



SOLVA NEWS



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ATLANTIC ROWING CHALLENGE!

The first all-Wales female crew take on the row of a lifetime...and they're all from Pembrokeshire! Read more on page 2...

SAVE SOLVA SURGERY

STOP PRESS The Health Board is going for a stay of execution! We have 12 months to show how the surgery can continue and be successful. So please support the surgery, write your letters and do not register elsewhere!

'FLY LIKE A FAIRY' BOOK LAUNCH

Written by Pippa Raggett, Illustrated by Anna Rowlands

Oriel y Parc St Davids Sat 11th March 2023 11am - 1pm

Book signing, early bird discount and a prize for the best dressed fairy or elf!



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COUNTY COUNCILLER CORNER

Update on toilet situation

At the most recent PCC Cabinet meeting, it was agreed that PCC would no longer fund any toilet that did not have its own income stream after 5th November. The income referred to could be from an associated car park or a turnstile entry system. Another alternative is that a Community Asset transfer takes place and the toilet block ownership is transferred to Solva Community Council. This leaves Solva CC with the costs of running the toilets and even with the installation of barriers, the cost will be large and the payback time many years. The problem with Solva's situation is that the car park income is collected and retained by the Pembrokeshire Coast National Park, who have declined to pay the costs of running the toilets. As yet PCNPA are still reviewing their daily car park charges and no increase in ticket price to fund the toilets has been agreed. Looking at Solva's situation, whilst the toilets are essential to the wellbeing of the village, I totally see PCC's view in the light of the severe financial situation. Therefore I agree that in order to protect the toilets long term, the best way forward is that a proportion of car park income should be passed over by PCNPA.

Dog Fouling in Solva

The topic of dog fouling in Solva has come to the front again thanks to the minority who refuse to clean up after their pets. Sadly the Enforcement Service is very thin at the moment so the best action against these selfish individuals is the targeted approach using evidence gained from local residents. If you have any information for who is allowing their dogs to foul our community, please let me know either by phone, text or email and I will do my best to make sure enforcement action takes place. No one will find out who has put the report in to me.

Once again, if you need any help with any Council related matters, please do not hesitate to get in touch, regards Mark 07976 553912

Cllr Mark Carter

Pembrokeshire County Councillor for Solva Ward.

ATLANTIC ROWING CHALLENGE!

Four Pembrokeshire women, one boat, and a 3,000-mile trip across the Atlantic Ocean. Sound crazy? Four local rowers have challenged themselves to the adventure of a lifetime by entering the Talisker Whisky Atlantic Challenge in 2025, and they're out to prove a point. 'We want to show that nothing - not gender, not our aging bodies, not even our own minds - can stop us from achieving great things', say the team of ordinary women taking on this extraordinary challenge.

Their faces will be familiar, as Helen Heaton, Denise Leonard, Heledd Williams, and novice rower, Liz Collyer are members of Solva Rowing Club. Aiming to raise £125,000 for the race, and supporting local charities such as Sea Trust Wales and Popham Kidney Support, these superwomen are asking for your support.

To follow their epic adventure and support their goals, head to www.merchedymor.wales.



ADVERTISING AVAILABLE

**For more information,
please contact Solva**

News on:

solvanews@outlook.com

Solva WI

Welcomes new members
and visitors.

We meet in Solva
Memorial Hall
on the 2nd Thursday
of each month at 2pm

Contact Jilly

01437 720922



COME IN OUT OF THE COLD!

Solva Community Council and Solva Care have been organising 'Warm Rooms' over the winter. It's really just another opportunity to get out and see people (and it may save you some heating costs as well!)



MARCH PROGRAM

Monday afternoons, 2 - 4 in the Community Clubhouse

There will be board games, hot drinks, biscuits and sometimes a film.

Tuesdays lunch, 10.30 - 1.30 in the Community Clubhouse

Drop-in with newspapers, soup or cawl.

Wednesday afternoons, 1.45 - 4 in the Memorial Hall

Come and enjoy music by the Solva Ukulele Pirates. There will be hot drinks and biscuits too.

Thursday Coffee Morning, 10.30 - 12.00 in the Memorial Hall

Our Warm Welcome is here as usual. Daily newspapers are available and if we are celebrating a special birthday, cake, as well as tea, coffee and biscuits. Everyone welcome.

