticket prices by visiting our website at edgefestival.co.uk/buy-tickets. Local residents can secure tickets directly from Helen Thomas at 07432 648596, avoiding booking fees.

This year, we're simplifying ticket sales, only offering under 18 tickets alongside adult tickets and exploring the possibility of a family ticket. While prices have adjusted to reflect changes in the cost of living, we've made sure the increase is minimal. With headline bands secured for Edge VIII, we look forward to an exciting weekend.

To kick off Edge VIII preparations, the first committee meeting will be held at The Hats and Barrels on Tuesday, 9th January 2024, at 7 pm. Longstanding and new committee members are welcome to join us in shaping the upcoming festival. Attend the meeting or contact Kay at 07889 142115 for more information.





Tree Surgery & Garden Services

To discuss your requirements or book a no obligation quote contact me:

Tel: 07895 502 809 Email: adam@asgarden.org Web: www.asgarden.org

Find us on Facebook



Peninsula Beach Cleans & Plastic Free Communities

Huge thanks to everyone who has been helping out on recent beach cleans across the peninsula. With recent storms, more and more rubbish and plastic is washing up on our shores so we'd very much welcome new volunteers to come along to help if you can.

Check out the dates of our December and January beach cleans in the image below and more information can be found on our Facebook page at

https://www.facebook.com/EcoDewiG roup. If you'd like get in contact and we can add you to our Beach Clean Volunteer WhatsApp group to keep you updated on any changes to events or extra ones. And do get in contact if you'd like to see a beach clean at another local location or if you want to get more involved and help with cleans.

As part of our efforts to reduce waste, we're working to gain the Plastic Free Communities Award for Solva, Llanhrian and St Davids wards. This all about reducing single-use plastic and this is a real community effort. We're about to create small steering groups for each ward and if this topic is something that interests you then please get in contact. We'll be working with community councils, local business and organisations as well as local residents to see what more we can do to reduce our usage of single-use plastic, finding alternatives, learning from others and reducing our impact on the local environment. Businesses can also apply through this for the Plastic Free Business Award. Get in touch with us at hello@ecodewi.org.uk





Solva Shopping Evening will be on December 7th. The Main Street businesses will be open late, including new additions this year, Seaforth Home and Green Scar Solva. There will be the usual special offers, plenty of festive ideas, and of course complimentary mulled wine at Window on Wales. There will be makers tables around the pubs and cafes to tempt you with locally made gifts and treats. Solva Community Council will be organising fun for children, including face painting and Santa's Shopping Trail. With live music, entertainment and a fantastic raffle, this popular event will get you in the festive spirit!



Solva Surgery

<u>Covid Booster Vaccinations</u> – Not had your Covid vaccination yet? If you are over 65 years of age or under 65 years of age with an *underlying health condition, please ring the Surgery to make an appointment.We will run dedicated clinics throughout November. If we have capacity, we may be able to offer you an appointment in December.

*Please check with our reception team if you're unsure or you can visit the Public Health website: https://phw.nhs.wales for further information.

<u>Influenza Immunisation Uptake data</u> – As of the 07/11/2023, the Public Health Wales Influenza Immunisation Uptake for Solva Surgery showed that 75.1% of patients who are 65years and older received their flu jab. Those patients who are under 65 years of age and in a clinical risk category showed a 45% uptake, this is an increase for the same period last year. For those Children who are aged 2 or 3 years old (i.e. date of birth from 1 September 2019 and to 31st August 2021) showed a 42.9% uptake, there is a slight decline with this group compared to the same period last year.

Having a yearly flu vaccine is one of the best ways to protect against catching and spreading flu. Please don't wait to be called for your flu vaccination, please ring the surgery to book your appointment.

Nasal Immunisation - For all children who are aged 2 or 3 years old, you will have received a letter and a phone call – if you have yet to book your child in, please contact the surgery to make an appointment.

