

SOLVA NEWS



NEWYDDION SOLFACH



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MARCHNAD

Dydd Sadwrn 3 Rhagfyr 10am-3pm

Ymunwch â ni am ddathliad y Nadolig Ymunwch a ni am ddathliad y Nadolig gyda detholiad o anrhegion, bwyd a chrefftau wedi'u cynhyrchu'n lleol, a bydd bwydydd Nadoligaidd ar gael o gaffi Pilgrims. Ffordd wych o gefnogi gwneuthurwyr lleol dros y Nadolig.

Mynediad a pharcio am ddim Free Entry and Free Parking

Saturday 3 December

10am-3pm

Join us for a celebration of Christmas with a selection of locally produced gifts, food and craft products, plus festive foods on offer in our on-site café.

A great way to support local makers this festive season.



Solva Christmas Fayre

The Grand Solva Christmas Fayre will be held at 1pm on Sunday 4th of December at Parc Y Capel and Solva Memorial Hall. There will be many festive attractions, including craft stands, festive local produce and drinks, raffle, carols and more!

Children can meet Father Christmas in his Solva Grotto and family pictures in the giant snow globe. Festive refreshments available!

Proceeds to Solva Community, join for our first grand Winter Fayre!



Delicious freshly cooked local produce Fully licensed café & take-away **Booking advised** 01437 729236



07837 995910 MAINTENANCE MATTERS

Home & Garden

Interior/Exterior Decorating Fence/Shed/Decking Staining Gutter/Fascia/Patio Cleaning **ALL** Garden Maintenance

Prompt, Reliable, FREE Quotations Dean: 01437 720179 or 07811 151678

County Councillor update

As one of the 60 County Councillors the major topic of discussion in County Hall is how PCC can set a balanced budget for 2023-24. Currently we require £260m to provide services in their current format. 70% of that is spent on Education and Social care . We have a projected income that is £26m less than that i.e. a deficit. This allows for pay increases across the board for Council employees

The Council raises money in 3 ways, by charging Council Tax, by charging for certain services and by receiving a grant from the Welsh Government. An assumption has been made how much we are likely to receive from the Welsh Government and used in the £26m deficit calculation. Just assuming that the Council were to raise by 5% on April 23 that will give approx £3.5 m but this is only as assumption so the challenge is on to identify about £22.5m of savings . Ideally these savings would be made with minimum impact on the public but with reductions that have previously been made it is becoming increasingly hard to identify savings that cannot be seen. As more information is publicly available, I will of course keep residents informed , but in my view any rise in Council Tax should be kept to an absolute minimum as families are already suffering from a massive increase in the cost of living

Secondly, you may be aware that most 30mph speed limits will become 20mph by default from September 2023. The draft proposals have been released and on the maps it shows that the Solva village area that is now 30mph will convert to 20mph from September. If anyone has concerns about this, they should contact me to discuss the matter Finally if any resident is paying separate Council tax for an annexe on their property new guidelines were recently approved by the PCC Cabinet that may offer a saving on the premium. Please contact me for any assistance on 07976 553912 Best regards Cllr Mark Carter

Together For Change

Solva Care's Together for Change Programme hosted a visit by the Hywel Dda Health Board to hear presentations, on 20th October, in Solva Memorial Hall, on the strategy of the Board on prevention. About 70 people from the Peninsula and beyond attended the meeting which was followed by discussions on the plans of the Board for secondary care

and community wellbeing and concerns regarding waiting times. Judith Hardisty, Deputy Chair of the Board explained that there are multiple reasons for the challenges facing the NHS in our region which the Health Board is trying to tackle. Those that came appreciated that Board members came to talk face to face with our communities and would welcome further interaction.



ADVERTISING AVAILABLE For more information, please contact Rachel on: solvanews@outlook.com 07794063458

Solva WI

Welcomes new members and visitors.

We meet in Solva

Memorial Hall on the 2nd Thursday of each month at 2pm

Contact Jilly 01437 720922

Solva Christmas Tree Festival

To be held in St Aidans Church 3 & 4 December.

We would like to invite local businesses, community groups and families from the community to enter trees into the festival. We welcome the community to come and vote over the two days for your favourite tree – the winner will be announced during the Christmas concert 4th December at 4pm. The Festival will close with a concert from Goodwick community brass hand at 4pm on Sunday 4th - tickets for this are 55.

from Goodwick community brass band at 4pm on Sunday 4th - tickets for this are £5 per person and available for Church Council members.

