

SOLVA NEWS



NEWYDDION SOLFACH



PDF AVAILABLE TO DOWNLOAD: https://solva.gov.wales

FREE!
Please take a copy



Solva Memorial Hall & Parc Y Capel Field Sunday 2nd April 1pm Onwards

Plant Sale
Local Craft & Produce Stalls
Easter Chick Hunt
Food Vendors & More

PROCEEDS GO TO CWTCH BOX SOLVA



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COUNTY COUNCILLER CORNER

Residents cannot fail to have noticed that a new Council Tax bill has dropped through the letter box recently and that there is a 7.5% increase. On the 2nd March, all 60 members of PCC attended the most important meeting of the year to set the budget.

By law Pembrokeshire County Council must set a balanced budget with projected outgoings equal to income. The outgoings are the cost of services provided plus the costs the Council incurs. The income is made up of the grant from Welsh Government, plus rechargeable costs and the Council tax raised from properties in Pembrokeshire. This results in a deficit of approx. £18.9m which is the projected 2023-4 expenditure, approx. £257M minus the projected income and this gap is bridged by a combination of service cuts / efficiencies and council tax rise. Each 1% rise in council tax raises about £700,000 The Council tax collected pays for just over 20% of the total running costs of PCC.

You may well ask why has the Council tax risen by 7.5%? The councillors were offered 2 proposals to vote on. Either the Independent Group proposal of 5.5% or the Cabinet proposal of 7.5%. The lower amount would have required the use of some reserve monies. The higher amount received 33 votes and the lower amount received 27 votes including my vote. This now means that the average band D Council tax bill has gone up by £1.80 per week. Solva Community Council charge has not increased but Dyfed Powys Police charge has gone up by 43p per week for the average home. I hope this explains the process

As always if there is any Council related matter you need help with, please contact me on 07976 553912 or markmcarter19@gmail.com, Best regards Mark

Cllr Mark Carter

Pembrokeshire County Councillor for Solva Ward.

COUNCIL PASSES AVAILABLE FOR COUNTY'S UNPAID CARERS

Pembrokeshire County Council is highlighting the free Council services available for unpaid carers in the county who carry out an invaluable role caring for their families and friends.

In acknowledgment of the contribution made by unpaid carers, and their value to the County, a free annual parking pass at Scolton Manor is available, along with a free regular hot drink on each visit.

There is also a free 6 month membership at your local Council Leisure Centre on offer via the Carers Passport to Leisure Scheme.

Young Carers can register for a Carers Recognition Card via Action for Children's Young Carers Service, 01437 761330.

Adult Carers can register via the Pembrokeshire Carers Information and Support Service, 01437 611002 or email PCISS@adferiad.org

Once you have one of these cards you can apply for a free pass at Scolton Manor's Station Shop and, if over 13, you can apply for the Passport to Leisure by emailing a photo of your card to leisureadmin@pembrokeshire.gov.uk or visit your local centre.



ADVERTISING AVAILABLE
For more information,
please contact Solva
News on:
solvanews@outlook.com

Solva WI

Welcomes new members and visitors.

We meet in Solva

Memorial Hall on the 2nd Thursday of each month at 2pm

Contact Jilly 01437 720922

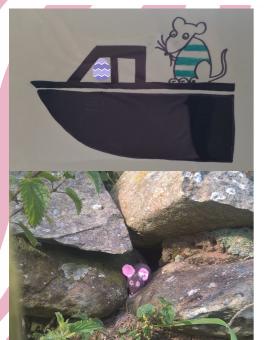
SAVE SOLVA SURGERY WORKING GROUP

You will all be aware of the announcement that GP services are to continue in Solva, as a managed Practice, and that a joint working group between the Health Board and Save Solva Surgery Working Group will be set up to establish a service that meets our needs.

The next steps are as follows:

- a preliminary meeting will take place on 25th April to establish the joint Working Group and agree terms of reference.
- Sue Denman and Iain Robertson-Steel will represent the Solva Working Group, with Gareth Chapman and Ifor Thomas in support.
- We have continued our preparations to play a full part in the decision-making process.

We will keep everyone updated as progress gathers pace. In the meantime, please contact Sue Denman 07817 410782 and Ifor Thomas 07971 038643 if you have any questions or would like to get involved.



