## SOLVA NEWS



## NEWYDDION SOLFACH

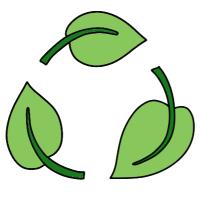
# PDF available to download: https://solva.gov.wales

## **Recycling with Car-y-Mor**

A big thank you to everyone for returning their old newsletters, they have now been donated to Car-y-Mor for packaging.

Please keep returning your newsletters to Bay View Stores!





## **Solva Play Parks Donation**

Stacey Murray presented SCC with a donation of £700.00 on 1st June 2022. The money was raised at an event in the Memorial Hall organised by Stacey to help towards the purchase of a new play equipment.

Thank you Stacey.

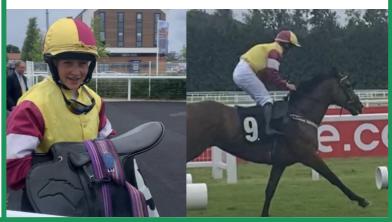


## FREE Please take a copy

#### **Congratulations**

A huge well done to Abi Voyce who recently competed in her first ride as an amateur jockey at Newbury in June.

We wish her all the best of luck for the future!



### **Solva Fundraising for Ukraine**

Community Councillor Joe Griffin recently organised an event, featuring many local bands and singers, to raise funds to help the people of Ukraine. £700 was raised and donated to the British Red Cross to support their Humanitarian aid to Ukraine crisis appeal. Thank you to everyone who attended and gave so generously.











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## **County Councillor update**

Following my re election, the structure of the Council has now emerged. The AGM has taken place and committee seats allocated. The Council now consists of 60 members, 13 Independent group members, 11 Conservative 10 Labour, 2 Plaid, 2 2 Lib Dem and 22 totally independent members. This includes 13 lady members up from 9 on the previous Council.

I have been re appointed to the Planning and Licensing Committees both of which I really enjoy. I have also been given the Chairman of Services Overview and Scrutiny committee. The purpose of which is to scrutinise the services that PCC provides and make recommendations to Cabinet and Council.

One area that as Chairman I am keen to revisit is the Enforcement Service that deals with littering, fly tipping and dog related issues and to see if this service is performing as it should do.

On Thursday 9th June as a member of the PCC Planning Committee I visited the Puma site (refinery) Robeston West to view the proposal for an Eco Park that will provide a long-term solution to deal with Pembrokeshire's waste and recycling. This then returned to the Planning Committee Tuesday 14th June to consider the application and was approved by all members. I felt this to be a very interesting application and a step towards Pembrokeshire becoming a zero waste producer.

As always I am delighted for residents to contact me with any concerns they have Mobile 07976 553912 or 01437 721608, email markmcarter19@gmail.com or even call into the shop on a Sunday 11-2

## **Notice of meeting**

A meeting of Solva Community Council (SCC) will be held on Wednesday 6th July 2022 commencing at 6p.m. in Solva Community Clubhouse.

This is a multi-location meeting allowing community councillor's and members of the public to attend virtually or in person.

Members of the public wishing to attend should notify the Clerk to the Council in advance. Agenda and minutes are available from the Clerk.

The agenda will also be available on the Solva Community Council website:

https://solva.gov.wales

Bruce Payne

Clerk to the Council, brucepayne241@gmail.com / 07890 987259

#### ST DAVIDS BOOKSHOP

Lots of new books, children's titles and second hand

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#### Solva WI

Welcomes new members and visitors. We meet in Solva Memorial Hall on the 2<sup>nd</sup> Thursday of each month at 2pm

**Contact Jilly** 01437 720922



Delicious freshly cooked local produce Fully licensed café & take-away Booking advised 01437 729236

#### **Edge Festival**

The Edge Festival is almost here.

After a three-year gap, the Edge is back. In a few weeks time the tents will go up, the bar will be stocked, food stalls will start cooking, and three days of live music, acoustic sets, poetry, storytelling, guided walks, beer, cider, wine, food, crafts stalls, and much more will kick off. For families we have the bouncy castle, a small fairground and for the first time an escape room.

Weekend tickets are selling, and you can now buy day tickets in advance on the website at edgefestival.co.uk or for Solva residents the best deal is still the weekend tickets that you can get from Helen Thomas.

One of the best ways to be part of the Edge festival is to join in and help make it happen. We are on the lookout for volunteers to help make the Festival a success.