Friday Yoga and Club, 11 - 12 & 2 - 4 in the Community Clubhouse

If you fancy a warm space, coffee and convivial company, why not come to the Clubhouse and enjoy chair yoga with Bethany, it's free and it's fun! Later on come sit down for Solva Care's Friday Club from 2 - 4pm.

Wi-Fi available in both the hall & the Football Hub. All welcome!

THE MICE ARE COMING!

Sightings of the mice working on their boat The Big Cheese have been made in Cornwall.

Solva Care are expecting their arrival back to the village in May.

If you are dusting off older mice or making new ones (on the theme of Life in Pembrokeshire) let us know by April 15th and we'll include you on the trail map. Over 50 mice from church mice to surf mice made up our spotting trail last year - come and join in!

Contact Chris and Ellie Sherwin on 07788 583602; or via csherwindesigns@gmail.com



EDGE FESTIVAL

We have been busy booking artists as well as food stalls and activities to make this year's festival even better!

Keep an eye on our social media as we will be releasing details of the line up and activities in the coming weeks.



The super early bird ticket offer for locals will be ending at the end of March so don't hesitate to contact Helen Thomas on 07432648596 for yours! Tickets are priced at £45 for Adults and £20 for under 18's.

We would love to have more people involved in the festival so if you think you might be interested, please contact Kay on 07889142115 for an informal chat or come along to our next meeting which will be held on March 28th, 7pm at the Harbour Inn. Look forward to seeing you there!

ST DAVIDS FESTIVAL OF IDEAS

The St Davids Festival of Ideas is a collaboration between Solva and St Davids and it is back again on 24, 25 and 26 March. Following a hugely successful weekend last year this event boasts another exciting programme of speakers.

These include: The First Minister of Wales Mark Drakeford; Jane Davidson, Chair of Wales Net Zero 2035; Sian Griffiths, the Education Editor of the Times and Carwyn Graves and expert on Welsh Food.

The weekend will involve music events at the Rugby Club and a special feast hosted by The Really Wild Emporium. Writer Grahame Davies, familiar to St Davids for his work being showcased at the Cathedral, will join us as will Professor Mererid Hopwood, chair of Welsh and Celtic Studies at Aberystwyth University.

For those of you with a criminal bent of mind, Tim Newburn Professor of Social Policy at LSE and author of 40 books, including Orderly Britain. Solva's Patrick Nash, Director of the Edge Festival, will be launching his new book about Social enterprise.

This is a packed and varied programme, make sure you get a ticket and join us!
stdavidsideas.co.uk/buy-tickets/

SOLVA HARBOUR SOCIETY

The Boat Lift in will take place on Saturday 22nd April 2023 and a provisional Lift Out date has been set for Monday 2nd October 2023. Details to follow in due course.

Members please note that the SHS Ltd, General Meeting will take place on Saturday 29th April at 10am, at The Ship Inn, written notifications to follow shortly.

We are offering for sale the vessel 'Corixa' currently located near lifeboat shed on Trinity Quay. Sealed bids to be returned to the Clerk by 28th February. Visitors with allocated moorings and kayak slots must collect stickers from Trinity Quay office (Wed 10am-2pm) or from the Harbour Master.'

NOTICE OF COMMUNITY COUNCIL MEETING

A meeting of Solva Community Council (SCC) will be held on Wednesday 8th of March 2023 commencing at 6 p.m. in Solva Community Clubhouse.

This is a multi-location meeting allowing community councillor's and members of the public to attend virtually or in person.

Members of the public are warmly invited to attend and are encouraged to notify the Clerk in advance which business items on the agenda they wish to contribute views on.

Agenda and minutes are available from the Clerk and at Solva Community Council
 Bruce Payne - Clerk to the Council, brucepayne241@gmail.com or 07890 987259

60+ SOCIAL GROUP!

Aged 60+ and want to socialise whilst finding out more about what is on across Pembrokeshire?

Join us for our FREE social group...

Tuesday 7th March 2-4pm Solva Memorial Hall

To register your interest, email
Active4Life@Pembrokeshire.gov.uk

Please note: booking is essential for this event as spaces are limited. We offer complimentary refreshments too!