THE MICE ARE CASTING OFF!

Their boat 'The Big Cheese' has been seen in the harbour at Mousehole, Cornwall readying for its journey.

Solva Care are expecting their arrival back to the village in May. If you are dusting off older mice or making new ones (on the theme of Life in Pembrokeshire) let us know by April 20th, latest and we'll include you on the trail map.

Over 50 characters from church mice to surfers made up our spotting trail last year - come and join in. We have some surprises later in the summer!

Contact Chris and Ellie Sherwin on 07788 583602; or via csherwindesigns@gmail.com

EDGE FESTIVAL

We have booked the bands and can't wait to welcome you back to Solva Edge Festival! Headliners include; RESPECT party band, Sound & Vision Bowie Tribute, My tin Monkey, The Flyrites and Coldplace plus many more to be announced in the coming weeks (including our acoustic tent!)

Keep an eye on our social media:

Twitter: @edgefestsolva Instagram: @edgefestival Facebook: @SolvaEdgeFestival

The super early bird ticket offer for locals is still available so don't hesitate to contact Helen Thomas on 07432648596 for yours!

Tickets are priced at £45 for Adults and £20 for under 18's

Volunteers we need you!

We are on the look out for new volunteers to help us with this years' festival.

We have always been extremely lucky to have an amazing team of volunteers and would love to get some more on board for this year.

If you would like to come and volunteer with us whilst enjoying a great festival, please get in touch via email: info@edgefestival.co.uk

Whether you have a few hours or days to spare, we will certainly make it worth your time.

SOLVA OPEN GARDENS

We are proposing to run the Solva Open Garden Event on the weekend of 17-18 June. If you would like your garden to be part of this event please contact Fran on 07377059265 or fran34hb@gmail.com for further details.

SOLVA HARBOUR SOCIETY

Lift In date is confirmed for Saturday 22nd April 2023. Those boatowners involved will receive detailed notification in due course. Please note there will be no access to the Quay during the lift.

Solva Harbour Society are holding a social event on Saturday 22nd April at The Ship Inn, Solva from 7pm. Please contact The Ship Inn direct to book your place, £10 per head to include buffet.

The Cafe on the Quay is currently undergoing some internal improvement work, and it is hoped that it will re open on 1st April.

NOTICE OF COMMUNITY COUNCIL MEETING

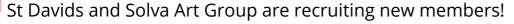
A meeting of Solva Community Council (SCC) will be held on Tuesday 11th April 2023 commencing at 6 p.m. in Solva Community Clubhouse.

This is a multi-location meeting allowing community councillor's and members of the public to attend virtually or in person.

Members of the public are warmly invited to attend and are encouraged to notify the Clerk in advance which business items on the agenda they wish to contribute views on. Agenda and minutes are available from the Clerk and at Solva Community Council Bruce Payne - Clerk to the Council, brucepayne241@gmail.com or 07890 987259

ST DAVIDS AND SOLVA ART GROUP

Our Easter Exhibition will be in Oriel y Parc, St Davids from Monday 3rd April through to Sunday 9th April, (Easter Sunday) opening daily from 9.30 to 4.30pm. Members will be showing framed and unframed original art works and handmade prints and priced to suit all pockets. So do come along and have a look. We look forward to seeing you then.



If you are a budding artist starting out or if you have been painting for years and wish to join other like-minded people, please do come along on a Monday morning to the Solva Community Clubhouse to meet us. We are a friendly group and love giving help and advice when needed.

We take part in two exhibitions each year, one at Easter and the other in the summer, both of which are very successful. Your artwork will be seen by many people from all over the country.

We meet every Monday from 10am to 12 noon, plenty of parking, so do come and meet with us.

WEST WALES WALKING FOR WELL-BEING

We are running walks every Monday from the 17th of April. Minibus shuttle from football club at 14:15 stopping at both lay-bys on route downhill to lower Solva. For a short well-being walk. Walks are paced to suit those who are not used to being active. To book onto a walk, either use our website www.westwaleswalkingforwellbeing or if wanting to be picked up please phone Sam on 07796526166 or email same@pembrokeshire.co.uk



YSGOL PENRHYN DEWI VA - AIDAN CAMPUS - NURSERY AND RECEPTION

The boys and girls on Aidan campus have continued their learning on toys over the past few weeks have enjoyed exploring toys and games around the world and have also been getting very creative sculpting their own clay teddy bears and creating their own Jigsaws puzzles to enjoy.