You can also buy a tickets for the concert during the festival days and on the door that afternoon.

To enter the Christmas tree festival please email Sam Probert - sam_s1@hotmail.com or speak to Brenda Lloyd.

Christmas Presents from Solva Shop / Siop Solfach

There will be a stall with books and gift quality goods at the Solva Christmas Fayre on 4th December. We plan also to have a book stall in Lower Solva on the 8th December. We have in the shed several pieces of Keep-fit equipment. If you could make use of this, or are looking out for a particular item of any sort, contact Fran on fran34hb@gmail.com or mobile 07377059265. If I have something similar in the store shed I will contact you.

Solva Youth Christmas Card Competition

Children & young adults (0-18 years) can design a Christmas card with the theme of 'A Solva Christmas.' Judging will take place at the Christmas Fayre at 5pm with prizes for under 5's, 5-10 years, 10-15 years, 15-18 years. Winners will be printed and available to buy as local Christmas cards. Bring entries along at 1pm to the Christmas Fayre to be displayed on Sunday 4th December.

Solva Shopping Evening

Solva Businesses will be open late on Thursday, 8th December. In addition to the shops and galleries, there will be stalls in Auntie Mattie's, Harbour Inn, Number 35 and The Old Pharmacy. The evening will continue with open mic night at



Harbour Inn, and live music from Samuel Walters at The Ship. Please come and join us for some festive fun.

Many thanks, Bella - Window on Wales

Frosty Lanes and Fireside Cheer

We are pleased to welcome the return of The Mellstock Band to bring us some pre Christmas enjoyment. The date - 10th December at 7.30pm. The tickets - £10 adults, £5 child/student/disabled.

From 01437 721374 or 07970 614233, the place - Solva Memorial Hall. We look forward to seeing you there.



Christmas Wreath Making Workshop

1st December 3-5pm, Solva Memorial Hall, £10.00. Traditional Christmas style, feathers or seashell wreath. Bring along own greenery and other items to add on. To book a place contact:

Penny 07794576906 / Rachel 07812987832



Edge Festival

28th, 29th and 30th July 2023

We have been busy working hard behind the scenes to make Solva Edge Festival 2023 even better than last year!

We would love to have more people join our amazing team, to help put on this fabulous festival!

We meet once a month and the first committee meeting will be held on 24th January at the Harbour Inn at 7pm.

If you are interested, please come along, all are welcome or if you would like to have a chat you can contact Kay Reynolds on:

info@edgefestival.co.uk

07889142115

Super early bird tickets:

Our super early bird tickets are now available for local residents!

They are available from Helen Thomas and are a great gift for friends and family this Christmas. Priced at only: Adults £45, 16 – 17 year olds £20

Solva Cinema

A BIG THANK YOU to everyone who has supported the Cinema this year and to those of you who attended our AGM last month.

Every screening costs about £150 (license, hall hire, blu ray DVD and heating). So we need an audience of about 35 every month just to break even. It has been suggested that we create a Supporters of Solva Cinema scheme to make sure we can keep the cinema going. People could donate an amount /year via standing order – it could be anything from £5. Contact Lena if you would be interested in this.

Best wishes for Christmas and the New Year from the Committee!

2023

There will not be a film in January.

2 Feb Where the crawdads sing(15)

Doors open at 7 pm and the film starts at 7.30 pm. Refreshments available or bring your own bottle. Price Adults £5, or become a member for £5/year and get 20% off and free use of a cushion! Under 18's £3.50. We are happy to take suggestions for future films.



Solva Fireworks Display 2022

Thank you! On Friday 4th November Solva Community Council put on a spectacular firework display set against a wonderful coastal backdrop.

We'd like to say a big thank you to all those who supported this year's display. The contribution from the fireworks team, stewards, St John Ambulance Cymru, our Master of Ceremonies, Pembrokeshire Sounds and the bucket collectors was very much appreciated. The display could not have taken place without them.

Finally, Solva Community Council would like to say a big thank you to the community, our local businesses and to all those who attended from Solva, the St Davids peninsula and other parts of Pembrokeshire. Your generous donations collected on the night will help support the 2023 event.

