

# SOLVA NEWS



# NEWYDDION SOLFACH

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**Solva Community Council Presents**

**Sunday 4th December**  
**1PM ONWARDS**

## Solva Christmas Fayre

**Solva Memorial Hall & Parc Y Capel Field**

We invite you to celebrate the most wonderful time of the year with us! Come and enjoy good food, local art & crafts, Christmas gift ideas, Meet Santa, Childrens rides, face painting & much more!! Proceeds to go to the Solva Community

**FREE ENTRY**      **FREE PARKING**      **1PM ONWARDS**

SOLVA MEMORIAL HALL  
PARC Y CAPEL FIELD

## SOLVA FIREWORK DISPLAY 2022

**Lower Solva Carpark**  
**Saturday 5th November**

**NO ENTRY CHARGE!**

But the event relies on donations!  
Suggested donation £10 per family.

**HOT FOOD AVAILABLE!**

**6:00pm Bonfire Lit**

**6:30pm Guy Competition with Cash Prizes**

**7:00pm Fireworks**

Decision of date is weather dependant & will be announced 3pm Friday 4th November on **Solva Community Council Facebook Page**

### Solva Christmas Fayre

The Grand Solva Christmas Fayre will be held at 1pm on Sunday 4th of December at Parc Y Capel and Solva Memorial Hall. There will be many festive attractions, including craft stands, festive local produce and drinks, raffle, carols and more!

Children can meet Father Christmas in his Solva Grotto and family pictures in the giant snow globe. Festive refreshments available!

Proceeds to Solva Community, join for our first grand Winter Fayre!

**The Royal George**  
SOLVA  
PUB & RESTAURANT

Visit us on

Wood fired pizza & rotisserie chicken

**FREE PARKING!** Tel: 01437 720002

Tuesday night is Ukulele night from 8pm  
Sunday fun quiz from 8:30pm

Everyone welcome.

From our cows... ...to your cone

## POINTZ CASTLE ICE CREAM

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### MAINTENANCE MATTERS

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## County Councillor update

Since my re-election I have been given the Chair of the Services Overview and Scrutiny Committee. This important committee looks at the services provided by the Council to the residents, questions senior relevant officers and makes suggestions how these services can be run better. One service that I am very keen to examine is the Envirocrime enforcement service, covering fly tipping, dog fouling, dogs on beaches and littering. This is somewhat without a firm direction at the moment as when the previous contract operated by District Enforcement expired and with the Covid issue still causing concern, there were no suitable replacement contractors. Our task as a committee is therefore to decide on the best course forward. To achieve that I have asked that an all 60 Council member survey be distributed to establish what are the common requirements in all of Pembrokeshire so that a suitable Envirocrime service can be established

Solva, in my view, has been a very good example in the fight against dog fouling. As usual, it is likely that a very small percentage of the residents plus possibly a few visitors are the offenders. Thankfully this issue does not seem to be quite as bad as in the past thanks I am sure to the actions of the dog walking group, other volunteers, more bins, and poo bag dispensers, so perhaps the message is getting home. However, in my view, there does need to be an ultimate deterrent for Envirocrime, which is enforcement and eventually fines and that costs PCC to provide that service.

So, the question is, how do we do this? Uniformed officers on random patrol are expensive but effective as long as the culprits are caught and there is a high level of offending. But with more isolated cases perhaps education by community messages is the way forward and shaming the offenders into changing their ways. If PCC has to spend heavily on this, then another service will suffer.

So, I am asking for some feedback from the community as to how best we prevent dog fouling, littering etc most effectively. I also need to know how much of a real problem do you see these issues to be and whether they have improved in recent times

By the time you read this, PCC members will have had another budget update seminar. I am sure you are all aware of the Global, National and Local challenges we all face and as your County Councillor, I will do my best to challenge any cuts that will affect the people I represent and will update further on this matter in the next newsletter.