We had lots of fun when we returned after half term celebrating St David's Day and creating our own mini dragons for the St David's dragon parade.

We have also enjoyed taking part in World book day celebrations by dressing up as our favourite characters, playing guess who, listening to some of our parents read their favourite children's stories and visiting Mr Taylor's Bookshop in St Davids to spend our book token.

One of our favourite books that we have discovered this half term is 'Fly Like a Fairy'. We have been very fortunate to be taken on a wonderful adventure by both Pippa Raggett and Anna Rowlands who spent the morning with us sharing their book, helping developing our imaginations, oracy and creative skills. Thank you both so much for this wonderful experience, finding Morris the Mouse was great fun.

We absolutely love being out and about in Solva and it was an honour to be asked to share our thoughts and views to Solva council in order to help improve our much loved community.

We are very excited to welcome our new nursery pupils to Ysgol Penrhyn Dewi Aidan campus after the Easter holidays.

Please remember to book your Ysgol Penrhyn Dewi VA Nursery and Reception place via the Pembrokeshire County Council website www.pembrokeshire.gov.uk/school-admissions

Visits to Ysgol Penrhyn Dewi VA campuses are always welcome by appointment. Please telephone 01437 809200 or email admin.penrhyndewi@pembrokeshire.gov.uk





SOLVA SHOP / SIOP SOLFACH

The Solva Shop will be open in the Hall on Thursday 13 April at Coffee morning (10.30-12.00), and at the Community Clubhouse on Sunday 23 April (2.00-4.00). Come and see what we have on offer, If you have items to donate or would like advice on where to send them, contact Fran on 07377059265 or fran34hb@gmail.com

EASTER FAYRE AND CWTCH DROP-IN STORE

Solva Easter Fayre Sunday 2nd April at 1p.m.

Thank you for supporting the Solva Easter Fayre.

Most stalls will be in Solva Memorial Hall with food and drink vendors outside in Parc y Capel. Please note there are no stall fees. As an alternative, stall holders are invited to make a small donation to support the Solva Cwtch Drop-in Store. Details follow:

The Cwtch Drop-In Store Solva

The Cwtch Drop-In Store is the brainchild of Gwyn at the Bayview Stores in Solva. Open 24 hours a day, 7 days per week, the Cwtch provides food for anyone who is feeling the pinch. Simply go in and take what you need. (The only rule is, only take what you do need.)

All items at the Bay View Stores Cwtch Drop-in Store are donated by the people of Solva.

The Solva Drop-in Store will shortly move into a new shed. Easter Fayre donations will help meet that cost.

(A Cwtch Drop-in Store has also been opened at St Davids Rugby Club.) If you would like to make a small donation you can do so on the day by cash or cheque. You can also donate by BACS.

Details are:

Donations by cheque (payable to Solva Community Council) Donations by BACS (Sort Code: 30-93-98 Account No:00854504)

See you on 2nd April. Thank you once again, Bruce, Clerk to Solva Community Council 07890 987259



SOLVA CINEMA

Upcoming films:

6 April 7.30 pm The Quiet Girl (12) 4 May 7.30 pm The Lost King (12A)

Doors open at 7 pm at the Memorial Hall and the film starts at 7.30 pm. Refreshments available or bring your own bottle. Price Adults £5, or become a member for £5/year and get 20% off and free use of a cushion! Under 18's £3.50. We are happy to take suggestions for future films.

SOLVA'S OWN CHIROPRACTOR

STOP! Did you know...

Solva now has its' own registered Chiropractor, working from home & available for home visits.

Chiropractic can help: Back pain/Sciatica/Headaches/Neck pain

For initial consultation & more information call; Dr Patrick on 07533 281486

SCARECROW TRAIL 2023

The Scarecrow Trail will be held as usual in early August (Sunday 6 and Monday 7). The theme is "Animated Characters from Children's TV". Reserve your character as soon as possible (no duplicates allowed). Contact Fran on Mob 07377059265 or E-mail fran34hb@gmail.com.



