

# SOLVA NEWS



# NEWYDDION SOLFACH

**PDF available to download:**  
<https://solva.gov.wales>

**FREE**  
**Please take a copy**

## Solva Surgery - What does the Future Hold?

Over one hundred people attended the public event convened by Solva Community council to consider the news that the current GP, Dr Sujan, of Solva Surgery was retiring at the end of March. The meeting was opened by the Chair of the Community Council, Ifor Thomas, and chaired by Sue Denman. She stressed that at this time there was no indication that the Hywel Dda Health Board intended to close the surgery, but the retirement of Dr Sujan, did create an opportunity for those that were registered to the practice to consider how they wanted the work of the surgery to continue into the future.

The meeting split into smaller groups and considered what they thought of the way that the surgery had worked up until now and then discussion revolved around how they saw the future. The groups fed back in a public session. By and large there was general satisfaction with the way the surgery had operated to date with one group summarising the attitude of the surgery staff as epitomised by kindness, understanding and availability. Thoughts did turn to the future with an overwhelming desire to see the work of the surgery continue and even expand into other areas of care. The impending loss of the dispensary was universally regretted.

A working group has been formed to engage with the Health Board to determine the way forward and ensure that the needs of Solva and the outlying areas are met.

## Solva Treasure Hunt

The true spirit of New Year's Day was shown again by the Solva community in this year's Treasure Hunt, after a two year break. Approximately one hundred and fifty competitors took part, pensioners, parents, children, visitors, all with laughter in their eyes, starting from the Top Shop where (Gwyn had provided punch) and heading down the hill, under threatening clouds, via Maes Ewan, Maes yr Eglwys, High Street, the quay and Harbour Inn finishing forty two questions later in The Ship. All the sodden competitors dried out and chatted whilst Mair, Rebecca, Elun and Rachel marked their papers. The winners were :-

- 1st The Madhatters
- 2nd Boris and Baxter's Team MK 1
- 3rd Spectrum

Dai Ball and Jim Young give thanks to everyone- the competitors, the marking team, Simon and Cath of The Ship. A figure of £350 was raised which at the moment will be added to the £740 already in the Treasure Hunt account.



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## Edge Festival

We have now booked the headliners and our board have been busy looking at other bands which we can't wait to share with you.

The super early bird ticket offer for locals will be ending at the end of March so don't hesitate to contact Helen Thomas on 07432648596 for yours! Tickets are priced at £45 for Adults and £20 for under 18's.



We are delighted to have sponsored Solva football club with some of the money raised last year and their new kit looks great! (see photo below)

We would love to have more people involved in the festival so if you think you might be interested please contact Kay on 07889142115 for an informal chat or come along to our next meeting which will be held on 27th of Feb, 7pm at the Harbour Inn.

Look forward to seeing you there!



## St David's Eisteddfod 2023

The annual Eisteddfod will be held at St David's City Hall on Tuesday, 28 February 2023. Competition schedules are available from committee members and various shops. If you have any queries, please contact the Co-ordinator, Glenys James, on 01437 720447.

Eisteddfod Tyddewi 2023

Bydd yr Eisteddfod flynyddol yn cael ei chynnal yn Neuadd y Ddinas, Tyddewi ar Ddydd Mawrth, 28 Chwefror 2023. Mae'r amserlenni cystadlu ar gael gan aelodau'r pwyllgor ac amryw siopau. Os oes gennych unrhyw ymholiadau, cysylltwch â'r Cydlynnydd, Glenys James ar 01437 720447, os gwelwch yn dda.

## Solva's Own Chiropractor

STOP! Did you know...

Solva now has its' own registered Chiropractor, working from home & available for home visits.

Chiropractic can help: Back pain/Sciatica/Headaches/Neck pain

For initial consultation & more information call; Dr Patrick on 07533 281486



### ADVERTISING AVAILABLE

**For more information,  
please contact Solva**

**News on:**

**[solvanews@outlook.com](mailto:solvanews@outlook.com)**

**07794063458**

### Solva WI

Welcomes new members  
and visitors.

We meet in Solva  
Memorial Hall  
on the 2<sup>nd</sup> Thursday  
of each month at 2pm

**Contact Jilly**

**01437 720922**



### Notice of meeting

A meeting of Solva Community Council (SCC) will be held on Wednesday 8th of February 2023 commencing at 6 p.m. in Solva Community Clubhouse.