<u>Shingles Vaccination</u> – Are you aged 70 – 79 or have turned 65 from the 1st September or you're 50+ with a severely weakened immune system, then you will be eligible for a Shingles Vaccination. Please telephone the reception team on 01437 721306 to book an appointment in one of our clinics.

<u>Community Connectors</u> – Pembrokeshire's Community Connectors is a free, person-centred confidential service that can support people to access community-level services & activities that will help them maintain independent lives. Their aim is to prevent circumstances deteriorating to a point where individuals might need higher level health or social care services. You can contact them via the Pembrokeshire Community Hub on 01437 723660 or email enquiries@pembrokeshirecommunityhub.org

<u>Building works</u> – Over the next few months and certainly during December and January you may see Contractors carrying out maintenance work inside and outside of the Surgery. We will endeavour to keep disruption to a minimum, please bear with us whilst we carry out this necessary work.

Christmas & New Year Opening Times – The Surgery will be closed on the following dates:

Monday 25th December 2023

Tuesday 26th December 2023

Monday 1st January 2024

We are closed at weekends and Bank Holidays. When we are closed, emergency cover is available by phoning NHS 111 to access the Out of Hours service. For anything life threatening, dial 999.

Did you know - you can also make Self Referrals to the following services

Physio

https://hduhb.nhs.wales/healthcare/services-and-teams/physiotherapy-services/ Podiatry

https://hduhb.nhs.wales/healthcare/services-and-teams/podiatry-foot-health/ Self management

https://hduhb.nhs.wales/healthcare/services-and-teams/iawn/self-help/

LOOKING AFTER YOUR HEALTH

Following a Bevan Commission event last week, Leslie Morgan from Swansea Bay University Health Board shared a new service from the National Health Service for mental health support.

The service is available by dialling the non-emergency NHS phone number: 111, then #2 or go to the internet by clicking the link below: Get mental health help - NHS 111

NAW 9 NINE

ECODEWi

HINSAWDD - NATUR - CYMUNED

For those that haven't heard of us, EcoDewi is a local community environmental group that has projects across the Peninsula working to help tackle the climate emergency, improve local biodiversity and also support our community. We have a range of existing projects which you can read about on our website at https://ecodewi.org.uk/ or via our Facebook, Instagram or Twitter feeds.

In October we had a fantastic community talks evening in Roch. Our guest speakers were Jamie Taylor, the PCNPA new Dark Skies Officer and Greg Morgan from RSPB Cymru. We had an amazing turnout of 60 people who clearly enjoyed hearing about how we can better protect our dark skies from artificial lights, and the funding currently available for local business and organisations, and also about the amazing Manx Shearwater birds, how important Wales and especially the peninsula is to their survival and what we can do as a community to protect them. We've got some more exciting talks coming up soon, so keen an eye on our social media pages, website or sign up to our occasional e-newsletter at https://ecodewi.org.uk/get-involved/

And there are loads of opportunities for people of all ages to get more involved, volunteer or lead projects. At the moment we are very keen to find keen individuals to help us as follows:

- NEW Repair Cafe / events volunteer leads and repairers wanted
- Peninsula Food Market volunteer leads and helpers wanted
- Plastic Free Communities regional volunteers wanted in Solva, St Davids and Llanhrian communities
- Beach Cleans volunteers beach cleaners need especially in St Davids
- NEW Community Energy we're after people to help us develop community energy opportunities
- Community Orchards volunteers to help with fruit tree planting, pruning & maintenance
- Other biodiversity projects volunteers to help with wildflower meadows, swifts and much more!

We welcome all ages and backgrounds and are also happy to discuss your project ideas or take suggestions for community events and talks. Simply get in touch for chat or call by emailing hello@ecodewi.org.uk

CLWB SOLFACH/SOLVA LUNCHEON CLUB

A CHRISTMAS LUNCH OUT IS BEING PLANNED FOR WEDNESDAY 20TH DECEMBER.