We need people to help at the gate selling tickets, serving drinks at the bar, selling the famous Tipsy Tokens, looking after the Escape Room and car park and much more. We also need help the week before with the setting up from Tuesday 26th to Thursday 28th July and to take it all down on. Monday 1st August.

Please contact us on info@edgefestival.co.uk, call 07788 583602 or come to the Harbour Inn at 6pm on Tuesday July 5th to find out more. Please help make this a great community event.



We look forward to seeing you at the Edge.



#### Solva live

Joe Griffin and Raul Speek enjoyed putting together music and art over the Jubilee weekend and hope to make this a regular annual event.

Turnout for the music over the four days at The Harbour Inn featuring local bands and musicians was great and Raul had nearly fifty local and visiting children painting the mural. He enjoyed putting the canvases together as his contribution to the community

but needs help next time to transport them from the gallery to the harbour!
Anyone who might like to help move things around or help make canvases next year please ring 01437 721907 or drop into the gallery.



#### **Scarecrow Trail: SEAFARERS**

We have a good few scarecrows signed up but need more. Please choose your Seafaring character before someone else does! Advise Fran on 07377059265 . 7-8th August

#### **Solva Regattas**

The Solva Regattas have been running since 1888, and have been an important part of the culture and uniqueness of Solva. Due to the Covid Pandemic two events were cancelled and this year's events have not taken place. New volunteers to form a Committee are needed to fund raise, organise and run the Children's Regatta, the Inshore Regatta and the Annual Raft Race. Hopefully the events can resume in 2023 and Solva will not lose these important Harbour Events which are greatly enjoyed by the local community and visitors alike.

If you are interested please contact Bella on: bellap@tiscali.co.uk



#### Solva Care

### **2022 Questionnaire**

Hopefully you have already filled in your questionnaire and it has been collected. When we last surveyed the whole community, back in 2014, we got an 85% response rate, which is REALLY good! It would be good to equal that rate, if not beat it, this time! It is still not too late - if you haven't returned your questionnaire, you can drop it off at the top shop, or post it in the Memorial Hall letter box, or drop it off at 15 Panteg Road. Many thanks, Mollie Roach - Project Lead

## Queen's Platinum Jubilee Solva Care Cream Tea

Solva Care held a cream tea in the clubhouse on Friday 3 of June. The weather was wonderful and 50+ people turned up, including a couple of tourists. We even ran out of chairs and had to go home and bring some more!

calvos which were reuch approxiated by all

Volunteers had baked scones and cakes, which were much appreciated by all.

#### **Solva Cinema**

7 July Belfast (12A)

4 Aug Encanto (U)

1 Sep The Duke (12A)

Doors open at 7 pm and the film starts at 7.30 pm.

Refreshments available or bring your own bottle.

Price Adults £5, or become a member for £5/year and get

20% off and free use of a cushion! Under 18's £3.50.

We are happy to take suggestions for future films.



## **Solva Harbour Society**

With Summer holidays approaching Members who would like to volunteer for Duty Member to help out on the Quay for available dates in July and August should contact the Clerk on sboa@btinternet.com your assistance would be greatly appreciated. Anyone who has not yet collected their SHS stickers should do so as soon as possible, they can be collected from the Harbour Master (please phone 07485655754 to arrange time) or from the Clerk on a Wednesday from 10am-2pm.

## **Solva Community Land Trust**

The SCLT is now well and truly underway with the design team having been appointed and soli surveys having been completed. The design team will soon generate a layout for the first community engagement event which will take place with the next two months. A basic principle of the CLT is that it can only proceed with full community engagement. It is hoped that planning permission will be achieved within the next twelve months and the first houses will be available to rent by 2024.

#### **Welsh Blood Service**

We are currently low in O / A blood types and it is vital we maximise attendance at all our clinics over the coming weeks to meet demand at hospitals across Wales. With the summer holidays fast approaching, we anticipate some challenging times ahead so we are

highlighting this at the moment.

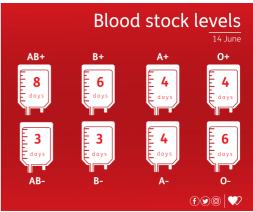
Book today!

https://wbs.wales/SolvaNews Haverfordwest Rugby Club, 18 July & 1 August

@WelshBlood aims to have at least 8 days of

each blood type to help patients in need across #Wales Book today! https://wbs.wales/SolvaNews





### **Solva Village Forum**

60 people attended the first village forum in the Memorial Hall, an event put on by Jamie King and Ifor Thomas. The purpose of the forum was to discuss the village's shared spaces and covered the multigenerational footpath, playgrounds, Community Land Trust, the Memorial Hall and Clubhouse.