This is a multi-location meeting allowing community councillor's and members of the public to attend virtually or in person.

Members of the public are warmly invited to attend and are encouraged to notify the Clerk in advance which business items on the agenda they wish to contribute views on.

Agenda and minutes are available from the Clerk and at Solva Community Council  
Bruce Payne - Clerk to the Council, brucepayne241@gmail.com or 07890 987259

### Solva Shop / Siop Solfach

The shop will continue to be held in the Memorial Hall at the coffee morning on the 2nd Tuesday of each month, and in the Community Clubhouse (AFC) from 2.00 to 4.00 on the 4th Sunday of each month. We still have many things in the storage shed. If you are on the look-out for anything (eg. clothes, accessories, kitchen items, small furniture) please contact Fran on 07377059265 or fran34hb@gmail.com. We may have just what you are looking for at a very low price. All proceeds go to Solva Care Reserve or other village facilities or events.

### Solva Amatuer Dramatic Society

The SADS group have been rehearsing hard and look forward to welcoming you to see our Panto – Dick Whittington's Cat. Performances will be on the 9th and 10th of February @7pm, in the Memorial Hall. Tickets can be bought from Bay View Stores.

### 35 Main Street

Were Hiring!

General Manager for a busy seaside liscensed cafe / restaraunt

- Two years hospitality management experience required
- Accommodation negotiable
- Flexible hours
- 23-28k per annum plus tips
- Start date mid-february

We are also looking for front of house staff.

For enquiries, job description and person specification, email:  
hannah@35mainstreet.co.uk



### We're Hiring – Solva Newsletter Editor

Solva Community Council is looking for a person with good local knowledge to be our Newsletter Editor. The successful candidate will be responsible the writing, production, and distribution of the newsletter.

Salary: £12 per hour – Maximum of 25 hours per month – Location Solva – Closing date for applications: 8th February 2022.

For a full job description, please contact the SCC Clerk Bruce Payne by emailing brucepayne241@gmail.com or calling 07890 987259. Or, for an informal chat contact the SCC Chair lfor Thomas.

### WANTED

Small fibreglass rowing boat, under 10 foot.

Please ring: Charles Davies 07972503561

## County Councillor update

Hello all, I hope you are warm and well.

I want to clarify this month the position in respect of the toilets at Solva Harbour Car Park. As most residents will know, Pembrokeshire Coast National Park Authority controls the running of the car park and collects the income. Pembrokeshire County Council runs the toilets sited there and pays for that service. The public toilets in Pembrokeshire are not a statutory service, PCC are not obliged to provide them but up to now, have possibly the greatest number of public toilets in any Welsh County. Some toilets have an income stream by either having a barrier "pay on use" system as seen in Tenby or by receiving money from associated car park income. There is only one toilet block in Pembrokeshire that nearly covers its costs by the barrier system and is next to the multi storey car park in Tenby. PCC have invited all Town and Community Councils that have a toilet block without income stream to take over the funding of the running of that toilet block as part of suggested budget cuts.

In the case of Solva, if it was a PCC car park, then the toilets would be funded by the car park charges, but it's PCNPA that collects the car park fees so Solva toilets have no income stream and hence COULD POSSIBLY be at risk of closure in the worst case future scenario. Negotiations have taken place and PCNPA have been invited to contribute to the 17 or so PCC toilets that are situated in a PCNPA car park but no agreement has been reached as yet.

PCC advised Solva CC that for PCC to run the toilets on behalf of Solva CC, then the cost would be just over £12,000. In my view this would mean Solva residents having a 33% increase in the SCC precept to provide a service for visitors to a PCNPA car park, which I think is totally unfair. My hope is that PCNPA will see reason and agree to making a substantial or total contribution to the running of these toilets. However it must be stressed that the PCC budget will not be finalised until early March 2023 so it is extremely unlikely that any change to the provision of toilets in Solva will take place in the next financial year.

Secondly residents should be aware that PCNPA have doubled the price of Car Park Season tickets for the coming season making a seasonal price for Solva car park now £50. Again this is a PCNPA decision.