SOLVA & ST DAVIDS MACULAR SOCIETY SUPPORT GROUP

WE MEET FORTNIGHTLY STARTING FROM APRIL THE 11TH, THERE WILL BE GUEST SPEAKERS OCCASIONALLY TO GIVE INFORMATION AND VALUABLE HELP FOR FUTURE TREATMENTS FROM THE MACULAR SOCIETY UK, NHS AND THE RNIB.

LOCATED AT ST DAVIDS DROP IN CENTRE AT THE REAR OF CITY HALL, HIGH STREET ST DAVIDS SA62 6SD AT 2 PM - 4 PM.

MEETINGS ARE OPEN TO ANYONE AFFECTED BY VISION IMPAIRMENT. FAMILY MEMBERS, CARERS, AND FRIENDS WELCOME. WE SUPPLY TEA, COFFEE & BISCUITS.

CONTACT MARGARET ON 07815 729856 OR SANDRA ON 01437 721450

SHAL M HOUSE

Shalom House Day Centre:

Shalom House supports the people of Pembrokeshire, providing holistic, accessible, personalised care for those who have been diagnosed with cancer and other life limiting illnesses, such as MND, Parkinson's and COPD. We are here to support people through a difficult time and to help provide a better quality of life.

Shalom House News:

We are holding an Easter Fair on Good Friday in the Rugby Club in St Davids. 10am to 4pm. There will a good selection of crafty and food stalls and bric a brac. Clwb will be putting on food for the day. So, pop along and see what's on offer. Contact Sam for more details on 01437 721 344

We are holding a raffle for a Giant Teddy "Charles" for the Coronation. Here is a preview of the teddy.

The planning for the Traditional Skool Sports Day with Paul Sartori is coming along well. Watch this space and keep 12th August free on your diary. Our next quiz is on 30th May at the Rugby Club in St Davids.

We are looking for volunteer for both our shops if anyone is interested in sparing a few hours. We are also looking for volunteer drivers to help bring attendees to and from Shalom House. If you are interested get in touch with Sam on 01437 721 344.

SIMPLY CHURCH

A local church, in a local venue, to help local people follow Jesus that's us!

Come and join us. You'll be given a very warm welcome.

We meet on alternate Sundays at the Football Clubhouse

We start with coffee at 10.30am

The dates for April are 2nd, 16th and 30th

Further details from Nadia 07890 598686

The Football Clubhouse, Maes Yr Eglwys, Upper Solva, SA62 6TW

CLWB SOLFACH/SOLVA LUNCH CLUB

Lunch Club continues to be held every Wednesday, 12.30pm in the Hall. If you do not already attend, please consider doing so – a delicious 2 course meal plus coffee or tea for £4 – warmth & sociable company AND no washing up!

We would be glad of volunteer helpers too, please! Contact Jane Pascoe 01437 721544



SOLVA WI

At the recent March meeting the speaker, Vicki Wilson had a fair distance to travel and so we started with her talk at 2pm. The talk & demonstration was on 'Fused-glass Art' which was fascinating and much enjoyed. As were the many examples she had brought to show us. We hope she will do a workshop for us later in the year.

Following tea & biscuits we held the business. The record of the last meeting was read & agreed. The Croft Park outing had been enjoyed, the Pancake Coffee Morning went well, the sum of £128 being raised for research on Waldenstrom's Disease.

PFWI news included the forthcoming Spring Council Meeting to be held at Nantyffin Hotel, Llandissilio on 24th April. The Annual subscriptions which are now due should be paid at our next meeting.

The Book Group and the Walking Group are still active.

The Raffle was won by Jill Iles & the Flower of the Month by Jane Pascoe.

Our next meeting will be on Thursday 13th April in the Memorial Hall. Simon Hancock will be the speaker on 'Smugglers & Pirates'.

ACTIVE 4 LIFE

The over 60's active leisure scheme has been introduced across Wales to encourage physical activity and healthy lifestyle choices aimed at reducing health inequalities and social isolation for the over 60's age group. Sport Wales have invested £1.3 million pounds to enable the 60 plus population in Wales TO live longer, better and happier lives by improving their physical activity levels, confidence, strength and balance. Throughout Pembrokeshire we have branded our scheme as 'Active 4 Life'.