We look forward to seeing everyone at next year's amazing display. *Photo courtesy of Hannah at 35 Main Street*

Memorial Hall 100 year Anniversary

The weekend of the 12th/13th November was important for the Memorial Hall. We marked the Centenary of the opening of the Hall with a dance to the music of Sorted. It is safe to say that a good time was had by all. A memorable evening. Definitely to be repeated but we won't wait another hundred years!! The excellent Exhibition was available from 12th -18th November and was visited and enjoyed by many residents and friends of the village. There were reminders of the last hundred years in photographs, stories, minutes, memories, stage shows, school shows etc etc. The same problems crop up... repairs needed, cost of heating and so on and we are still looking for a new Caretaker just as they were in the 1930s. It seems that not much really changes.

On Sunday morning in beautiful sunshine many people were at the War Memorial on the hill for the laying of wreathes and a short service attended by Soldiers from the 14th Signals Regiment, Brawdy. A memorable weekend for the village.

Warm Rooms Initiative

A network of "warm rooms" will be available for people in the winter months. Solva Community Council has been working with various community groups to ensure they can offer anyone who is struggling to heat their homes a warm welcome.

December Programme

Warm spaces will be available on the following days up to 23rd December:

Memorial Hall:

Wed 1:30 to 4p.m. (Luncheon Club and Ukulele Band)

Thurs 10:30 to midday (Coffee Morning)

Community Clubhouse:

Mon 2pm to 4pm (Solva Care - film show)

Tue 10:30 to 1:30pm (SCC with light lunch)

Friday 1:30 to 4pm (Solva Care Friday Club)

Hot drinks, daily newspapers, board games and Wi-Fi available.

Energy advice surgeries will also be available in January, we are also going to invite speakers to come and talk about saving energy at home and offer other advice on the services that are available.

Solva Treasure Hunt

Solva Treasure Hunt will start 10.30-11.15 am on New Year's Day at Bay view Stores and finish at the Ship Inn at approx. 2.30-3.00 pm

For two years we've been on our knees From the coronavirus disease But spirit and soul Illuminates the goal New Year's Day. You won't be displeased.

Sparkling Solva Celebration

To celebrate our Advent Calendar Windows we are having a festive event on on Wednesday 21 December 5-7 pm in Parc y

Capel and/or the Memorial Hall (depending on weather). There will be mulled wine, mince pies and some Christmas Carols. Do come along!



Solva Christmas Lunch

It's here again! The amazing Christmas Lunch will be served on Saturday 3 December in the Memorial Hall at 12am. So if you are a senior resident of our community please join us. The list is in Bay View Stores so sign up, we want to see as many people as possible. We have a special lunch on the menu accompanied by music followed by time to take your partner for a turn on the dance floor. Come raise a glass on 3 December if you want to get out of the house for a break!

Solva Care

Solva Care in Partnership with Community Interest Care, based in Neyland, is seeking to recruit staff for our new service based around Solva and Saint Davids providing Personal Home Care. We are looking



for kind, caring and compassionate people who want to make a real difference in our community by providing high quality care and support at home.

Salary: Starting salary based on £11.00 per hour with mileage allowance, rising to £11.50 on completion of probationary period. Full training and a range of benefits will be available. A full clean UK driving license and access to a car essential.

Interested in a career with training opportunities and development potential? If so, we would like to hear from you. We are an equal opportunities employer and provide a range of benefits for our staff. For further information and informal discussion please contact:

Solva Care Lesley Robertson-Steel: Mobile 07722091664, email lesleyrs.solvacare@gmail.com

Community Interest Care Manager Kelly Brown:

Neyland Community Hub: 01646629571, kelly@communityinterestcare.com

Bws y Bobl

Solva Care ran a very successful visit to The Green Shed in Haverfordwest for a delicious, nutritious lunch which was enjoyed by members of Solva Care. The bus was paid for by Solva Care and it was great to see that Bws y Bobl is fully accessible for wheelchair users.

Mental Health Drop in Service

Solva Care has a room in the surgery on Fridays 10-12am, where anyone can drop in and have a chat with Lena or Lesley.

Services

Would you, or someone you know, like support with:

Picking up medication from the surgery or pharmacy / shopping or picking up the paper / a lift to the surgery or post office / dog walking / befriending – someone to have a chat or walk with / support to access services.