Finally please could residents keep an eye out for non working street lights and either report on my account or text me on 07976 553912, the number and location of the faulty light. All PCC street lights have a 6 digit identity number on them 3 digits going across and 3 digits down. If the faulty light is on a Pembrokeshire Housing association estate and does not have a number on it, then it needs to be reported to the Housing Association. As always if you have any concerns regarding Council matters, please contact me on 07976 553912 or email [cllr.mark.carter@pembrokeshire.gov.uk](mailto:cllr.mark.carter@pembrokeshire.gov.uk), best regards Mark.

## Solva Cinema

Forthcoming films:

2 Feb	7.30 pm	Where the Crawdads sing (15)
2 March	7.30 pm	Mrs Harris goes to Paris (PG)

We may show these films as a matinée as well – date TBA.

Doors open at 7 pm and the film starts at 7.30 pm. Refreshments available or bring your own bottle. Price Adults £5, or become a member for £5/year and get 20% off and free use of a cushion! Under 18's £3.50. We are happy to take suggestions for future films.





## Extra Help from Utility Suppliers

There is support available ranging from financial to difficulties due to cognitive, sensory, or physical ability is available and includes the free Priority Services Register which aims to support and keep vulnerable people safe in their own home. There is an online form to fill in or contact Sandra Young (01437 721450) for further information.



## Come in out of the cold!

Solva Community Council and Solva Care are organising 'Warm Rooms' over the winter. It's really just another opportunity to get out and see people (and it may save you some heating costs as well!)



### January & February program

Monday afternoons 2 – 4 pm in the Football Hub (From 18 January onwards). There will be board games, hot drinks, biscuits and sometimes a film.

Tuesdays in the Football Hub 10.30 am -1.30 pm (From 11 January onwards). Drop-in with newspapers, soup or cawl.



Wednesday afternoons 1.45 – 4 pm in the Solva Memorial Hall, after Luncheon Club (From 18 January onwards). Come and enjoy music by the Solva Ukulele Pirates. There will be hot drinks and biscuits too.

Wi-Fi available in both the hall & the Football Hub.

All welcome!



## EcoDewi Home Energy Advice Team (HEAT)

EcoDewi has launched a project to support the St. Davids Peninsula community with ever rising fuel and energy bills this winter.

How we can help:

- Provide easy energy saving tips and advice.
- Help understanding energy bills, reading meters, and contacting energy suppliers.
- Provide information on available local and national energy support schemes, and eligibility criteria.
- Provide "Warm packs" for those struggling to keep warm.

If you or someone you know could benefit from our home energy advice service, please get in touch by email, WhatsApp, or phone call. If your phone call is not answered, please leave a voicemail with some information about why you'd like to chat to us and we will get back to you as soon as possible.

Our contact details:

Email: [heat@ecodewi.org.uk](mailto:heat@ecodewi.org.uk) // Phone number & WhatsApp: 074705334577

HEAT



HOME ENERGY  
ADVICE TEAM

## Pembrokeshire FRAME - Advice

Pembrokeshire Frame's community fuel advice coordinator, Frank Farrer and volunteer community champions have spent their time researching the issues and several solutions on how we can hopefully save money to become energy smart.



Here are our top ten tips on how to be energy smart

- Learn to read your meters and give your supplier regular readings to avoid estimated bills
- Understand what tariff you are on and what your energy costs.
- Understand how to correctly use your heating controls and timers.
- Turn off appliances when not in use and avoid using stand-by long term as this will waste energy.
- Use a slow cooker and microwave as both are very efficient ways to save electricity when making meals
- Shower and keep in short between 5-7 minutes if in doubt use a timer. Average energy saving of around £207 a year.
- Dress appropriately for the weather, thin layers are best.
- Only boil the water you need in your kettle. This can save you around £6 a year.
- Go draught hunting, draught-proofing can cut 2% off energy bills, so about £50 a year on average for a typical home.
- Using your washing machine wisely, lower temperature and no more small loads and wash at night, if possible, by using a timer or delayed start function.

Along with these tips we can help you check you are receiving the benefits your entitled to by doing Benefits checks and give advice on maximising your income, give advice on basic household budgeting, We can request an issue electricity vouchers for those in greatest need on prepaid meters, we can assist in applications.

Here are a few handy websites where you can get good reliable information

<https://www.moneyhelper.org.uk/en/tools-and-calculators#>

<https://helpforhouseholds.campaign.gov.uk/>

<https://www.boilerjuice.com/heating-oil-prices-wales/>

<https://www.turn2us.org.uk/>

We can offer to those who use fossil fuels to warm their home and do not have a carbon monoxide detector you may qualify for a FREE one through the VCMA (vulnerable carbon monoxide allowance) scheme from our funders Wales and West Utilities.