14:00	Meet & Socialise
14:15	All things 'Active 4 Life'
14:40	Comfort Break
14:45	Guest Speaker
15:10	Comfort Break
15:15	60+ Taster Activity
15.45	Comfort Break
15:50	Close

YSGOL PENRHYN DEWI VA – AIDAN CAMPUS – NURSERY AND RECEPTION

Our first half term back since Christmas has been action packed. We have begun this term with a new topic Toy Box. It was lots of fun bringing in and discussing some of our favorite toys such as remote control dinosaurs, diggers and cuddly toys.

Some of our parents then came in to speak to us about some of their favourite toys when they were younger. This was very interesting and exciting.

We then continued our journey exploring toys from the past by taking a visit to Scolton Manor, where we explored the manor house and woodland. We all made a Thaumatrope and we borrowed two boxes of toys from long ago back to add to our very own toy museum at Aidan campus.

Alongside learning about different toys from different times we have also been storytelling the story of 'The Paper Dolls', practicing our phonics and numbers and celebrating Chinese New Year, St Dwynwyn's Day and Number Day.

Recently we took part in this year's RSPB Big Garden Birdwatch. We made some great bird feeders and hung them around the school grounds and down in the memorial garden. We did some great counting and record keeping and enjoyed discussing and submitting our results.

We absolutely love being out and about in Solva. Our recent number hunt and litter pick was something that we really enjoyed and are still talking about.

Please remember to book your Ysgol Penrhyn Dewi VA Nursery and Reception place via the Pembrokeshire County Council website

www.pembrokeshire.gov.uk/school-admissions

Visits to Ysgol Penrhyn Dewi VA campuses are always welcome by appointment.

Please telephone 01437 809200 or email admin.penrhyn dewi@pembrokeshire.gov.uk



SOLVA CINEMA

Upcoming films:

2 March	7.30 pm	Mrs Harris goes to Paris (PG)
6 April	7.30 pm	The Quiet Girl (12)
4 May	7.30 pm	The Lost King (12A)



Doors open at 7 pm and the film starts at 7.30 pm. Refreshments available or bring your own bottle. Price Adults £5, or become a member for £5/year and get 20% off and free use of a cushion! Under 18's £3.50. We are happy to take suggestions for future films.

SOLVA ROWING AND WATERSPORTS CLUB

As a follow up to a successful 2022 season, Solva Rowing and Watersports Club will host club rowing on Tuesday 28th March at 5pm from Solva Quay, continuing until October. For those who have never rowed before or have not rowed for a long time but would like to try it out, we offer two free taster sessions. Beginners can try rowing before committing to joining. Celtic Longboats can generally be rowed by individuals ranging from the age of 14 to any age, but younger budding rowers can also learn to use our small rowing punt. Everyone can row if they have a reasonable level of fitness. You can choose the level of rowing you want to do, making it an excellent form of physical exercise. New members will find our club to be friendly, inclusive, and welcoming.

Our AGM will be held at the Ship Inn on Thursday 9th March at 7.00pm, followed by a committee meeting at 8.00pm. The club is always looking for new members who can bring new ideas and help and support to the club. In the meantime, we are looking for a secretary and welfare officer. If you are interested, let us know!

A 100 club is also active, open to any rowing club member, friend, family member, or anyone who wants to support our club. The subscription fee is £10 per number, with £5 going towards club funds and £5 to the prize draw fund. A percentage of the profit is given as a prize when the tickets are drawn (4 times per year), with the remainder going to the rowing club. Please apply for a number on our website or contact Rhian Evans on 100club@solvarowingclub.co.uk

A 'Frostbite Race' is planned for Saturday 4th March, entries begin at 1.30pm. To enter, just get your team together (5 people) and come down to the Quay! (Entries are £5 per team. Teams can represent pubs, businesses, or charities. Each team is allowed two experienced rowers. If you are a team of novices, we can find someone experienced on the day.

This year's Ramsey Challenge Race will take place on 17th June. The race follows last year's successful event in which 19 Longboats competed in challenging conditions. We can't wait for this year!

Membership for the new season is now available. Join before May 31st 2023 and receive a £5 discount off all our already reasonable membership prices. Click on Membership on our website www.solvarowingclub.co.uk, fill out the form, and pay securely.