Solva Care is here to offer friendly, neighbourly support and has many local volunteers to give you a hand – just contact Lena on 07805 717556 or contact@solvacare.co.uk

Simply Church

No frills church, just an opportunity for Christians from all backgrounds to simply meet together to worship God; pray for our world and walk life's journey together. Come and join us at 10.30am on alternate Sunday mornings at the Football Clubhouse, Maes Yr Eglwys, Upper Solva, SA62 6TW. Bring your Bible and a mug for a hot drink. We will be meeting just the once in December on Sunday the 11th. We would love to see you. Further details from Nadia on 07890 598686

Câr-Y-Môr News

You might have seen us out and about quite frequently over the past couple of weeks (when the weather has permitted it of course). We have been planting our new seeded lines on our 3ha farm in the Ramsey Sound. Over the next few months, sugar kelp will be growing in abundance (fingers crossed!). Wild seeding will also occur so we expect to see a number of other seaweeds along with a huge range of biodiversity. If you are ever interested in what we're growing and the different marine life that we're seeing in the sound then please get in contact. Our seaweed from our last growth has started going into some very exciting new products so keep your eyes peeled over the upcoming weeks, who needs to do their Christmas shopping early anyway? We also have 50% off our fertiliser and 15% off fresh frozen crab, you can say thank you later!

Solva WI

On 10th November we held our Annual Meeting in the Memorial Hall which commenced with lunch which comprised of a choice of 3 delicious soups with rolls and a chocolate or 2 to follow! We were very pleased that so many members were able to attend as numbers had dwindled recently.

The meeting commenced with Annual Reports from the President, Mary Haughton and the Secretary, Jilly Missen.

All the present committee except Jilly Missen is happy to remain, Mary Haughton accepted the Presidency. The committee's jobs will be decided at the committee meeting on Tuesday, 22nd November, 10.00 a.m. at Jane Pascoe's house.

At the general meeting amongst items discussed were the need for patchwork items to decorate the windows of WI House in Haverfordwest, our Christmas party & meeting on 8th December & Christmas Dinner at Mamgu's on 13th December. 3 members will attend the Pembrokeshire Federation Annual Council Meeting on 26th November and it is hoped that we will 'produce' a tableau for the Christmas Tree Festival in St Aidan's Church on 3rd & 4th December. The Book Group & the Walking Group still meet monthly.

West Wales Walking for Well-being

West Wales Walking for Well-being are running walks every Monday... minibus shuttle from OYP in St Davids at 13:45 then Solva football club at 14:15 stopping at both lay-bys on route downhill to Lower Solva. Walks are up to an hour in length, and you walk at your own pace and are designed for those that are less mobile or not used to physical activity. To book onto walk either use our website www.westwaleswalkingforwellbeing.org.uk or if wanting to be picked up Please phone Sam on 01646 624880 or email same@pembrokeshirecoast.org.uk

Notice of meeting

A meeting of Solva Community Council (SCC) will be held on Wednesday 7th December 2022 commencing at 6 p.m. in Solva Community Clubhouse.

This is a multi-location meeting allowing community councillor's and members of the public to attend virtually or in person.

Members of the public are warmly invited to attend and are encouraged to notify the Clerk in advance which business items on the agenda they wish to contribute views on. Agenda and minutes are available from the Clerk and at Solva Community Council Bruce Payne - Clerk to the Council, brucepayne241@gmail.com or 07890 987259

Clwb Solfach/Solva Lunch Club

The teams are very happy to be catering for the increase in diners – long may it last! Our Christmas Lunch is being planned for Wednesday 21st December after which, we will take a break until January 11th.

food.

Basalt & Dune

Basalt & Dune We are taking part in St Davids' Christmas Shopping Night late opening on Saturday 3rd December coinciding with the Tree Lighting Ceremony at 1700. Along with other St Davids retailers, we'll be staying open late - until 19.00. We will also be at TYF's Christmas Makers Market at 20 High Street, St Davids on Friday 9th December from 5pm where there will be mulled wine and Christmas

Solva & St Davids Macular Society support group

Our voluntary group will be moving to a venue at St Davids in January, having previously held meetings at the Football Clubhouse, Solva. Our next meeting, however, will be held on 19th of December at the Clubhouse, 2-4pm. We hope to hold monthly meetings over the winter months and will endeavour to help anyone with visual concerns. Our meetings, as well as maintaining a warm and friendly atmosphere with refreshments, have included speakers from Macular Society Wales, RNIB and professional eye specialists, helping members with visual aids, labelling items for easy reading and independence. We have also discussed transport options, statutory and other services.