If you are over 60 years old, have a child under 5 in your household, live with a disability or have sight or hearing loss you would qualify for being on the Priority Services Register from the utility companies for gas electricity and water. It is a scheme where you are treated as a priority when there are issues your connection to their services and security if you must have a visit from one of their engineers.

With our partnership connections we can connect you with NEST and give advice on special tariffs of Dwr Cymru and work closely with Cwm Arian who can offer heat loss surveys.

If you have any questions, or would like further information please contact Frank via email [frank@frameltd.co.uk](mailto:frank@frameltd.co.uk) or call 07578763453

## Solva WI

invite you to the

**Annual**

## Pancake Coffee Morning

**Tuesday 21<sup>st</sup> February**

**11.00 to 12.30**

**Solva Memorial Hall**

**Tea/Coffee & Pancake £2.50**

**Takeaways 50p each**

**Everyone welcome**

All money raised will be  
donated for research on  
Waldenstrom's Disease



## Solva WI

At the beginning of December, 2 members decorated the windows of WI House in Haverfordwest with colourful Christmas patchwork items made by members. This colourful display was well-received. A 'Tree' was entered in the Tree Festival held in St Aidan's Church and the title raised a few smiles! Our sociable Christmas Dinner was held at 'Mamgus'.

Matters discussed at the meeting held on 12th January included voting for the resolutions to be decided on at the Annual Meeting and a fun game lightened the seriousness of these.

Next month's meeting which will take place at the Croft Holiday Park where a swim will be followed by a lunch & meeting.

On Tuesday 21st February we will be reviving our Annual Pancake Coffee Morning in the Hall, 11-12.30.

On March 9th our speaker at the meeting will be Vicky Wilson on 'Fused Glass Art'.

The Book Group & the Walking Group are meeting regularly.

## Simply Church

Continues to meet on alternate Sunday mornings at 10.30am at the Football Clubhouse, Maes Yr Eglwys, Upper Solva, SA62 6TW on:  
5th and 19th February and  
5th and 19th March

## Community Hymn Singing

From 12.30 to 3pm following our meetings.

Joe Griffiths will be leading us in hearty, Welsh hymn singing on these dates.

Come and join us - all ages are welcome

Ploughman's lunch and hot drinks will be provided throughout the afternoon.

There is a children's craft corner too!

This is part of the "Warm Rooms" initiative sponsored by SCC and the government and hosted by Simply Church

We would love to see you.

Further details from Nadia on 07890 598686

## Clwb Solfach/Solva Lunch Club

An excellent Christmas lunch was enjoyed by all at the Cross Hotel, St Davids just before the break for Christmas. We restarted in the Hall on Wednesday 11th January and will hopefully continue with no breaks until the end of June. We are happy to add more diners aged over 60 or disabled. Also, we would be very glad to make up another team - is there anyone in the community who is prepared to be a leader, please! Contact Jane Pascoe 01437 721544.

## Solva Rowing Club 100 Club

The winners of the last 2 draws of the Solva Rowing Club 100 Club are as follows:

Draw made 01/03/2022: 1st: Dave Perry £30. 2nd: Rob Vaughan £20. 3rd: Selina Taylor £15.

Draw made 01/11/2022: 1st: Alice Wilson £30. 2nd: Penny Lewis £20. 3rd: M Mills £15.



## Solva Care

Solva Care in Partnership with Community Interest Care, based in Neyland, is seeking to recruit staff for our new service based around Solva and Saint Davids providing Personal Home Care. We are looking for kind, caring and compassionate people who want to make a real difference in our community by providing high quality care and support at home.



Salary: Starting salary based on £11.00 per hour with mileage allowance, rising to £11.50 on completion of probationary period. Full training and a range of benefits will be available. A full clean UK driving license and access to a car essential.

Interested in a career with training opportunities and development potential? If so, we would like to hear from you. We are an equal opportunities employer and provide a range of benefits for our staff. For further information and informal discussion please contact:

Solva Care Lesley Robertson-Steel: Mobile 07722091664, email

lesleyrs.solvacare@gmail.com

Community Interest Care Manager Kelly Brown:

Neyland Community Hub: 01646629571, kelly@communityinterestcare.com



### **Bws y Bobl**

Solva Care ran a very successful visit to The Green Shed in Haverfordwest for a delicious, nutritious lunch which was enjoyed by members of Solva Care. The bus was paid for by Solva Care and it was great to see that Bws y Bobl is fully accessible for wheelchair users.