DETAILS WILL BE GIVEN AT LUNCH CLUB AS SOON AS POSSIBLE.

ANY QUERIES, CONTACT JANE PASCOE 01437 721544 / 07964327948

SOLVA WI

As is our custom for November, this being our Annual Meeting, we commenced with a lunch with 3 delicious soups made by members and followed it with our meeting,

The various items included plans for our Christmas Dinner which will be held at 'Hats & Barrels' on 19th December. A Mermaid is being made in readiness for the PFWI annual meeting!

Our programme for 2024 is almost complete and looks interesting commencing with a talk from 'Car y Mor' in January.

There was some discussion about a swim (indoors!) and lunch in the New Year, but nothing decided as yet.

The Resolutions meeting will be held at Camrose on 7th December.

The Welsh Conference will be in April and the National AGM will be held at the Royal Albert Hall, 3 Solva members will attend.

The Carol Service will be held at Camrose Chapel on 7th December.

On 14th December we will have a short business meeting followed by Christmas Tea & games.

KEEP SOLVA TIDY

SCC would like your help to care for the environment not just by focusing on cleaning up, but by stopping litter from happening in the first place. Please help people do the right thing with their litter. We want to keep Solva and our play parks litter free.

SPARKLING SOLVA

We will be doing our Advent Calendar Windows in December again this year – for the 5th time!

The windows will be visible from the road and lit up each evening until the 24th of December.

Maps for the window trail will be available from Bay View Stores and Window on Wales



Solva Sailing Club

MANY OF US WILL HAVE SEEN MICKY BECKETT AT THE VERY START OF HIS OLYMPIC CAMPAIGN, LEARNING TO SAIL IN SOLVA HARBOUR WITH PIERS, JOSIE AND STEVIE.

SOME OF US EVEN CLAIM TO HAVE SPOTTED HIS POTENTIAL BACK THEN!

SOLVA SAILING CLUB WOULD LIKE TO INVITE EVERYONE – THIS IS NOT JUST FOR SAILORS – TO HEAR MICKY TALK ABOUT BEING SELECTED FOR THE BRITISH SAILING TEAM TO REPRESENT GREAT BRITAIN AT THE PARIS OLYMPICS NEXT SUMMER.

THE EVENT WILL BE IN SOLVA MEMORIAL HALL ON DECEMBER 21ST.
ENTRY IS FREE

BUT WE'D LIKE AN IDEA OF NUMBERS, SO, IF YOU'RE COMING, PLEASE TRY AND SAY SO ON OUR FACEBOOK PAGE, EMAIL SOLVASAILING@YAHOO.COM OR TELL A COMMITTEE MEMBER.

SOLVA SAILING CLUB WINTER TALK MICKY BECKETT FROM SOLVA TO THE OLYMPIC GAMES



SOLVA MEMORIAL HALL, SA62 6TE THURSDAY 21ST DECEMBER AT 7PM

ALL WELCOME. FREE ENTRY. RAFFLE. FEEL FREE TO BRING YOUR OWN REFRESHMENTS. DOORS OPEN 6.30. TALK WILL LAST ABOUT AN HOUR.

TYDDEWI // ST DAVIDS

Councillors Corner Greetings all, Shwmae Pawb,

First of all I would like to congratulate Solva Community fireworks committee on a fantastic fireworks display held in Solva this year, I know a lot of hard work and organisation goes into this event, and I know the public enjoyed it thoroughly and the silent display was enjoyed by a lot of the younger generation, an added attraction which was great fully received.

In my last report I mentioned the closure of Lloyds bank and the effect it is going to have on St Davids and the peninsula, the news of its closure made Sky News of which I was interviewed live, sadly by the time this newsletter is published I hate to say but our last remaining bank in St Davids will have closed its doors for the last time. May I take this opportunity to thank all the Staff at the bank my sincere gratitude for all their work, they were not just employees of LLoyds bank they were part of our community and will be greatly missed.