By creating awareness and accessibility we hope to make a difference. We have set up a regular phone calling service offering friendly emotional and signposting support. Come and share your stories, tap into the skills of the above and help to sustain well-being

for everyone who has concerns about eye conditions.

If you or anyone you know is interested in joining the group or would like to receive information please contact the following Sandra Young 01437 721450, and Margaret Hughes 0788157856.

Shalom House

Shalom House Day Centre

In addition to offering the day centre, we have been able to support individuals and their loved ones to have their care and needs met within their local communities and own homes. Without this service individuals may have had to be admitted into hospital and in the current climate that was a scary thought for many. This home service has been a lifeline for everyone and their loved ones, and as our support continues after the passing, we also have been supporting families and friends with their bereavement needs.

Shalom House News

Our yearly Christmas Raffle has been launched. We have some amazing prizes including a night at Twr y Felin Hotel, a beautiful throw from Melin Tregwent and tickets for Falcon Boats, Folly Farm, Heatherton and so much more.

Scan this QR code to go straight to the raffle page.

Our next quiz is a Christmas quiz on 20th December Clwb St Davids at

7pm, full bar and food menu is available. Our January quiz will be in The Ship Inn in Solva. We are looking for volunteer for our St Davids Shop. If you can spare a few hours please let us know.

Appeal to have a Donation Box

We would appreciate any local businesses support, you could do this by simply having a donation box by your till etc for any passing donations.

If you would like to support us by having one of our donation boxes in your shop, café or local business please email samwilsoncroft@shalomstdavids.org or call 01437 721344 – we can drop off and collect.

Counselling Services:

As always, Shalom House Bereavement Counsellor services are open to anyone who is struggling, not only with Bereavement but also with any concerns that have been exacerbated by Covid 19. This is a free service being offered to again support our local community during these challenging times. It is an easy and straightforward referral process, which can come from your GP, Nurse, any concerned party (with your consent) or directly from yourself. If you wish to access this free service, please email info@shalomstdavids.org or telephone within office hours on 01437 721344 all we need is a very brief outline of your details and we will be in touch very soon after.

Solva Surgery

GP & Staff Training – On Tuesday 13th December there will be staff training from 4.30pm – 6.30pm. Entrance to the surgery will be restricted but telephone lines will remain open, for anything urgent please ring 01437 721306. Patients are asked to collect their repeat medication beforehand or the following day as we will not be able to dispense medication during this time.

GP & Practice Nurse Appointments – Due to staff sickness and annual leave, we will have limited availability for both Doctor and Practice Nurse appointments over the next six weeks. Please continue to use your local Pharmacist who can provide free confidential advice and treatment without you having to make an appointment to see your GP.

Patient NHS Survey – There is still time to complete a patient survey. Paper copies are available from the Surgery, or you can visit the Solva Surgery website or Facebook page where there is a link. The survey is anonymous. The questions are based on the things that patients have said matter the most.

Flu Clinics – We still have appointments available, get your flu jab while stocks last! Please don't wait to be called for your flu vaccination, please ring the surgery to book your appointment.

Repeat Prescription requests – I'm afraid we are unable to dispense repeat prescriptions the same day they are requested. Please can all patients order their repeat prescription when they have at least 7 days supply remaining. We need this amount of notice so that a prescription can be generated, the GP then has to sign it and then it gets processed by the Dispensing team, who then have to order from our Wholesalers. Ordering in this way allows both the Surgery and Well Pharmacy in St Davids to work more effectively and this will be to the benefit of all patients.

Christmas Opening Hours – Please note that there will always be a Doctor on Call when the Surgery is closed. If you need to see a doctor urgently, please telephone NHS 111. In an emergency, please ring 999 or attend your local A&E. Please make sure you have enough medication to cover you over the Christmas period. Thank you.