### **Mental Health Drop in Service**

Solva Care has a room in the surgery on Fridays 10-12am, where anyone can drop in and have a chat with Lena or Lesley.

### **Services**

Would you, or someone you know, like support with:

Picking up medication from the surgery or pharmacy / shopping or picking up the paper / a lift to the surgery or post office / dog walking / befriending – someone to have a chat or walk with / support to access services.

Solva Care is here to offer friendly, neighbourly support and has many local volunteers to give you a hand – just contact Lena on 07805 717556 or [contact@solvacare.co.uk](mailto:contact@solvacare.co.uk)

## **West Wales Walking for Well-being**

West Wales Walking for Well-being are organising walks every Monday... minibus shuttle from OYP in St Davids at 13:45 then Solva football club at 14:15 stopping at both lay-bys on route downhill to Lower Solva. Walks are up to an hour in length, and you walk at your own pace and are designed for those that are less mobile or not used to physical activity. To book onto walk either use our website [www.westwaleswalkingforwellbeing.org.uk](http://www.westwaleswalkingforwellbeing.org.uk) or if wanting to be picked up Please phone Sam on 01646 624880 or email [same@pembrokeshirecoast.org.uk](mailto:same@pembrokeshirecoast.org.uk)

## **Mental Health Drop in Service**

Need someone to talk to? Looking for mental health support? Mind Pembrokeshire has Mental Health Drop-in everyday for everyone 10 am – 1 pm in Haverfordwest. They are located at 2 Parrots Road, SA61 2HD (opposite Fred Rees Skoda Garage). They can also be contacted by phone 01437 769982, email [hello@mindpembrokeshire.org.uk](mailto:hello@mindpembrokeshire.org.uk) or their website [www.mindpembrokeshire.org.uk](http://www.mindpembrokeshire.org.uk)

For young people 11-25, there is also Point in Fishguard. They have drop-in sessions at Popworks, Parc-y-Shwt, SA65 9AP. Call 01348 871 887 / 01348 875467, email [enquiries@pointypt.org.uk](mailto:enquiries@pointypt.org.uk) or see their website [www.pointypt.org.uk](http://www.pointypt.org.uk) for more information.

## **Solva & St Davids Macular Society support group**

St Davids Drop in Centre, City Hall, High Street, St. Davids, SA62 6SD 1- 4pm

Dates for 2023:

- February 14
- March 14

From April 11th, meetings will be fortnightly on a Tuesday. The meetings are supported by Solva Care and open to anyone affected by vision loss. Family friends and carers welcome.

Contact:

Margaret 07815 729 856

//

Sandra: 01437 721450 / 0300 3030 111

Help@macularsociety.org

//

Macularsociety.org

## **Shalom House**

### **Shalom House Day Centre:**

Shalom House supports the people of Pembrokeshire, providing holistic, accessible, personalised care for those who have been diagnosed with cancer and other life limiting illnesses, such as MND, Parkinson's and COPD. We are here to support people through a difficult time and to help provide a better quality of life.

### **Shalom House News**

Our next quiz is in The Ship Inn in Solva on Thursday 9th February arrival at 7pm to start at 7.30pm. £2 per person Come and join us for a fun evening.

Just before Christmas We had a visit from the wonderful choir from Ysgol Penrhyn Dewi. They visited Shalom House to entertain our attendees by singing Christmas songs. Such a talented group of young people.

We have been working on activities for the year for Shalom House and we have some very exciting things planned...watch this space.

The team and volunteers at Shalom House are celebrating the generous donation of a car from The Retreats Group, who are also based in St Davids and run Twr y Felin Hotel, Roch Castle and Penrhiw Priory. The car will be based at Shalom House to support attendees, enabling transport from all over Pembrokeshire, hospital and medical visits and for recreational therapies.



## **Solva Churches 100+ club**

The second draw for the Solva Churches. 100+ club took place on Saturday 3rd of December. The winners were:

1st prize: Len Page £70

2nd prize: Janine Railton £45

3rd prize : Sally Wilson £30

## **WANTED**

Small fibreglass rowing boat, under 10 foot.