Best regards, stay warm Mark Carter 07976 553912 phone, text or WhatApp or email [cllr.mark.carter@pembrokeshire.gov.uk](mailto:cllr.mark.carter@pembrokeshire.gov.uk)

## Solva Community Land Trust

The next community engagement event will take place on 24 November 4-8pm in the Memorial Hall. The designers have taken onboard all the points raised in the first event and will now present the preferred layout. Please come along and voice your opinions, the process of building new, affordable and sustainable housing for our village is enhanced by your participation!



### Solva WI

Welcomes new members and visitors.

We meet in Solva Memorial Hall on the 2<sup>nd</sup> Thursday of each month at 2pm

**Contact Jilly**  
**01437 720922**

**ADVERTISING AVAILABLE**  
**For more information,**  
**please contact Rachel on:**  
**[solvanews@outlook.com](mailto:solvanews@outlook.com)**  
**07794063458**



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## Solva Christmas Tree Festival

To be held in St Aidans Church 3 & 4 December

We would like to invite local businesses, community groups and families from the community to enter trees into the festival. We welcome the community to come and vote over the two days for your favourite tree – the winner will be announced during the Christmas concert 4th December at 4pm. The Festival will close with a concert from Goodwick community brass band at 4pm on Sunday 4th - tickets for this are £5 per person and available for Church Council members.

You can also buy a tickets for the concert during the festival days and on the door that afternoon.

To enter the Christmas tree festival please email Sam Probert - sam\_s1@hotmail.com or speak to Brenda Lloyd.



## Christmas Presents from Solva Shop / Siop Solfach

Really nice, reasonably priced presents available from Solva Shop (Siop Solva) in the Memorial Hall at coffee morning on Thursday 10 Nov & 8 Dec (10.30-12.00), or at the Community Clubhouse on Sunday 27 Nov & 18 Dec. We have jewellery, cosmetics, items made in Mongolia as well as those made locally, books and much more.

For more information or to donate goods, contact Fran on 07377059265 or fran34hb@gmail.com



## Solva Youth Christmas Card Competition

Children & young adults (0-18 years) can design a Christmas card with the theme of 'A Solva Christmas.' Judging will take place at the Christmas Fayre at 5pm with prizes for under 5's, 5-10 years, 10-15 years, 15-18 years. Winners will be printed and available to buy as local Christmas cards. Bring entries along at 1pm to the Christmas Fayre to be displayed on Sunday 4th December.

## Solva Shopping Evening

It does feel a little early to mention the 'C' word at the time of going to press, but the Christmas calendar is filling fast. Please SAVE THE DATE Thursday 8th December for the Solva Shopping Evening. Open late for sociable shopping, festive treats, special offers, and of course, mulled wine. Interested businesses can contact Bella at Window on Wales or Angharad at Mamgu's.



## Thirtyfive Mainstreet

Whether you're planning an evening soirée, Bucks Fizz Brunch or relaxed lunch, 35 Main Street has your Christmas party covered.

Call Hannah on 07722456123/01437729236

or email eat@35mainstreet.co.uk to discuss your requirements.



## Bonfire night

Solva will celebrate its biggest ever bonfire night on 5 November, with an eye on the weather of course! This will be the first bonfire night for a few years so let's make it special. The event will take place in Lower Solva on the picnic area, its usual location. Fireworks will start at 6pm with the bonfire at 7pm. This year we will be having Joe to MC the event with music. The local businesses will also be providing food and there will be a cider stall run by Gareth Chapman, all the proceeds of which will go towards the play areas. As this event is run completely by volunteers and funded by donations please help us to fund next year with a donation into one of the buckets that will be available on the night. Car parking is limited in this area so if you can walk please do.

## Edge Festival

Following the success of this year's Edge Festival, we are pleased to announce that the committee has agreed to donate the festival profits to the following local causes. These are:

1. Lower Solva Play Park, a project that required matched funding for a larger grant.
2. Upper Solva Youth project. We are providing a significant grant to provide outdoor table tennis and basketball recreational equipment.
3. Senior Citizens Christmas lunch.
4. Solva Rowing Club for new life jackets
5. Eco Dewi for their community led decarbonisation project.