Please contact our Chairman Steve Probert on 07970 063074 or chair@solvarowingclub.co.uk if you need any further information.

As a final note, we are very proud to be supporting team Merched y Môr as they take on the Atlantic Challenge 2025. There will be lots of rowing activities and fund-raising to help them get to the start line, so we welcome everyone's support - this is a huge undertaking and an incredible adventure we all have a chance to be a part of!

Thank you, Steve.

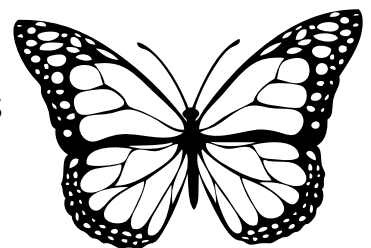
LOVE STORIES TO NATURE, AN ART WORKSHOP AT THE BUG FARM

Lino print and textiles with Louise Carey, Love Stories to Nature, an art workshop at The Bug Farm which is part of our wider project to bring back the locally-extinct marsh fritillary butterfly to the St Davids Peninsula.

Sunday 5th of March, 1-4pm, 14yrs+, free. Limited spaces, booking is essential!

Contact us by calling 07966 956 357 or emailing info@thebugfarm.co.uk

We are re-opening to the public on February 18th every day except from Monday for Half Term and will then be open on weekends until Easter.



SOLVA & ST DAVIDS MACULAR SOCIETY SUPPORT GROUP

Next meeting is on March the 14th, there will be a guest speaker to give information and valuable help for future treatments from the Macular Society UK.

Located at St Davids Drop in Centre at the rear of City Hall, High Street St Davids SA62 6SD at 2PM - 4PM.

Meetings are supported by Solva Care and open to anyone affected by Vision Impairment. Family members, carers, and friends welcome.

Our group are friendly and caring. Refreshments at the end of the meeting.

NEW MEMBERS WELCOME!

SHALOM HOUSE

Shalom House Day Centre:

Shalom House supports the people of Pembrokeshire, providing holistic, accessible, personalised care for those who have been diagnosed with cancer and other life limiting illnesses, such as MND, Parkinson's and COPD. We are here to support people through a difficult time and to help provide a better quality of life.

Shalom House News:

We held our last quiz at The Ship Inn in Solva and a great night was had by all. The first prize was generously donated by The Ship Inn. Our next quiz is in The Rugby Club in Fishguard on Wednesday 29th March from 7pm. It is always a fun night with mixed level questions.

We are holding an Easter Fair on Good Friday in the Rugby Club in St Davids. 10am to 4pm. There will be a good selection of crafty and food stalls and bric a brac. Clwb will be putting on food for the day. So, pop along and see what's on offer.

We have a lot of events planned for the next year. This includes a joint venture with Paul Sartori of an Old Fashioned Skool Sports Day at the Rugby Club in St Davids. We are looking for small teams to take part. Children's races in the morning and adults in the afternoon. It is going to be a fun day out with games for everyone such as three-legged race, sack race, egg and spoon race and many more. There will also be a variety of stalls and other activities on the day, so watch this space.

We are looking for volunteer for both our shops if anyone is interested in sparing a few hours. We are also looking for volunteer drivers to help bring attendees to and from Shalom House. If you are interested get in touch with Sam on 01437 721 344.

SOLVA'S OWN CHIROPRACTOR

STOP! Did you know...

Solva now has its' own registered Chiropractor, working from home & available for home visits.

Chiropractic can help: Back pain/Sciatica/Headaches/Neck pain

For initial consultation & more information call; Dr Patrick on 07533 281486

SCARECROW TRAIL 2023

The Scarecrow Trail will be held as usual in early August (Sunday 6 and Monday 7). The theme is "Animated Characters from Children's TV". Reserve your character as soon as possible (no duplicates allowed). Contact Fran on Mob 07377059265 or E-mail fran34hb@gmail.com.



SOLVA WI

The February meeting was held at Croft Holiday Park where members enjoyed a swim or walk followed by lunch. Sadly, many members were unable to attend.

The arrangements for the Pancake Day Coffee Morning were confirmed. Money raised will be donated to a cancer charity.

Annual subscriptions are due at the forthcoming March meeting.