Please ring: Charles Davies 07972503561

## Oriel y Parc

### **Main Gallery: National Museum Wales: 'On Your Doorstep'**

**Until spring 2023**

It's official, getting outdoors is good for you! And every walk is a chance to discover the nature and archaeology on your doorstep. But how much do we really know about the world around us, and how much is left to learn? You might be surprised! Discoveries come in all shapes and sizes, and anyone can be a discoverer. From ghost slugs to gold coins, let the discoveries in this exhibition inspire you. Then get ready to make your own.

### **Saint Davids Room: New Horizons by Adrian Bradbury**

**Tuesday 13th December 2022 – Saturday 18th February**

Adrian's work focuses on the Welsh coast and where the sea and sky meet. Looking to the horizon can be the hope of something beyond, something new, a new beginning but it is the change of weather that alters our vistas too. Adrian explores the sense of scale and vastness through colour and abstract, interpreting the subject as a series of bold and intense studies.

### **Artist in Residence Tower: Echoes of Quieter Times by Jamie Hamley**

**Friday 2 December 2022 – Sunday 12 February 2023**

Using various different mediums, Celf Jamie tries to convey simplicity and reconnection to something 'older' in his landscape art. Mark making reflects the wild rhythms and character of the landscape while the sleepy dwellings and crumbling sheds reinforce simplicity and honesty, reminding us that less is definitely more.

### **Saint Davids Room and Artist in Residence Tower: Sift by Ancient Connections**

**Thursday 23rd February – Wednesday 29th March**

Sift brings together six artists based in the east of Ireland and the west of Wales working in different mediums. The artists have been commissioned by Ancient Connections, a four year EU funded project that links Wexford and Pembrokeshire. The exhibition weaves together the themes of journeying, sacred places, ancestral heritage, storytelling and longing for home through photography, animation, sound, ritual, text, story, glass and light. Inspired by the findings of the Ancient Connections wider project, the artists involved are Seán Vicary, Linda Norris, John Sunderland, Sylvia Cullen, David Begley and Tracy Breathnach.

### **Discovery Room: Sky, Earth and Sea by Abi Fosdike**

**Thursday 5th January – Sunday 5th March**

Abi's handmade silver jewellery is a story about Pembrokeshire's natural world and the connection between the sky, earth and sea. Inspired by the local wild flora, insects and the landscape, foraged natural finds are used to texture the silverwork producing intricate works of art.

### **Events:**

#### **Arty Craft Weekends - explore your creative side in our self-led drop in workshops.**

Every Saturday and Sunday in February (except 4 February) plus every day throughout Welsh half-term (18 – 26 February, except Wednesday 22 February), 10am – 4pm. FREE!

#### **Experimental Drawing and Mark-Making Workshop**

**Saturday 4 February 2023, 10am – 1pm A workshop for adults, £30 per person.**

Join local artist Kate Freeman for this experimental drawing workshop, suitable for complete beginners as well as artists who wish to paint in a more free, spontaneous way.

The workshop will explore line and mark making using the natural environment of Oriel y Parc as the subject and starting point. Participants will use a mixture of recycled and found materials, with botanical inks.

The workshop will be with a small group of up to 10 people, and those attending will receive a 10% discount on hot drinks and cake at Pilgrim's Cafe.

#### **Welsh Legends Trail Saturday 18th February – Sunday 26th February**

£3 per child, join us for this fun trail, includes a small prize!

#### **Wednesday Club! Welsh Dragon Craft Workshop Wednesday 22nd February, 11am-3pm, £3 per child, booking essential**

Help us to prepare for St David's Day by creating your very own Welsh Dragon at this fun craft workshop. Bring your dragon along to the Parade on Saturday 4th March to celebrate St David's Day with the community!

### **Save the date!**

#### **St Davids Dragon Parade! Saturday 4th March 2023, 11am FREE**

Join us for the annual Dragon Parade to celebrate the birth of our patron saint, St David, by cheering on school children, community groups and locals as they parade through the main street of the City.