We have also provided a bursary to support the education of a young person in the village. We are already starting to plan the Edge Festival next year. Please put the dates in your diary, they are 28th, 29th and 30th July 2023. Discounted Early Bird tickets will be available for sale for local residents from December, so a great Christmas present for your family and friends. Watch Solva News for details.

Finally, we are keen to encourage more of you to join the Edge Festival Team. We are a great group of people. We meet once a month from January and between us put on this fabulous festival. If you are interested, please let Kay Reynolds, Bex Ricketts or Patrick Nash know, or email us at [info@edgefestival.co.uk](mailto:info@edgefestival.co.uk)

## Solva Community Council Playground Discussion

On Friday 18 November from 4pm to 6pm in the Memorial Hall there will be a Village Forum to discuss the future of the lower Play Park. How do we see the future of the playground, do we invest money in it to expand and replace the previous play items and if so what type of play equipment should we provide? Come along and have your say.

## Solva Cinema

3 November 6.30 pm AGM & 100th Film Celebration followed by film Elvis (12)  
 1 December Fisherman's Friends – One and all (12A) with optional Fish & Chips (delivered by Whitesands cafe'). Large £10 and small £7.50. Contact Lena for orders 07805 717556 or [solvacinema@gmail.com](mailto:solvacinema@gmail.com)

**2023**

There will not be a film in January.

2 Feb Where the crows sing (15)

Doors open at 7 pm and the film starts at 7.30 pm. Refreshments available or bring your own bottle. Price Adults £5, or become a member for £5/year and get 20% off and free use of a cushion! Under 18's £3.50. We are happy to take suggestions for future films.



## The Mellstock Band

Saturday, December 10th will see another performance in the Memorial Hall enabled by the Night Out Scheme. This time... music. To evoke the Christmas Spirit 'Frosty Lanes and Fireside Cheer'. In their new Christmas Show the band perform in their 1840 Sunday-best clothes playing songs, carols and dances from original sources on village band instruments of the time, fiddle, clarinet, concertina and serpent.



Tickets - Adults £10 Concessions (under 16s, Students and disabled) £5 from 01437 721374/ 07970 614233. Solva Memorial Hall Saturday 10th December 7.30pm.



## Memorial Hall 100 year Anniversary. Dance & Exhibition



Our Memorial Hall celebrates its centenary this year. This will be marked by a dance on 12 November with a Ska band providing the music. Please share the dance details with your Facebook friends and email contacts. Tickets £10.00; bring your own drinks and glass. There will also be an exhibition in the Hall on the 12 November and the week following. This will illustrate landmarks in the Hall's history – the stories behind the names on the memorial plaques and photos of events that have taken place in the Hall over the years. Reserve the date in your diary. For more information, phone Fran on 07377059265 or email [fran34hb@gmail.com](mailto:fran34hb@gmail.com).

## Cost of Living Event at Ysgol Croesgoch, SA62 5JT

Saturday 12 November 11am-3pm

The cost of everyday essentials is rising rapidly and we're all feeling the squeeze on our monthly budgets. Join Llanrhian Connected Community at Ysgol Croesgoch for information and advice to make your money go further this winter. We're gathering a team of experts to share their tips and insights on energy, food, transport and much more!



connected  
community

## Invitation for research participants

PAVS, through funding from the UK Community Renewal Fund and PCC, has commissioned Sarah Hughes and Karen Scott to collect stories from people with lived experiences of financial hardship/poverty and their ideas for making things better in future. The outcome of the research will inform a co-produced plan for tackling poverty in Pembrokeshire.

They would value your contribution and are able to offer you a choice of supermarket vouchers. Or you might choose to exchange your story for Tempo Time Credits, which can be 'spent' at a number of national leisure and cultural outlets, instead of using money. What you tell us will be confidential, and your details will not be kept or shared, unless you give us permission (for example, if you choose to remain involved in the project after sharing your story). If you would like to take part in the project and/or would like some more information, please speak with Lena, Solva Care, [contact@solvacare.co.uk](mailto:contact@solvacare.co.uk) 07805 717556 or contact us directly by phone/text on 07568 225758 or email: [karenannscott62@gmail.com](mailto:karenannscott62@gmail.com)

## Warm Rooms Initiative

Solva has picked up the challenge to help members of our community who need the respite of a warm space.