The Book Group which have met at Harbour Inn & the Walking Group had a change of plan from the beach litter pick but walked from Middle Mill via Trecadwgan then down to Prendergast returning to Middle Mill.

Our meeting on Thursday 9th March will start at 2pm with Vicky Wilson's talk on 'Fused Glass Art' followed by the business.

'Flower of the month' will restart in March.

SIMPLY CHURCH

We continue to meet on alternate Sunday mornings at 10.30am at
The Football Clubhouse, Maes Yr Eglwys, Upper Solva, SA62 6TW

The dates for March 2023 are 5th and 19th

We would love you to join us, you will be given a very warm welcome

Further details from Nadia 07890 598686

HYMNS, LUNCH AND A WARM ROOM

Come and join us for some hearty Community Hymn

Singing lead by Solva's own Joe Griffin at the

Community Clubhouse

Sunday 5th and 19th March

12.30 to 3pm

We are serving a ploughman's lunch, cake and hot and cold drinks

These events are hosted by Simply Church and

sponsored by Solva Community Council

.... and we have a nice warm room too!



CLWB SOLFACH/SOLVA LUNCH CLUB

Lunch Club is continuing to flourish and be enjoyed by at least 25 regular diners. The sound of chatty, happy diners is wonderful! We also provide for anyone unable to attend.

Please contact Jane Pascoe 01437 721544

WEST WALES WALKING FOR WELL-BEING

Walks for West Wales Walking for Wellbeing are to be cancelled for a short period due to a few factors. We are looking to sort these and hope to recommence these by the 17th April and will confirm this closer to the time through this newsletter. Many thanks to all for your support and we look forward to walking with you soon.

SOLVA SHOP / SIOP SOLFACH

The Solva Shop will be open in the Hall on Thursday 16 March at Coffee morning (10.30-12.00), and at the Community Clubhouse on Sunday 26 March (2.00-4.00). We have rationalised items in the shed and now have a little room for more (reasonably sized items). Items we cannot deal with easily are clothes, large items and electrical items. These are better taken to the Salvation Army (clothes, shoes) Paul Sartori (esp. electrical) or Frame (Merlin's Bridge). If you have items to donate or would like advice on where to send them, contact Fran on 07377059265 or fran34hb@gmail.com

SOLVA SURGERY

General Medical Services at Solva Surgery

Dr Sujan Dhaduvai has made the difficult decision to resign the GMS contract she holds with the Health Board with effect from 31st March 2023. This follows her decision to retire in the spring, and unsuccessful attempts over recent years to recruit another GP Partner to continue the Practice.

Patients registered with Solva Surgery should remain registered at the Practice and should continue to access services such as appointments and prescriptions as normal. Care will continue to be provided by the existing team, while the Practice and Health Board work to find a longer-term solution that secures this important service.

Dr Sujan Dhaduvai's Retirement – Donations

Following the announcement of Dr Sujan's retirement, there have been many enquiries as to whether there is a collection for her. At Dr Sujan's request, any donations that are made will be split between Paul Sartori, Shalom and Solva Surgery.

Flu Vaccination – under 65 group: Flu is still circulating in our community, if you have not yet had your flu vaccination, please contact the surgery to make an appointment. We still have some supplies left in stock.

First Contact Physiotherapists (FCPs) – Do you have a problem that affects your neck, back, bones, joints, or muscles? FCP clinics are held at the Surgery on a Tuesday and a Thursday morning (appointment only). The role of the FCPs in Primary Care is to assess patients with soft tissue, muscle, and joint pain and to decide on the most appropriate management pathway. FCPs are physiotherapists with expertise in the assessment and management of Musculoskeletal (MSK) conditions. Please ring and speak with one of our receptionists who can book you in for an appointment.

E-Consult – Contact the Surgery online. Please visit our website where you can fill out a simple online form to get routine advice and treatment.

GP & Practice Nurse Appointments – Due to staff sickness, we continue to have limited availability for Practice Nurse appointment. This may mean that routine appointments will need to be rescheduled while we try to cover the clinics for more complex procedures. Repeat Prescription requests – I'm afraid we are unable to dispense repeat prescriptions the same day they are requested. Please can all patients order their repeat prescription when they have at least 7 days' supply remaining. We require this amount of notice so that a prescription can be generated, the GP then has to sign it and then it gets processed by the Dispensing team, who then have to order from our Wholesalers. Ordering in this way allows both the Surgery and Well Pharmacy in St Davids and other community pharmacies to work more effectively and this will be to the benefit of all patients.