For more information about the Active 4 Life scheme, please visit our website pembrokeshireleisure.co.uk/scheme/active-4-life/

Gym Circuits: 'Active 4 Life' has expanded its group exercise timetable to St David's Sports Hall! We are very excited to launch our new Gym Circuits Sessions every Wednesday 09-10am. Join our coach Krista in the fitness suite to improve balance, strength and cardiovascular fitness in this circuit style class. Suitable for all abilities, you can now book this via the Pembs Leisure App and the Pembrokeshire Leisure website.

Bi-Monthly 60+ Social Group: Our 6th 60+ Social Group was held at Solva Memorial Hall and introduced 10 new face to the 'Active 4 Life' scheme on Tuesday 7th March. We provided a meditation and relaxation taster activity, complimentary refreshments and the opportunity to find out more about the 'Active 4 Life' scheme. Guest speaker Dave from Pembrokeshire Mobile Library Service also came along to share information on the services they offer.

MOBILE LIBRARY

Are you (or do you know a relative or neighbour who is) unable to get out of the house because of poor health or lack of transport? Are you unable to carry heavy things? Do you love reading or listening to books?

We offer a library book delivery service to readers across the county once every four weeks for free.

Choose from a wide range of books from popular authors and subjects in both English and Welsh. A wide selection of large print books and spoken word is also available.

No charges, overdue fines or reservation fees are payable for this service. Interested? Please ring **(01437) 776 126** to find out more and for our short application form.

SOLVA SURGERY

<u>Dr Sujan Dhaduvai's Retirement – Donations</u> – Dr Sujan would like to say a huge thank you to all of you who have dropped off cards and donations and messages of support following her decision to retire. At Dr Sujan's request, any donations that are made will be split between Paul Sartori Hospice at Home and Shalom House.

Repeat Prescription requests and dispensing – As you are aware the dispensing of medication from the Surgery will finish on 31st March 2023. This will mean that from the 15th March we will stop ordering any more stock from our wholesalers and you will see a reduction in availability of prescription medications which can be dispensed by the Surgery. Please bear with us whilst we go through this transition period. You will be asked to take your paper prescription to a chemist.

All patients will have received a letter from Hywel Dda Health Board explaining how you get your medication from 1st April 2023.

If you have regular medication (called Repeat medication) you will still need to order this from the Surgery and the staff will produce a prescription which will need to be signed by the GP. You can either collect the signed prescription from the Surgery and then take it to any Community Pharmacy yourself for them to dispense it for you, or you can ask for all your signed prescriptions to be sent directly to a Community Pharmacy of your choice which may be more convenient. If you are prescribed a medication as a one-off, or not on a regular basis you can do the same.

To order your Repeat prescription

Please contact the Surgery to order your prescription 7-10 days before your medication is required.

Order your prescription via the same methods, either by phoning the repeat prescription line on 01437 720644, online or post your repeat slip directly to the surgery.

You can collect your prescription or nominate your chosen Pharmacy

Collect your prescription from the Surgery and take it yourself to a Community Pharmacy. Or ask the Surgery to send your prescriptions to one of the Pharmacies below that has a collection service and they will have the medication ready for you to pick-up 7-10 days after your order. Some Community Pharmacies offer home delivery of your medication. This is not an NHS service, is subject to delivery radius and delivery charges may apply.

Well Pharmacy - St Davids
Boots Pharmacy - Fishguard
Myrtle Pharmacy, Goodwick
Boots Pharmacy - Haverfordwest
Davies Pharmacy, Haverfordwest
Well Pharmacy - Haverfordwest



If you want all of your prescriptions to go to one of the Community Pharmacies that offer this collection service, you can tell one of the reception team at the Surgery and they will note this in your records so that every prescription goes there directly, this means that you won't need to collect your prescription from the Surgery.

The Health Board is working with the Surgery and local Community Pharmacies to make this transition as easy as possible for patients, however we need your help in doing this by ensuring that you order any repeat medication 7-10 days in advance of when you need it, so you don't run out of any medication.

If you have any queries, please telephone Hywel Dda Health Board on 0300 303 8322 (option 5) or email ask.hdd@wales.nhs.uk

Practice Nurse Appointments – Due to staff sickness, we continue to have limited availability for Practice Nurse appointments. This may mean that routine appointments will need to be rescheduled while we try to cover the clinics for more complex procedures.