I am pleased to say that the Pebbles is going to be resurfaced by the end of November, the pebbles is the gateway way leading to the Cathedral and has not looked very good for sometime, in fact it has become quite dangerous to walk down with so many potholes, with the lead up to Christmas and so many events in the Cathedral this is such good news.

I have been back and forth with emails to County Hall regarding Nun Street and I am pleased to hear that next spring there will be a review of Nun Street taking place so in January I shall be called a meeting with all residents of Nun Street so we can again voice our concerns to the Traffic Team.

I am also arranging a meeting with Will Davies who is the new Transport Planner in PCC, we will be doing a walk around Heol Dewi, Maes Dewi as I have voiced concerns from residents of the state of the roads.

I would also like to thank PCC for sorting out the Glasfryn, also I would like to thank Tom Goring of PCC for all their work to keep the memorial Garden in St Davids so well kept and clean. The Memorial Garden is well loved and used by residents and holidaymakers and is respected. It was immaculate for the parade on Remembrance Sunday.

The Parent and Toddler group is now growing and is such an important addition to St Davids and surrounding area, it's a place where new Mums, Dads, grandparents can meet over a cuppa and make new friends while the toddlers also make friends and play and do craft. We meet every Thursday morning during term time at the Scout Hut, St Davids 10-11.30. For more information, please get in touch with me on the number below.

May I also take this opportunity to Wish you all a very Happy Christmas and New Year and please if you need to get in touch with me please email or phone: 07767398924. cllr.bethan.price@pembrokeshire.gov.uk

Facebook page - https://www.facebook.com/Stdavidscitycouncil/

St Davids City Council website - https://stdavids.gov.uk

Simon Mann Clerk to St Davids City Council: clerk@stdavids.co.uk Tel: 01437 721 137

St Davids Remembers

The annual Remembrance Commemorations were well supported by the City Council, the 14th Signal Regiment (EW), the Cathedral Choir and clergy, local organisations and the community at the parade at Cross Square and at the service at the Cathedral. The parade was led by the 948 Haverfordwest and St Davids Squadron ATC band. The first wreath was laid by the Deputy Lord Lieutenant, Mr Kit Lewis, followed by the High Sheriff of Dyfed, Mr Meurig Raymond Esq CBE DL, the Mayor and representatives from other bodies and the bugler was Morgan Price.

(Photo top left) - Seen in the photograph from left to right are Parade Marshal, Mr John Williams, High Sheriff of Dyfed, Mr Meurig Raymond Esq CBE DL, Lord-Lieutenant Cadet Annis Henton, Deputy Lord Lieutenant Mr Kit Lewis, his wife Mrs Julia Lewis and mother, Mrs Judith Lewis, the Mayor, Cllr Emma Evans and Consort, Mr Mark Evans.

(Photo right) - Bugler - Morgan Price - Photo by Squadron Leader Philip Walker RAF college Cranwell

(Photo bottom left) – Liliwen Evans and Nansi Silverstone - laying a wreath on behlaf of the St Davids Rainbows - Photo by Squadron Leader Philip Walker RAF college Cranwell



ST DAVIDS AND DEWISLAND HISTORICAL SOCIETY

Our November talk was by Andy Middleton on the life and times of his father Dr George Middleton, a much-loved local doctor who died last year aged 100. A long time volunteer for the RNLI, Pembrokeshire National Park, and the Porthmawr Surf Life Saving Club, which he helped found. As a member of the RNLI national medical committee he researched medical incidents, tested equipment, and established medical training for all lifeboat crews. He was often on RAF helicopter rescue flights around the Welsh and Irish coasts until he retired from his practice in St Davids in 1988. Our next talk is by our Patron, the Rev. Bishop J Wyn Evans, in St Davids' City Hall on Monday 8th January, beginning at 7.30 p.m. with refreshments available from 7.00 p.m. An expert on all aspects of our cathedral his subject will be St Davids Cathedral in the 17th Century. Visitors welcome at £3.00 per person