The scheme, in response to concerns about the impact of soaring heating bills and high living costs, will provide a free warm space for people to come to during the winter months. Residents will have the opportunity to meet others and chat over free tea, coffee and biscuits.

Warm Rooms is inclusive and open to everyone and will run until the end of March 2023. Solva Community Council, Solva Care, Luncheon Club and Coffee Mornings will lead the scheme. SCC will provide light meals. Solva Care will screen a film.

The dates are:

- 15/11 - 10:30a.m. to 1:30p.m. Clubhouse, supported by SCC, light lunch meal available
- 16/11 - 1:30 to 4p.m. Memorial Hall, supported by Luncheon Club
- 17/11 - 10:30a.m. to midday Memorial Hall supported by Coffee Morning
- 21/11 - 2p.m. to 4p.m. Clubhouse supported by Solva Care, film available
- 22/11 - 10:30a.m. to 1:30p.m. Clubhouse supported by SCC, light lunch meal available
- 23/11 - 1:30 to 4p.m. Memorial Hall, supported by Luncheon Club

## Solva Care

Solva Care in Partnership with Community Interest Care, based in Neyland, is seeking to recruit staff for our new service based around Solva and Saint Davids providing Personal Home Care. We are looking for kind, caring and compassionate people who want to make a real difference in our community by providing high quality care and support at home.



Salary: Starting salary based on £11.00 per hour with mileage allowance, rising to £11.50 on completion of probationary period. Full training and a range of benefits will be available. A full clean UK driving license and access to a car essential.

Interested in a career with training opportunities and development potential? If so, we would like to hear from you. We are an equal opportunities employer and provide a range of benefits for our staff. For further information and informal discussion please contact:

Solva Care Lesley Robertson-Steel: Mobile 07722091664, email

lesleyrs.solvacare@gmail.com

Community Interest Care Manager Kelly Brown:

Neyland Community Hub: 01646629571, kelly@communityinterestcare.com



## Simply Church

No frills church, just an opportunity for Christians from all backgrounds to simply meet together to worship God; pray for our world and walk life's journey together. Come and join us at 10.30am on alternate Sunday mornings at the Football Clubhouse, Maes Yr Eglwys, Upper Solva, SA62 6TW. Bring your Bible and a mug for a hot drink. The dates for November are 13th and 27th. We would love to see you. Further details from Nadia on 07890 598686

## Solva Churches 100+ Club

Results for October Draw:

1st Josie Morris. number 106. £50.00

2nd Judy Schunemann number 74. £40.00

3rd Ceri Dewar. number 110 £30.00



## Friends of Treginnis Coffee Morning

We are raising funds to help city children to come to Treginnis farm and experience a different way of life, albeit for only a short time. As everyone will know everything is costing more this year, we are already committed to helping 3 schools to come this year and are hoping to help more over the next. Come on Thursday 3rd November in the city hall. 10:30 - 12:30 pm, all welcome. Entry £2.50 (including a special raffle ticket)

## Câr-Y-Môr News

Firstly, we would like to thank everyone who supported us at the St Davids markets, our beer launch event with St Davids Farmhouse Brewery and at the Edge festival. We have had a busy summer and our new farm is in! We are excited for what is to come over the coming months and urge everyone to keep their eyes peeled for new products we are due to release.

Our shop continues to serve you all fresh lobster and crab among other seaweed products so please pop in to see us. We are open Wednesday-Saturday from 9-5 and are always around if you'd like something out of these times. Everyone is welcome to join as a member, volunteer or investor, so please sign up on our website if you'd like to receive more details through our newsletter. We look forward to seeing you soon!

## **Solva WI**

Our meeting in the Hall on Thursday 13th October commenced with Julian Cremona, one of our favourite speakers. The theme was 'Marine Plankton in Milford Haven' which was fascinating and much enjoyed by members.