ORIEL Y PARC

Main Gallery:

National Museum Wales - On Your Doorstep (Until Spring)

It's official, getting outdoors is good for you! And every walk is a chance to discover the nature and archaeology on your doorstep. But how much do we really know about the world around us, and how much is left to learn? You might be surprised! Discoveries come in all shapes and sizes, and anyone can be a discoverer. From ghost slugs to gold coins, let the discoveries in this exhibition inspire you. Then get ready to make your own. FREE Entry

Events:

Interesting Insects Trail: Saturday 1 April - Sunday 16 April

Join us for this fun trail, includes a small prize! £3 per child

Discovery Room:

Coastal Elements by Jane Boswell: 8 March - 1 May

Ceramic pieces and paintings are inspired by the rock pools, pebbles and sparkling light reflected on the sea, invoking the colours of the ocean and adding a touch of precious-ness with the use of gold and silver leaf.

St Davids and Solva Art Group: 3 - 9 April, 10am-4pm

The Spring exhibition of a local group of amateur artists who live near St Davids and meet weekly in the nearby fishing village of Solva. Proceeds of the sales are donated to local charities.

Artist in the Tower:

Edward Bowie: 7 April - 4 June

Edward captures movement and takes aspects of the natural environment through mood, colour and atmosphere transferring them into visual form. Using an array of colour palettes, a variety of scenes are encapsulated, often enhanced by the atmospheric aver-changing effects of the weather.

Wednesday Club!

Bee Friendly Planting Workshop: Wednesday 5 April, 11am-3pm

Join us for some green fingered fun! Decorate your pot, plant your seed, take it home and watch it grow! £3 per child, drop-in

Ladybird Sanctuary Workshop: Wednesday 12 April, 11am-3pm

Create a colourful pinecone insect or natural recycled pod to encourage ladybirds into our gardens! £3 per child, drop-in

St Davids Room:

Pembrokeshire Coast to Coast: 7 April - 21 May

Pembrokeshire based artists, Clive Gould and Graham Brace, specialise in depicting the Pembrokeshire landscape and seascape in great detail predominantly using acrylics and coloured pencil respectively. Both artists strive to show Pembrokeshire at its best, emphasising the stunning natural ruggedness and topographical characteristics of our unique coast and countryside.

Spring Craft Market: Saturday 8th April, 10am - 3pm

Join us for our first craft market of 2023! Handpicked local stallholders selling handmade crafts and produce.

WHITCHURCH AND SOLVA CHURCHES 100+ CLUB

The lucky winners of the third draw of the Whitchurch and Sol churches 100+ club which took place on 5th March were:

1st Penny Lewis (109) £70

2nd Alys Perry (4) £45

3rd Billy Young (66) £30

SOLVA DEFIB LOCATIONS

Please note Solva has 4 defibrillators at the following locations:

Upper Solva (to open the cabinets press 'C' and turn knob clockwise)

1. Solva Community Clubhouse

2. Solva Memorial Hall

Lower Solva (access code is C123. This code is written on the cabinet and on a noticeabove the cabinets)

3. Harbor Inn

4. Trinity Quay

MACMILLAN CANCER SUPPORT COFFEE MORNING, CAKE & BAKE SALE

Saturday 15th April 2023, 10:30 - 13:30 in the Memorial Hall.

Come along for coffee & plenty of cake & baked goods. Buy a raffle ticket to be in with a chance of winning one of the great prizes up for grabs. All in aid of Macmillan Cancer Support.