ST DAVIDS POLICING TEAM DROP IN SURGERY MEMBERS OF DYFED POWYS POLICE WILL BE RUNNING A MONTHLY DROP IN SURGERY ON THE FIRST THURSDAY OF EACH MONTH FROM 10.30AM – 12NOON IN THE YOUTH DROP-IN CENTRE (ENTRANCE VIA BRYN ROAD) AN OPPORTUNITY FOR LOCAL RESIDENTS TO BRING ANY MATTER TO THE ATTENTION OF THE POLICE.

NO APPOINTMENTS NECESSARY.

NEXT SURGERY - THURSDAY 7TH DECEMBER 2023

Menevia WI

The October meeting welcomed Jess Robinson, Community and Educational Lead Officer from Câr y Môr. Members were given the opportunity to sample several different types of the dried seaweed. The winner of the raffle, Lett Harris won a selection of dried seaweeds from the farm shop. A vote of thanks to Jess was given by Mary Edey.

The gardening group enjoyed a trip to Shoals Hook gardens. The group also cleared the troughs on the Cross Square and replanted bulbs ready for the winter. The craft group is making items for the annual 'Festival of Christmas Trees and Wreaths'.

The AGM is on 9th November followed by a social evening. The annual Christmas dinner is being held on 13th December at the Cross Hotel.

New members are always welcome, contact Eleri Davies (President) 07791903221 or email meneviawi@gmail.com You can also find us on Facebook under Menevia WI.

ST DAVIDS SURGERY

FLU VACCINATION PROGRAMME

Our flu vaccination programme for eligible patients is nearing completion at the Surgery – and eligible housebound patients are being contacted by the District Nurses and the Health Board's community vaccination team to arrange vaccination at home.

COVID AUTUMN BOOSTER VACCINATION PROGRAMME:

Our covid autumn booster vaccination programme is well underway, and we anticipate its completion during November 2023. Patients aged Over 65 are being offered their covid booster at the Surgery; eligible patients aged Under 65 are being invited for vaccination at Solva Surgery. Eligible housebound patients are being contacted by the District Nurses and the Health Board's community vaccination team to arrange vaccination at home.

SHINGLES VACCINATION PROGRAMME

Prior to September 2023, shingles vaccinations were available on the NHS for all adults in their 70s – but now, the age you can be vaccinated against shingles has changed and you can be protected from an earlier age. The vaccine is being offered to eligible patients via a phased national programme – the Surgery will contact you to make an appointment when you become eligible.

PATIENT REGISTRATIONS

Our Practice List is open for new patient registrations. If you reside within our Practice boundary, you may apply to join our Practice List by completing a registration form, which is available from Reception. Alternatively, the registration form can be downloaded and printed from our website. Please see https://stdavids.gpsurgery.net/patient-info/register/ for further information. If you are unsure whether your address falls within our Practice boundary, please contact Reception to enquire and we will check this for you.

ST. DAVIDS

Tel: (01437) 720303

Email: enquiries.w92058@wales.nhs.uk



COMMUNITY AWARD 2023

THE COUNCIL ASKS FOR YOUR NOMINATIONS FOR ANY MEMBER OF THE COMMUNITY WHOSE WORK OR SERVICE YOU FEEL IS DUE FOR RECOGNITION.

FORMS AVAILABLE FROM THE CLERK VIA E-MAIL CLERK@STDAVIDS.GOV.UK
OR FROM THE CITY COUNCIL OFFICE AND NEED TO BE RETURNED TO THE

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MONDAY 4TH DECEMBER 2023

CLERK TO THE COUNCIL, CITY HALL, HIGH STREET, ST DAVIDS, PEMBROKESHIRE SA62 6SD TEL. 01437 721137



THURSDAY 6TH DECEMBER, ST DAVIDS CITY HALL, DOORS OPEN 5:30PM, EYES DOWN 6:30PM.