One resident voiced their opinion that the the forum should not take place at all outside the remit of the Community Council. Contributions were often passionate with the proposal to tackle the lack of housing for local people by converting the Memorial Hall to four living units, having upgraded the Clubhouse, received most critical attention. Another resident argued that the memorial function of the hall should not be forgotten and the village owed it to past generations to keep the Hall as it was.

Some community members were also against improving the Clubhouse because in their opinion the location was not suitable for a larger venue. An additional view was that replacing the skate park with a pump track would generate too much noise and disruption to neighbouring houses.

Ifor Thomas was concerned that there were no cycle facilities for children in the village and housing for local people was an issue that had to be addressed. A resident voiced their opinion that these were issues that had to be addressed through national policies. It was mentioned that the Four Wards Project which looked at the issues confronting the communities of the north peninsula would be reporting soon and this could help inform the debate. A resident drew the discussions to a close with a plea for an evidence based approach. Submitted by Ifor Thomas, independently of Solva Community Council

### **Solva & St Davids Macular Society UK support Group**

Solva & St Davids Macular Society UK support group held at Solva Clubhouse. Refreshments and support from The Macular Society UK with regular updates on progress to help us get official info on handy tips and aids. Genuine, friendly, like minded local people who need not feel alone with M.D.

Homemade cakes, tea or coffee and a chat.

Team leader Margaret Hughes 07815729856

Held every other Monday 2-4pm, July dates will be the 4th & 18th

#### Clwb Solfach/Solva Luncheon Club

Following the stresses of Covid precautions & being short of 1 team, the remaining teams who take it in turns to cook the lunches, will be taking a slightly earlier break this year. The last lunch in the Hall will be on June 29th BUT we will be having lunch in the Cross Hotel, St Davids on Wednesday 6th July, 12 for 12.30. This will be paid for from our funds. We will restart on Wednesday 7th September at 12.30 in the Hall. New diners welcome!

### **Churches of Whitchurch and Solva 100+ club**

The winners of the latest draw on the 12 June were:

1st £70 Tom Hopkins (61) // 2nd £45 Myra Parkinson (10) // 3rd £30 Ceri Dewar (73)

#### **Oriel y Parc**

#### **Exhibitions**

**Saint Davids Room -** Arolwg. Monday 4th- Saturday 30th July. An exhibition of contemporary Welsh paintings, selected and curated by Ben Lloyd and Sarah Williams.

**Discovery Room -** Joe Frowen Ceramics, Wednesday 6th July – Wednesday 31st August. Discovery Room Windows. Joe's inspiration for the design and surface treatments on his work comes from his love of sci-fi films and subjects to do with the future.

**Artist in Residence Tower -** Flight Inspired. The Birds of Pembrokeshire Coastal Habitats by Elly Morgan. Monday 4th – Saturday 30th July

Enjoy this feast for the eyes with clay silhouette figures of the birds of the Pembrokeshire Coast complemented by hand drawn sketches and poetry.

#### **Events**

**Wednesday Club -** Every Wednesday throughout School Summer Holidays join us for a child-friendly activity at Oriel y Parc. From arty crafts to nature workshops, join us for some creative fun!

**Summer Fun Trail -** Saturday 16th July – Sunday 4th September £2 per child, includes a special prize!

Join us for a fun trail in our centre and grounds, find all the clues to win a small prize!

#### **West Wales Walking for Well-being**

We are holding walks every Monday... minibus shuttle from football club at 14:15 stopping at both lay-bys on route downhill to lower Solva. For a short well-being walk. Walks are paced to suit those who are not used to being active. To book onto a walk, either use our website www.westwaleswalkingforwellbeing or if wanting to be picked up please phone Sam on 07796526166 or email same@pembrokeshire.co.uk

#### Solva WI

This month's meeting was a visit to Glynbach Garden at Efailwen. The very knowledgeable owners, specialise in growing the herbaceous perennials called Monardas, which are part of the mint family having scented leaves e.g. bergamot, bee balm & horsemint. Many have medicinal properties. The day was rather wet but we all enjoyed the outing which included a tour of the garden during which we saw a beautiful grass snake. Otters visit the pond occasionally and weasels nest in the garden – a lovely wildlife haven.