The business then followed with a few apologies for absence. It is hoped that, as the next meeting on November 10th is the AGM, more members will be able to attend. This will start at 1pm with a soup lunch. The future of Solva WI is in our hands as most of the present committee wish to stand down and we do need to encourage new members to join us.

We will be decorating the windows of WI House in Haverfordwest for December and will use patchwork items we made a few years ago.

The Christmas meal will be at Mamgu's on Tuesday 13th December, 7 for 7.30.

The Pembrokeshire Federation of WIs Annual Conference will be held on 26th November and the County Carol Service on 4th December.

The Book Group meet in the Ship Inn on Friday and the book they are reading is Love Marriage by Monica Ali.

The next date for the Walking Group in November is undecided.

Solva WI recently won the 2022 Federation Annual Quiz held at the Showground Pavilion.

## **West Wales Walking for Well-being**

West Wales Walking for Well-being are running walks every Monday... minibus shuttle from OYP in St Davids at 13:45 then Solva football club at 14:15 stopping at both lay-bys on route downhill to Lower Solva. Walks are up to an hour in length, and you walk at your own pace and are designed for those that are less mobile or not used to physical activity. To book onto walk either use our website [www.westwaleswalkingforwellbeing.org.uk](http://www.westwaleswalkingforwellbeing.org.uk) or if wanting to be picked up Please phone Sam on 01646 624880 or email [same@pembrokeshirecoast.org.uk](mailto:same@pembrokeshirecoast.org.uk)

## **Notice of meeting**

A meeting of Solva Community Council (SCC) will be held on Wednesday 2nd November 2022 commencing at 6 p.m. in Solva Community Clubhouse.

This is a multi-location meeting allowing community councillor's and members of the public to attend virtually or in person.

Members of the public are warmly invited to attend and are encouraged to notify the Clerk in advance which business items on the agenda they wish to contribute views on.

Agenda and minutes are available from the Clerk and at Solva Community Council  
Bruce Payne - Clerk to the Council, [brucepayne241@gmail.com](mailto:brucepayne241@gmail.com) or 07890 987259

## **Clwb Solfach/Solva Lunch Club**

We are very pleased with an increase in diners!

We have been 5 teams catering for quite some time and would be very grateful if someone could 'head' another team to lighten the load. Please contact Jane Pascoe 01437 721544 for details.

## **BasaltxTrefin Open Art Competition: Step Back in Time**

The competition proved a huge challenge to judge due to the high standard of entrants, so enormous thanks to Mark Raggett VPRWS for his very considered and valuable judgement. Over 40 adults and 50 children took part - and 420 visitors' votes were cast.

Adult artists who won prizes were Pete Monaghan, Maggie Brown, Lett Harris, Lesley Crawley, Mandy Fish, Amanda Wright, Dan Wright, Jo Thomas, Steve Jones, Martin Williams. In addition, six local and visiting children won prizes plus four pupils from Ysgol Croesgoch.



### **Solva & St Davids Macular Society support group**

November meetings at Solva Community Clubhouse:

Monday 31st October At 2 pm to 4 pm

Monday 21st November At 2pm to 4pm

This change is due to the centre being booked on 14th all day for Solva Art Group but we resume on 5th Dec as usual. We hope to have a speaker from Pembs County Council soon to update us on safety at home for the Visual Impaired Tea coffee and Cakes to enjoy together. All visual impaired are very welcome Enquiries to Margaret Hughes 07815729856 or Sandra Young 07528122794

### **Solva Harbour Society**

After having to rearrange from Sat 1st October due to high winds forecast, a successful boat lift out took place on Sunday 2nd October. Could all boat holders please remove any rubbish etc from the Quay. Please note no further boats are to be stored on the foreshore hardstanding.

### **Shalom House**

Shalom House's AGM is being held on Tuesday November 16th, 2022, at 6pm. The meeting will take place online. If you would like to attend; please contact Sam Wilson-Croft on samwilsoncroft@shalomstdavids.org or call on 01437 721 344 and a link and a copy of the agenda will be sent out. The meeting is open to the general public, and all are welcome. We look forward to seeing you there.