BINGO, RAFFLE AND REFRESHMENTS AVAILABLE.

BIG MOMMAS KNITS AND CRAFTY BITS

LOCATED ABOVE THE CHIP SHOP (PETERS PLAICE) IN ST DAVIDS.

WE SELL, WOOL, THREADS,
NEEDLES, KIDS CRAFT SUPPLIES
AND LOTS OF BRIGHT BOLD
KNITWEAR FOR ALL AGES
WWW.BIGMOMMASKNITS.COM





St Davids Festival of Christmas Trees & Wreaths 2023 St Davids City Hall

Vote for your favourite
Christmas tree & wreath
Thursday 30th November &
Friday 1st December
10.00am - 5.00pm
& Saturday 2nd December
10.00am - 2.30pm

Christmas tree winners & Christmas wreath winner will be announced at the lighting ceremony,

Saturday 2nd December, 5.1.5pm at the Cross Square, St Davids





: |Cywir i'n Duw a'n Gwlad

YOUR CLERK TO THE COUNCIL, CITY HALL, HIGH STREET, PEMBS SA62 6SD CLERK@ STDAVIDS.GOV.UK TEL. 01437 721



SENIOR CITIZENS
CHRISTMAS LUNCH

WEDNESDAY 13TH
DECEMBER 2023
AT 11.45AM IN THE CITY
HALL.

RESIDENTS WISHING TO BOOK A LUNCH MUST OBTAIN A TICKET FROM SIOP Y BOBL.

ONLY SENIOR CITIZENS
(OVER 65S)
RESIDENT IN ST DAVIDS
MAY APPLY.



Christmas Lights Competition



Independent judging of houses and businesses in St Davids that have been decorated festively will take place on

Monday 18th December 2023

Winners will be personally notified by the Mayor of St Davids and the results will be made available thereafter.

Shalom House - Shalom House Day Centre:

We support the people of Pembrokeshire, providing holistic, accessible, personalised care for those who have been diagnosed with cancer and other life limiting illnesses, such as MND, Parkinson's and COPD. We are here to support people through a difficult time and to help provide a better quality of life.

We are looking for volunteers for both our shops if anyone is interested in sparing a few hours. We are also looking for volunteer drivers to help bring attendees to and from Shalom House. If you are interested get in touch with Sam on 01437 721 344.

SOLVA DEFIB LOCATIONS

Upper Solva (to open the cabinets press 'C' and turn knob clockwise)

- 1. Solva Community Clubhouse
- 2. Solva Memorial Hall
- 3. Harbor Inn
- 4. Trinity Quay

Lower Solva (access code is C123. This code is written on the cabinet)

CALENDR RHAGFYR/IONAWR

- 01/12 Sparkling Solva starts.
 - Beach clean Newgale,
 - Christmas tree& Wreath competition
 - Solva Care at Solva Surgery 10am
 - Solva Care Friday Club 2-4:00
- 02/12 Christmas Craft market Oriel y Parc
 - Christmas Dinner Solva Memorial Hall
 - St Davids Christmas Lights 5:15pm
- 03/12 Porthlysgi Beach Clean 2pm
- 04/12 Community Awards St Davids
 - Walking for wellbeing
- 05/12 SCC meeting Clubhouse 5:30
 - Solva shop clubhouse 10-2
 - Dewisland Peoples shed Scout Hut 10:00
- 06/12 Luncheon Club, Memorial Hall 12.30pm
 - RNLI Bingo City Hall 6:30
- 07/12 Coffee Morning 10:30 Solva Memorial Hall
 - Police Drop in surgery St Davids
 - Late night Shopping Solva
 - Solva Cinema 7:30
 - Toddler Group St Davids Scout Hut 9:30
- 08/12 Carol Service WI Camrose chapel
 - Beach clean Newgale 10am
 - Solva Care at Solva surgery 10am
 - Solva Care Friday Club 2pm Clubhouse
- 09/12 Minevia WI AGM City Hall St Davids
 - St Davids Christmas Market day 9-4pm
- 11/12 Walk for Well-being, Solva Clubhouse 1:45
- 12/12 Dewisland Peoples Shed Scout Hut 10:00
 - AGM Solva Club house 6:00