Friday 23rd December - OPEN Thursday 29th December - OPEN Monday 26th December - CLOSED Friday 30th December - OPEN Tuesday 27th December - CLOSED Monday 2nd January 2023 - CLOSED Wednesday 28th December - OPEN Tuesday 3rd January 2023 - OPEN

Solva Rowing Club

The winners of the last 2 draws of the Solva Rowing Club 100 Club are as follows: Draw made 01/03/2022: 1st: Dave Perry £30. 2nd: Rob Vaughan £20. 3rd: Selina Taylor £15. Draw made 01/11/2022: 1st: Alice Wilson £30. 2nd: Penny Lewis £20. 3rd: M Mills £15.

Mental Health Drop in Service

Need someone to talk to? Looking for mental health support? Mind Pembrokeshire has Mental Health Drop-in everyday for everyone 10 am – 1 pm in Haverfordwest. They are located at 2 Parrots Road, SA61 2HD (opposite Fred Rees Skoda Garage). They can also be contacted by phone 01437 769982, email hello@mindpembrokeshire.org.uk or their website www.mindpembrokesire.org.uk

For young people 11-25, there is also Point in Fishguard. They have drop-in sessions at Popworks, Parc-y-Shwt, SA65 9AP. Call 01348 871 887 / 01348 875467, email enquiries@pointypt.org.uk or see their website www.pointypt.org.uk for more information.

Oriel y Parc

Mena Ceramics

Monday 4th October - Wednesday 7th December

Save the date!

Christmas Market Saturday 3rd December 10am – 3pm, free entry and free parking A celebration of Christmas with local food and craft producers



Ysgol Penrhyn Dewi Aidan Campus

The boys and girls on Aidan campus have had an extremely busy few weeks where they have been learning about shapes, money, number, Joseph and our sounds and letters.

We had a very exciting week prior to half term where the children learnt all about Diwali. The children made their very own Diva lamps, Rangoli Calendars and Diwali sweets which they then sold at their very own market stall. We made £78 and hope to spend the money on getting our very own class pet.



We still love going out and about within the community every Thursday morning and we recently created our very own Solva Shwmae trial. Come and give it a go, copies of our map are in Bay View Stores.

Last week we learnt about the life of an Evacuee called Gracie and walked down to the Cenotaph in Solva to lay down our poppy wreath we created. We learnt a special poem all about poppies and said a prayer for the soldiers.

Shaolin Qigong for Longevity

A new, introductory 8 week course is starting on 11th January 2023 at Solva Memorial Hall; Wednesdays 6-7pm

Qi = "energy" Gong = "work" or "practice"

This unique and ancient Chinese exercise system helps to maintain a healthy and active lifestyle. It balances and cultivates our natural healing resources by enhancing the process of delivering oxygen and "Qi" to the cells.



Through individual effort and practice we can learn to let the body be its own doctor. In addition to cultivating physical health, Qigong also helps with mental clarity. Whether you want to be calmer during your day or have less mental exhaustion, this ancient practice can help bring balance back to your life, allowing you to get back on track and find happiness.

Fey Green, Natural Green Therapy: feygreen@icloud.com / 07802648793 Our Tai Chi Yang style practice, running in the hall since 2010, is still ongoing on Tuesday mornings from 9.00 - 10.00 am. New members and beginners are always welcome. Contact me for further information.

St David's Eisteddfod 2023

The annual Eisteddfod will be held at St David's City Hall on Tuesday, 28 February 2023. Competition schedules are available from committee members and various shops. If you have any queries, please contact the Co-ordinator, Glenys James, on 01437 720447. Eisteddfod Tyddewi 2023

Bydd yr Eisteddfod flynyddol yn cael ei chynnal yn Neuadd y Ddinas, Tyddewi ar Ddydd Mawrth, 28 Chwefror 2023. Mae'r amserlenni cystadlu ar gael gan aelodau'r pwyllgor ac amryw siopau. Os oes gennych unrhyw ymholiadau, cysylltwch â'r Cydlynydd, Glenys James ar 01437 720447, os gwelwch yn dda.