## February Calendar



- 01/02** - Warm Rooms, Luncheon Club and Ukulele, Memorial Hall 1.30- 4pm
- 02/02** - Warm Rooms Coffee Morning, Memorial Hall 10.30-12am
  - Solva Cinema: Where the Crawdads sing (15), Memorial Hall 7:30pm
  - Solva Play Group, Solva Clubhouse 10-11.30am
- 03/02** - Friday Club Solva Care, Solva Clubhouse 2-4pm
  - Mental Health Drop in, Solva Surgery 10-12am
- 05/02** - Simply Church, Solva Clubhouse 10.30am
  - Community Hymn Singing, Solva Clubhouse 12.30-3pm
- 06/02** - Warm Rooms with Boardgames and Film, Solva Clubhouse 2-4pm
  - Walk for wellbeing 2.15 - 3.15 pm (pickup from Solva Clubhouse)
- 07/02** - Warm Rooms with lunch, Solva Clubhouse 10.30-1.30pm // Solva Library, Memorial Hall
- 08/02** - Solva Community Council Meeting, Solva Clubhouse 6pm
  - Warm Rooms, Luncheon Club and Ukulele, Memorial Hall 1.30- 4pm
- 09/02** - Warm Rooms Coffee Morning, Memorial Hall 10.30-12am
  - SADS Panto: 'Dick Whittington's Cat', Memorial Hall 7pm
  - Shalom Quiz, The Ship Inn 7pm // Solva Play Group, Solva Clubhouse 10 - 11.30am
- 10/02** - Friday Club Solva Care, Solva Clubhouse 2-4pm
  - Mental Health Drop in, Solva Surgery 10-12am
  - SADS Panto: 'Dick Whittington's Cat', Memorial Hall 7pm
- 13/02** - Warm Rooms with Boardgames and Film, Solva Clubhouse 2-4pm
  - Walk for wellbeing 2.15 - 3.15 pm (pickup from Solva Clubhouse)
- 14/02** - Solva Shop, Memorial Hall 10.30-12.00pm // Solva Library, Memorial Hall
  - Warm Rooms with lunch, Solva Clubhouse 10.30-1.30pm
  - Solva & St Davids Macular Society support group, St Davids Drop in Centre 1-4pm
- 15/02** - Warm Rooms, Luncheon Club and Ukulele, Memorial Hall 1.30- 4pm
- 16/02** - Warm Rooms Coffee Morning, Memorial Hall 10.30-12am
  - Solva Play Group, Solva Clubhouse 10 - 11.30am
- 17/02** - Friday Club s Solva Care, Solva Clubhouse 2-4pm
  - Mental Health Drop in, Solva Surgery 10-12am
- 19/02** - Simply Church, Solva Clubhouse 10.30am
  - Community Hymn Singing, Solva Clubhouse 12.30-3pm
- 20/02** - Warm Rooms with Boardgames and Film, Solva Clubhouse 2-4pm
  - Walk for wellbeing 2.15 - 3.15 pm (pickup from Solva Clubhouse)
- 21/02** - Warm Rooms with lunch, Solva Clubhouse 10.30-1.30pm // Solva Library, Memorial Hall
  - WI Annual Pancake Coffee Morning, Memorial Hall 11-12.30pm
- 22/02** - Warm Rooms, Luncheon Club and Ukulele, Memorial Hall 1.30- 4pm
- 23/02** - Warm Rooms Coffee Morning, Memorial Hall 10.30-12am
  - Solva Play Group, Solva Clubhouse 10 - 11.30am
- 24/02** - Friday Club Warm Rooms Solva Care, Solva Clubhouse 2-4pm
  - Mental Health Drop in, Solva Surgery 10-12am
- 25/02** - Solva Shop, Solva Community Clubhouse 2.00-4.00pm
- 27/02** - Warm Rooms with Boardgames and Film, Solva Clubhouse 2-4pm
  - Walk for wellbeing 2.15 - 3.15 pm (pickup from Solva Clubhouse)
  - Edge Festival Meeting, Harbour Inn 7pm
- 28/02** - St David's Eisteddfod, St David's City Hall // Solva Library, Memorial Hall
  - Warm Rooms with lunch, Solva Clubhouse 10.30-1.30pm



## Editors Note, diolch

After 12 months of editing the Solva newsletter, I have decided to step down from the role. I would like to take this opportunity to thank Solva Community Council, Bruce Payne, Solva Care, Car-y-Mor for their recycling partnership, all those who contribute to the newsletter and of course the voluntary team of distributors for their time and hard work helping our community stay connected. Rachel





# SOLVA SEAFOODS

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## SOLVA

HARBOUR SOCIETY  
 'A Community Benefit Society'

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SOLVA

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