Surgery grounds – We have become increasingly concerned that young children are using the road down to the surgery for skateboarding and using scooters. They have also been using the ramp located at the entrance to the surgery building. As you can imagine this road can get extremely busy whilst the surgery is open, whether it's with patients attending appointments or with deliveries and collections. The amount of children in the area increases during the school holidays and/or after school hours. We have advised them to leave the area for their own safety. They have also damaged trees and shrubbery at the entrance to the car park. The surgery premises is not a playground. Please advise your children to play elsewhere. Thank you.

ORIEL Y PARC

Main Gallery:

National Museum Wales - On Your Doorstep (Until Spring)

It's official, getting outdoors is good for you! And every walk is a chance to discover the nature and archaeology on your doorstep. But how much do we really know about the world around us, and how much is left to learn? You might be surprised! Discoveries come in all shapes and sizes, and anyone can be a discoverer. From ghost slugs to gold coins, let the discoveries in this exhibition inspire you. Then get ready to make your own.

Saint Davids Room and Artist in Residence Tower

Sift by Ancient Connections (Thursday 23rd February – Wednesday 29th March)

Sift brings together six artists based in the east of Ireland and the west of Wales working in different mediums. The artists have been commissioned by Ancient Connections, a four year EU funded project that links Wexford and Pembrokeshire. The exhibition weaves together the themes of journeying, sacred places, ancestral heritage, storytelling and longing for home through photography, animation, sound, ritual, text, story, glass and light. Inspired by the findings of the Ancient Connections wider project, the artists involved are Sean Vicary, Linda Norris, John Sunderland, Sylvia Cullen, David Begley and Tracy Breathnach.

Discovery Room

Coastal Elements by Jane Boswell Ceramics and paintings inspired by the sea (Wednesday 8th March – Monday 1st May)

Ceramic pieces and paintings are inspired by the rock pools, pebbles and sparkling light reflected on the sea, invoking the colours of the ocean and adding a touch of preciousness with the use of gold and silver leaf.

St Davids Dragon Parade!

Saturday 4th March 2023, 11am

FREE

Join us for the annual Dragon Parade to celebrate the birth of our patron Saint, St David, by cheering on school children, community groups and locals as they parade through the main street of the City.

Save the date!

St Davids and Solva Art Group

Monday 3rd April – Sunday 9th April, 10am – 4pm

Discovery Room

The Spring exhibition of a local group of amateur artists who live near St Davids and meet weekly in the nearby fishing village of Solva. Proceeds of the sales are donated to local charities.

For more info visit: www.stdavidsartgroup.co.uk

Spring Craft Market

Saturday 8th April, 10am – 3pm

Join us for our first craft market of 2023! Handpicked local stallholders selling handmade crafts and produce.

MEMORIAL HALL 100 CLUB

The results of the January Draw:

1st Charles Davies	£50.00	number 44
2nd Jill Iles	£40.00	number 60
3rd Roger Graham	£30.00	number 83



WANTED

Small fibreglass rowing boat, under 10 foot.
Please ring: Charles Davies 07972503561

WORLD DAY OF PRAYER

Come join us at St. Aidans Church, 2pm.
followed by refreshments.