Our next two quizzes will be on 1st November at St Davids Rugby Club and our Christmas quiz will be on 20th December also at St Davids Rugby Club. We hope to see you there. We are always looking for volunteers, especially for our St Davids Shop. Please get in contact if you can spare a few hours each week.

### **Solva Care**

Would you, or someone you know, like support with:

Picking up medication from the surgery or pharmacy / shopping or picking up the paper / a lift to the surgery or post office / dog walking / befriending – someone to have a chat or walk with / support to access services.

Solva Care is here to offer friendly, neighbourly support and has many local volunteers to give you a hand – just contact Lena on 07805 717556 or contact@solvacare.co.uk



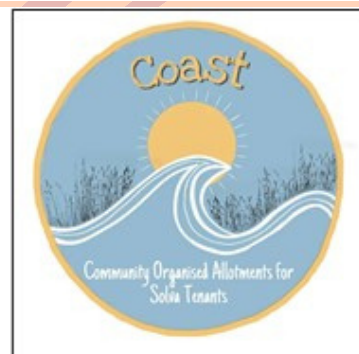
### **Coast Allotment Project Update**

All our plots have been provisionally taken and we'll be contacting those people soon, but if anyone wants to put their name on the waiting list please email coastsolva@gmail.com

We're still looking for gardening books and any old tools for use on site.

Anyone wishing to donate their spare time to weed, help plant trees or general garden maintenance please keep an eye out on our Facebook page for times and dates.

Richard Davies, Whitesands Beach House, whitesandspembs@gmail.com, 07539299407



### **The Syrian Baker**

The evening of 8th October saw Solva Memorial Hall transformed into an unnamed place in the Middle East. There was no room for one more chair as we all became involved in the laughter, sadness and reality of this story of love, family, friendship, and food. The bread baked during the storytelling was shared and enjoyed by the audience at the end of the performance. Another huge success for Farnham Maltings.

## St Davids Surgery

**Flu Clinics:** Please don't wait to be called for your flu vaccination, please ring the surgery to book your appointment. For those patients who are aged between 50-64 years of age and for patients who are under 50 years of age who are clinically extremely vulnerable, we are holding a clinic on Saturday 22nd October between 9am and 4pm, please ring to make an appointment. The Nasal Flu vaccination is also being offered to all children who are aged 2 or 3 years old (i.e. date of birth from 1 September 2018 and to 31st August 2020) – please contact the surgery to make an appointment.

**Covid Booster Vaccinations:** patients should receive a letter or a text from the Local Health Board inviting them to attend for a Booster vaccination at the Pembrokeshire Archive Offices. Please do not ring the practice as we are not involved with the vaccination programme. Please ring 0300 3038322 if you would like to book a vaccination.

**Shingles Vaccination:** If you are aged between 70 and 79 and have not previously received a shingles vaccination but would like one, please contact the surgery to make an appointment.

**Patient NHS Survey:** The experience that you have of care is important to us. We would be grateful if you could complete a survey so that we can understand this better. The questions are based on the things that patients have said matter most. You can complete this survey online by visiting our Surgery website or Facebook page. or call into the practice and pick up a paper copy.

**Zero Tolerance Policy:** The Welsh Assembly Government wants to convey to the public that aggression, violence, threatening or inappropriate behaviour and abusive language will not be tolerated by professionals and staff working in the NHS. Therefore, in line with NHS and Welsh Assembly Government guidance, we operate a Zero Tolerance Policy at Solva Surgery with regards to how patients behave towards our doctors and staff. This means that any patient who acts in this way may be removed from our Practice list and asked to register elsewhere.

**Dispensary & Reception Desk:** Please note that the Dispensary and Reception Desk will be CLOSED for administrative work between the hours of 1pm and 2pm. Telephone lines will remain open for anything that is URGENT, please telephone 01437 721306. There will always be a Doctor on call.

**Repeat Prescription Requests:** Please order your repeat prescription when you have at least 7 days supply remaining. This will allow plenty of time for the surgery to review the request, generate a new prescription, get the GP to sign the prescription and for the dispensing team to order the items from our Wholesalers. Ordering in this way allows both the Surgery and Well Pharmacy in St Davids to work more effectively and this will be to the benefit of all patients.