DECEMBER/JANUARY CALENDAR

- 13/12 WI Minervia Christmas Dinner
 - St Davids Seniors Christmas Lunch
 - Luncheon Club, Memorial Hall 12.30pm
- 14/12 Coffee morning Solva Memorial Hall 10:30
 - Toddler Group St Davids Scout Hut 9:30-11:30
- 15/12 Solva Care Drop in, Solva Surgery 10 12am
 - Solva Care Friday Club 2-4 Solva Club house
- 18/12 Walk for Well-being, Solva Clubhouse 1.45pm
 - Christmas Lights Competition St Davids
- 19/12 Dewisland Peoples Shed Scout Hut St Davids
 - Solva WI Christmas Lunch
- 20/12 Christmas Luncheon Club, Memorial Hall
- 21/12 Coffee Morning 10:30 Solva Memorial Hall
 - Toddler Group St Davids Scout Hut 9:30-11:30
 - Micky Bennets Olympics Talk, Memorial Hall
- 22/12 Solva Care Drop in, Solva Surgery 10 12am
 - Solva Care Friday Club 2-4:00 Solva Club house
- 01/01 Solva Treasure Hunt 10:30 Bay View stores

ERW DEWI/DEWI'S ACRE

The Community Garden in St Davids close needs volunteers Contact Ruth: communitygarden@ecodewi.org.uk

Volunteering Sessions

Wednesday 3rd January, 10am-12pm

Friday 12th January, 10am-12pm

Saturday 20th January, 10am-12pm

Wednesday 24th January, 10am-12pm

Friday 5th February, 10am-12pm

Saturday 10th February, 10am-12pm

Wednesday 14th February, 10am-12pm

Friday 23rd February, 10am - 12pm

www.instagram.com/dewisacre

www.facebook.com/dewiacre

For Church Services and Christmas Services see:

St Davids Cathedral services www.stdavidscathedral.org.uk Hope Church, Meets in Mathry Village hall, Every Sunday 10-11:30

A note from the editor

We invite residents of Solva and St Davids to contribute their news and stories, events and creative contributions. Send by the 14th of the month for the following months edition.

For submissions and advertisements enquiries email:solvastdavidsnews@gmail.com

TRINITY QUAY SOLVA

Tel Chairman: 07494 853642

Tel Harbour Master: 07485 655754

Tel Trinity Quay: 01437 721725

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sales@solvaseafoods.co.uk www.solvaseafoods.co.uk

AND DRINK

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we are open all year Monday to Friday 9.30am to 5.30pm

Also July to September Saturday 9.30am - 5.30pm Sunday 2pm - 5.30pm

www.solvawoollenmill.co.uk 01437 721112

waterwheel shop tearoom



Café on the Qua

Fine Italian Coffee Homemade Cakes and Solva Crab Sandwiches & Local Ice Cream

01437 721725

Enjoy the Solva sunshine sitting on the Quay... Bring the family crabbing! We sell bait and lines.



28TH - 30TH JULY 2023

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71 Nun Street, St Davids SA62 6NU





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The Old Chapel, Main Street, Solva SA62 6UU Tel:01437 721907 e:heather@heatherbennett.co.uk www.raulspeek.co.uk www.heatherbennett.co.uk

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Open Tuesday to Saturday 11am-4pm Maes Dyfed, St Davids, SA62 6SR

basaltdune.co.uk



For more information, please contact Solva & St Davids **News on:** solvastdavidsnews@gmail.com

paul@barnsteadfiresprinklers.co.uk

01437 741 791 safe

DOMESTIC, COMMERCIAL, CATERING