APRIL CALENDAR

- 02/04 Spring Fayre, Solva Memorial Hall & Parc y Capel from 1pm
 - Simply Church, Solva Clubhouse 10.30am
- 03/04 St Davids and Solva Art Group Exhibition Opens, Oriel y Parc 9.30-4.30pm
 - St Davids and Solva Art Group Meeting, Solva Clubhouse 10-12am
- **04/04 -** Solva Library, Memorial Hall 10-12am & 2-4pm
- 05/04 Luncheon Club, Memorial Hall 12.30pm // Gym Circuits, St David's Sports Hall 9-10am
- 06/04 Solva Cinema: The Quiet Girl (12), Memorial Hall 7.30pm
- 07/04 Shalom House Easter Fair, St Davids Rugby Club 10-4pm
 - Solva Care Drop in, Solva Surgery 10-12am
- **09/04 -** St Davids and Solva Art Group Exhibition Closes, Oriel y Parc 9.30-4.30pm
- **10/04 -** St Davids and Solva Art Group Meeting, Solva Clubhouse 10-12am
- 11/04 Solva Community Council Meeting, Solva Clubhouse 6pm
 - Solva & St Davids Macular Society support group, St Davids Drop in Centre 2-4pm
 - Solva Library, Memorial Hall 10-12am & 2-4pm
- 12/04 Luncheon Club, Memorial Hall 12.30pm // Gym Circuits, St David's Sports Hall 9-10am
- 13/04 Solva Shop Coffee Morning, Memorial Hall 10.30-12am
- 14/04 Solva Care Drop in, Solva Surgery 10-12am
- **15/04 -** Macmillan Cancer Support Coffee Morning, Memorial Hall 10.30-1.30pm
- 16/04 Simply Church, Solva Clubhouse 10.30am
- 17/04 St Davids and Solva Art Group Meeting, Solva Clubhouse 10-12am
 - Walk for Well-being, Solva Clubhouse 2.15pm
- **18/04 -** Solva Library, Memorial Hall 10-12am & 2-4pm
- 19/04 Luncheon Club, Memorial Hall 12.30pm // Gym Circuits, St David's Sports Hall 9-10am
- **21/04 -** Solva Care Drop in, Solva Surgery 10-12am
- 22/04 Solva Harbour Society Social, The Ship Inn from 7pm
- 23/04 Solva Shop, Solva Clubhouse 2-4pm
- 24/04 St Davids and Solva Art Group Meeting, Solva Clubhouse 10-12am
 - Walk for Well-being, Solva Clubhouse 2.15pm
- 25/04 Solva & St Davids Macular Society support group, St Davids Drop in Centre 2-4pm
 - Solva Library, Memorial Hall 10-12am & 2-4pm
- 26/04 Luncheon Club, Memorial Hall 12.30pm // Gym Circuits, St David's Sports Hall 9-10am
- **28/04 -** Solva Care Drop in, Solva Surgery 10-12am
- 30/04 Simply Church, Solva Clubhouse 10.30am

Editors Note

Spring has finally come!

If you have any submissions or advert enquires for the newsletter please email me at solvanews@outlook.com. Last date for submissions is the 16th of each month.

Cheers, Angus







Your purchase from us not only supports sustainable practices, it also helps create jobs locally.

Shellfish

Lobster, Crab. Oysters & Mussels

Dried Seaweed

Rope Grown in Ramsey Sound, Pembrokeshire

07773 846560

sales@solvaseafoods.co.uk www.solvaseafoods.co.uk









TRINITY QUAY SOLVA

Tel Chairman: 07494 853642 Tel Harbour Master: 07485 655754 Tel Trinity Quay: 01437 721725

solva woollen mill

we are open all year

Monday to Friday 9.30am to 5.30pm

Also July to September

Saturday 9.30am - 5.30pm Sunday 2pm - 5.30pm

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Basalt & Dune

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SHOP IN STORE & ONLINE + LOCAL CLICK & COLLECT Open Tuesday to Saturday 11am-4pm Maes Dyfed, St Davids, SA62 6SR

basaltdune.co.uk

10

ST DAVIDS BOOKSHOP

Lots of new books, children's titles and second hand

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01437 720480 stdavidsbookshop@gmail.com

We provide free parking in St. Davids and free mini-bus to the boat and back.



SA62 6SB

TEL: 01437 720471 www.aquaphobia-ramseyisland.co.uk

Book your trip at Ramsey Island booking office.
Office by the Grove Hotel. opposite the TLC.

Café on the Quay

Fine Italian Coffee Homemade Cakes and Solva Crab Sandwiches & Local Ice Cream



Enjoy the Solva sunshine sitting on the Quay... Bring the family crabbing! We sell bait and lines.





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FRIENDLY STAFF AND A WARM WELCOME.

A DOG FRIENDLY PUB ON THE SEAFRONT OF SOLVA.





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