**Face coverings:** Whilst no longer a legal requirement, please do not be offended if asked to wear a mask to see some of our clinical staff members. Please be respectful of other people's choices, whether they choose to wear a face covering or not. However, If there is a continued increase in positive cases in the community, we may have to reintroduce mask wearing in the practice. If you have a cough, sore throat or temperature please wear a mask and remain in your car or socially distanced from patients in the reception area.

## Oriel y Parc

### Main Gallery

#### ***Amgueddfa Cymru / National Museum Wales***

'On Your Doorstep' Opening Friday 1st April

#### ***Saint Davids Room and Artist in Residence Tower***

Celebration of Welsh Contemporary Painters Wednesday 5th October- Sunday 27th November St Davids Room & Tower Oriel y Parc are delighted to join eleven galleries across south, mid and west Wales to celebrate contemporary painting.

#### ***Mena Ceramics***

Monday 4th October – Wednesday 7th December

#### **Café**

Celf Coast Cymru 10 Exhibition Opening Saturday 1st October

#### **Events**

Wednesday Club! Spooky Halloween Crafts with Kate Evans Wednesday 2nd November, 11am-3pm £3 per child, Booking Essential. Children must be accompanied by a responsible adult. Join us for some ghostly fun and create a creepy concoction of Halloween arts and crafts.

Make spooky willow and clay wreaths for Halloween using natural items, bird food bombs, willow withies and pre-fired ceramic shapes. These wreaths are reusable, recyclable and bird friendly and will look great on doors, in windows, or on trees!

#### **Save the date!**

Christmas Market Saturday 3rd December 10am – 3pm, free entry and free parking  
A celebration of Christmas with local food and craft producers

### St Davids Surgery

Our flu vaccination clinics are now well underway, and our Reception team are contacting patients to allocate an appointment. If you have not yet been contacted, please ring us on 01437 720303 to book an appointment.

The following patients are eligible for a free NHS flu jab at the Surgery:

- All patients aged 50 or over by 31st March 2023
- Patients under 50 who have one or more of the following 'at risk' medical conditions – asthma, COPD, diabetes, a BMI of 40 or over, or a long-term condition affecting the heart, liver, kidneys, brain/nervous system, immune system or spleen
- Patients who are pregnant
- Carers
- Patients who live in a long-stay residential care home or long-stay facility
- Patients with a learning disability

PLEASE NOTE - the Surgery is NOT providing the autumn covid booster vaccinations - all eligible patients will be invited by the Health Board to attend a Mass Vaccination Centre for their autumn covid booster. You will not get your flu jab at a Mass Vaccination Centre (only your covid booster) – so for your flu jab appointment, please ring the Surgery as usual

### Ysgol Penrhyn Dewi Aidan Campus

The nursery and reception pupils on Aidan campus have begun the school year with their new topic, Tell Me a Story. From sharing our favorite books, exploring God's Harvest alphabet to taking a trip into outer space it is safe to say we cannot wait to see where our learning takes us next. Amongst our great adventures we have also enjoyed celebrating Harvest, world Mental Health Day, Diwrnod Shwmae and taking part in the Big Green week.





## Solva Multi-generational Path

Great news! The efforts that the SCC has put in to establish a safe route for wheelchair and pushchair users and all those with disability issues is now progressing. Work has commenced on the section from Pen yr Aber to the Sand Quay and also the Patching. This means that two thirds of the path will soon be completed. The third section to complete the work will commence in the next financial year. This is a great move forward to ensure that all members of our community can travel from Upper to Lower Solva. Many thanks to the PCNPA for agreeing to the project and funding it.