MARCH CALENDAR



- 01/03** - Warm Rooms, Luncheon Club and Ukulele, Memorial Hall 1.30-4pm
- 02/03** - Warm Rooms Coffee Morning, Memorial Hall 10.30-12am
- Solva Cinema: Mrs Harris goes to Paris (PG), Memorial Hall 7.30pm
- 03/03** - Warm Rooms Yoga, Solva Clubhouse 11-12pm
- Friday Club Warm Rooms Solva Care, Solva Clubhouse 2-4pm
- Solva Care Drop in, Solva Surgery 10-12pm
- World Day of Prayer, St. Aidans Church 2pm
- 04/03** - Frostbite Race, Solva Quay 1.30pm
- 05/03** - Simply Church, Solva Clubhouse 10.30am // Love Stories to Nature, The Bug Farm 1-4pm
- Community Hymn Singing, Solva Clubhouse 12.30-3pm
- 06/03** - Warm Rooms with Boardgames and Film, Solva Clubhouse 2-4pm
- 07/03** - 60+ Social Group, Memorial Hall 2-4pm
- Warm Rooms with lunch, Solva Clubhouse 10.30-1.30pm // Solva Library, Memorial Hall
- 08/03** - Solva Community Council Meeting, Solva Clubhouse 6pm
- Warm Rooms, Luncheon Club and Ukulele, Memorial Hall 1.30-4pm
- 09/03** - Solva Rowing and Watersports Club AGM, The Ship Inn 8pm
- Warm Rooms Coffee Morning, Memorial Hall 10.30-12am
- 10/03** - Warm Rooms Yoga, Solva Clubhouse 11-12pm
- Friday Club Warm Rooms Solva Care, Solva Clubhouse 2-4pm
- Solva Care Drop in, Solva Surgery 10-12pm
- 11/03** - 'Fly Like a Fairy' book launch, Oriel y Parc 11am-1pm
- 13/03** - Warm Rooms with Boardgames and Film, Solva Clubhouse 2-4pm
- 14/03** - Warm Rooms with lunch, Solva Clubhouse 10.30-1.30pm // Solva Library, Memorial Hall
- Solva & St Davids Macular Society support group, St Davids Drop in Centre 2-4pm
- 15/03** - Warm Rooms, Luncheon Club and Ukulele, Memorial Hall 1.30-4pm
- 16/03** - Solva Shop & Warm Rooms Coffee Morning, Memorial Hall 10.30-12am
- 17/03** - Warm Rooms Yoga, Solva Clubhouse 11-12pm
- Friday Club Warm Rooms Solva Care, Solva Clubhouse 2-4pm
- Solva Care Drop in, Solva Surgery 10-12pm
- 19/03** - Simply Church, Solva Clubhouse 10.30am
- Community Hymn Singing, Solva Clubhouse 12.30-3pm
- 20/03** - Warm Rooms with Boardgames and Film, Solva Clubhouse 2-4pm
- 21/03** - Warm Rooms with lunch, Solva Clubhouse 10.30-1.30pm // Solva Library, Memorial Hall
- 22/03** - Warm Rooms, Luncheon Club and Ukulele, Memorial Hall 1.30-4pm
- 23/03** - Warm Rooms Coffee Morning, Memorial Hall 10.30-12am
- 24/03** - St Davids Festival of Ideas // Warm Rooms Yoga, Solva Clubhouse 11-12pm
- Friday Club Warm Rooms Solva Care, Solva Clubhouse 2-4pm
- Solva Care Drop in, Solva Surgery 10-12am
- 25/03** - St Davids Festival of Ideas
- 26/03** - St Davids Festival of Ideas // Solva Shop, Solva Clubhouse 2-4pm
- 27/03** - Warm Rooms with Boardgames and Film, Solva Clubhouse 2-4pm
- 28/03** - Edge Festival Meeting, Harbour Inn 7pm
- Warm Rooms with lunch, Solva Clubhouse 10.30-1.30pm // Solva Library, Memorial Hall
- 29/03** - Warm Rooms, Luncheon Club and Ukulele, Memorial Hall 1.30-4pm
- Shalom Quiz, The Fishguard Rugby Club 7pm
- 30/03** - Warm Rooms Coffee Morning, Memorial Hall 10.30-12am
- 31/03** - Warm Rooms Yoga, Solva Clubhouse 11-12pm
- Friday Club Warm Rooms Solva Care, Solva Clubhouse 2-4pm
- Solva Care Drop in, Solva Surgery 10-12am

Editors Note

My name is Angus, I've lived in and around Solva for the last couple years and you may have seen me out and about walking my dog Cadi, I'm very pleased to be the new editor for the newsletter, if you have any questions or submissions for next months edition, please contact me at solvanews@outlook.com



SOLVA SEAFOODS

Part of Câr-Y-Môr Community Benefit Society

Your purchase from us not only supports sustainable practices, it also helps create jobs locally.

Shellfish **Dried Seaweed**
 Lobster, Crab, Rope Grown in
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