Solva Amatuer Dramatic Society

SADS is up and running with preparations for our February Panto. But we need your help!! We have our cast and core team, but are really in need of help for backstage roles. Can you help with set design or organising props? Perhaps you'd love to turn your hand to costume design? Is promoting and ticket sales your forte? Can you help with sound production or lighting? Maybe you can help out with our junior actors? Please get in touch ASAP on our new FB (Solva Amateur Dramatic Society – SADS) or contact Jess on 07411417135

December Calendar

- **01/12 -** Christmas Wreath Workshop, Solva Memorial Hall 3-5pm // Warm Rooms Coffee Morning, Memorial Hall 10.30-12am // Solva Play Group, Solva Clubhouse 10 11.30am
- 02/12 Warm Rooms Solva Care, Solva Clubhouse 1.30-4pm
 - Mental Health Drop in, Solva Surgery 10-12am
- **03/12 -** Solva Christmas Tree Festival, St Aidans Church
 - Christmas Market, Oriel y Parc 10-3pm // Solva Christmas Lunch, Memorial Hall 12am
- **04/12 -** Solva Christmas Tree Festival, St Aidans Church
 - Solva Christmas Fayre, Parc Y Capel and Solva Memorial Hall 1pm
- 05/12 Warm Rooms with Film, Solva Clubhouse 2-4pm
 - Walk for wellbeing 2.15 3.15 pm (pickup from Solva Clubhouse)
- **06/12 -** Warm Rooms with lunch, Solva Clubhouse 10.30-1.30pm
 - Solva Library, Memorial Hall
- 07/12 Warm Rooms, Luncheon Club and Ukulele, Memorial Hall 1.30-4pm
 - Solva Community Council Meeting, Solva Clubhouse 6pm
- 08/12 Solva Shopping Evening // Warm Rooms Coffee Morning, Memorial Hall 10.30-12am
 - Solva Play Group, Solva Clubhouse 10 11.30am // Solva Shop Stall, Memorial Hall 10.20-12.00am // WI Christmas Meeting and Party, Memorial Hall 1pm
- 09/12 Warm Rooms Solva Care, Solva Clubhouse 1.30-4pm
 - Mental Health Drop in, Solva Surgery 10-12am
- 10/12 Mellstock Band, Solva Memorial Hall 7.30pm
- 11/12 Simply Church, Solva Clubhouse 10.30am
- 12/12 Warm Rooms with Film, Solva Clubhouse 2-4pm
 - Walk for wellbeing 2.15 3.15 pm (pickup from Solva Clubhouse)
- 13/12 Warm Rooms with lunch, Solva Clubhouse 10.30-1.30pm // Solva Library, Memorial Hall
- 14/12 Warm Rooms, Luncheon Club and Ukulele, Memorial Hall 1.30-4pm
- 15/12 Warm Rooms Coffee Morning, Memorial Hall 10.30-12am
 - Solva Play Group, Solva Clubhouse 10 11.30am
- **16/12 -** Warm Rooms Solva Care, Solva Clubhouse 1.30-4pm
 - Mental Health Drop in, Solva Surgery 10-12am
- 18/12 Solva Shop, Solva Clubhouse 2-4pm
- 19/12 Warm Rooms with Film, Solva Clubhouse 2-4pm
 - Walk for wellbeing 2.15 3.15 pm (pickup from Solva Clubhouse)
 - Solva & St Davids Macular Society support group, Solva Clubhouse 2-4pm
- 20/12 Warm Rooms with lunch, Solva Clubhouse 10.30-1.30pm
 - Shalom Quiz, Clwb St Davids 7pm // Solva Library, Memorial Hall
- 21/12 Warm Rooms, Luncheon Club (Christmas Meal) and Ukulele, Memorial Hall 1.30-4pm
 - Sparkling Solva, Memorial Hall 5-7pm
- 22/12 Warm Rooms Coffee Morning, Memorial Hall 10.30-12am
 - Solva Play Group, Solva Clubhouse 10 11.30am
- 23/12 Warm Rooms Solva Care, Solva Clubhouse 1.30-4pm
 - Mental Health Drop in, Solva Surgery 10-12am



Your purchase from us not only supports sustainable practices, it also helps create jobs locally.

Shellfish

Lobster, Crab. Oysters & Mussels

Dried Seaweed

Rope Grown in Ramsey Sound, Pembrokeshire

07773 846560

sales@solvaseafoods.co.uk www.solvaseafoods.co.uk



28TH - 30TH JULY 2023







paul@barnsteadfiresprinklers.co.uk



TRINITY QUAY SOLVA

Tel Chairman: 07494 853642 Tel Harbour Master: 07485 655754 Tel Trinity Quay: 01437 721725

solva woollen mill

we are open all year Monday to Friday

9.30am to 5.30pm

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