## November Calendar

- 01/11** - Shalom House Quiz, St Davids Rugby Club // Solva Library, Memorial Hall
- 02/11** - Solva Community Council Meeting, Solva Clubhouse 6pm // Spooky Halloween Crafts, Oriely Parc 11am-3pm // Solva Lunch Club, Memorial hall 12:30pm
- 03/11** - Solva Cinema: AGM, 100th Film Celebration and Elvis (12), Memorial Hall 6.30pm // Friends of Treginnis Coffee Morning, St Davids City Hall 10.30am-12.30pm // Solva Play Group, Solva Clubhouse 10 - 11.30am
- 04/11** - Friday Club, Solva Clubhouse 2-4pm
- 05/11** - Bonfire Night, Lower Solva 6pm
- 07/11** - Walk for wellbeing 2.15 - 3.15 pm (pickup from Solva Clubhouse)
- 08/11** - Solva Library, Memorial Hall
- 09/11** - Solva Lunch Club, Memorial hall 12:30pm
- 10/11** - Memorial Hall Coffee Morning & Solva shop stall 10.30 - 12pm  
- WI AGM, Memorial Hall 1pm // Solva Play Group, Solva Clubhouse 10 - 11.30am
- 11/11** - Friday Club, Solva Clubhouse 2-4pm
- 12/11** - Centenary Exhibition, Memorial Hall 2.00pm // Centenary Dance and Exhibition, Memorial Hall 7.30 - 11.00 pm // Cost of Living Event, Ysgol Croesgoch 11am-3pm
- 13/11** - Simply Church, Solva Clubhouse 10.30am
- 14/11** - Walk for wellbeing 2.15 - 3.15 pm (pickup from Solva Clubhouse)
- 15/11** - Warm Rooms, Solva Clubhouse 10.30-1.30pm // Solva Library, Memorial Hall
- 16/11** - Shalom House's AGM, Online 6pm // Solva Lunch Club, Memorial hall 12:30pm // Warm Rooms, Memorial Hall 1.30-4pm
- 17/11** - Solva Play Group, Solva Clubhouse 10 - 11.30am // Coffee Morning, Memorial Hall 10.30-12am
- 18/11** - Playground Discussion, Memorial Hall 4-6pm // Friday Club, Solva Clubhouse 2-4pm
- 21/11** - Solva & St Davids Macular Society support group, Solva Clubhouse 2-4pm // Walk for wellbeing 2.15 - 3.15 pm (pickup from Solva Clubhouse) // Warm Rooms Film, Solva Clubhouse 2-4pm
- 22/11** - Warm Rooms, Solva Clubhouse 10.30-1.30pm // Solva Library, Memorial Hall
- 23/11** - Solva Lunch Club, Memorial hall 12:30pm // Warm Rooms, Memorial Hall 1.30- 4pm
- 24/11** - Solva Play Group, Solva Clubhouse 10 - 11.30am // Coffee Morning, Memorial Hall 10.30-12am // Solva Community Land Trust Community Engagement Event, Memorial Hall 4-8pm
- 25/11** - Friday Club, Solva Clubhouse 2-4pm
- 27/11** - Simply Church, Solva Clubhouse 10.30am  
- Solva Shop, Community Clubhouse 2-4pm
- 28/11** - Walk for wellbeing 2.15 - 3.15 pm (pickup from Solva Clubhouse) // Warm Rooms Film, Solva Clubhouse 2-4pm
- 29/11** - Warm Rooms, Solva Clubhouse 10.30-1.30pm // Solva Library, Memorial Hall
- 30/11** - Solva Lunch Club, Memorial hall 12:30pm // Warm Rooms, Memorial Hall 1.30-4pm
- 03/12** - Solva Christmas Tree Festival, St Aidans Church
- 04/12** - Solva Christmas Tree Festival, St Aidans Church // Solva Christmas Fayre, Parc Y Capel and Solva Memorial Hall 1pm

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**SOLV**

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'A Community Benefit Society'

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Tel Harbour Master: 07485 655754

Tel Trinity Quay: 01437 721725

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Trinity Quay, Solva Harbour

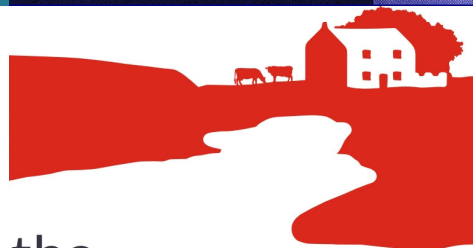
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