July's meeting, on the 14th, will be our Summer Tea Party and in September we will be holding a recruitment drive in the hope of swelling our dwindling numbers. Ladies, please come and meet us and enjoy the refreshments we will be supplying. Look out for the flyer! Much thought & planning is going into our Scarecrow for the competition in August.

We have speakers arranged for the rest of the year including Julian Cremona who will be giving an illustrated talk on algae.

## **Ysgol Penrhyn Dewi**

Undoubtedly the highlight of the Lent term for the Development Phase (pupils age 7-10) was their performance of Disney's the Lion King Jnr at Ysgol Penrhyn Dewi. Although a show was already planned, many pupils felt very upset and affected by the War in the Ukraine so they decided they would like to fundraise to support Ukrainain Refugees.

As well as working so hard on the performance aspects of the show, pupils worked as the show's production team. They developed skills in all aspects of putting on a show including poster & ticket design, marketing/advertising, working out cost projections & profit margins, designing and creating all masks, headdresses and props and writing persuasive letters to community members to request raffle prizes in aid of the Ukraine. This project was very ambitious for pupils of this age and to witness pupils of this age singing in 3 and 4 part harmony and acting so fantastically was incredible. We are very proud of the children and would also like to thank all the parents and staff that have worked so hard to support the show, in particular Mrs Twitchen and Mrs Buick who sewed the backdrop and Mrs Prinsloo-Thomas and Mrs Reason who made the jungle scenery. Huge thanks to our families and the wider community for their support. Both shows were extremely well supported (nearly sold out) and the pupils performed brilliantly on both nights.

A raffle was an additional fundraiser on both evenings and generated a lot of money. We are very grateful to all those who donated prizes and to Katy Thomas and the Cyfeillion for supporting with the organisation of this as well as their hard work in providing refreshments on both evenings.

The show generated a whopping £2500 profit which has gone to support Ukrainian

families within our communities.

## **Green Flag Awarded**

Ysgol Penrhyn Dewi's Non campus in St Davids and

Aidan Campus in Solva are delighted to announce that in June 2022 we have achieved our Eco Schools Green Flag award!

Bethan Evans-Phillips from Keep Wales Tidy (Eco Schools Wales) visited our school and she was very impressed with what the children have achieved so far. We are so proud of how hard they have all been working to look after our environment and we have lots of exciting ideas as to how we can make our school even more green in the future. #dothelittlethings

### **Solva Surgery**

**Dr Shanker Sivaprakasam -** We said goodbye to our Locum GP, Dr Siva, on the 23rd June. Everyone at the surgery will miss him. Our search to find a replacement continues. In the meantime Dr Sujan Dhaduvai will continue to lead the practice single handed.

**Face coverings -** Whilst no longer a legal requirement, Welsh Government strongly recommend that that anyone attending a health care setting wear a face covering.

Please do not be offended if asked to wear a mask to see some of our clinical staff members. By wearing a face covering we will all be helping to protect others around us, particularly those who are clinically extremely vulnerable. Please be respectful of other people's choices, whether they choose to wear a face covering or not.

If you have a cough, sore throat or temperature please wear a mask and remain in your car or socially distanced from patients in the reception area.

Thank you for your understanding.

**Doors open -** As you are aware over the last couple of years, we have been restricting the footfall into the surgery due to the Covid pandemic.

Recently, many patients have asked why we kept our doors closed when other healthcare settings had opened theirs. This was mainly due to severe staff shortages affecting the dispensary and reception team. Quite often there have been only three members of staff working from 8am – 6.30pm. We are a single-handed practice with one GP. As you can appreciate this put immense pressure on the team and in order for us to provide a service we followed our business continuity plan (no staff = no service)

**Appointments -** We continue to triage all our appointments. Our friendly reception team are unable to offer you any Face-to-Face appointments with the Doctor, however they will offer you an appointment for a telephone consultation; following your telephone consultation, if the doctor feels that it is clinically necessary for you to see them, they will then arrange a time for you to attend the practice.

**e-Consult -** To contact your doctor online, please visit our website and fill out a simple online form to get advice and treatment by the end of the next working day. This can also be used by patients to request sick notes for example.

**Dispensary & Reception Desk** - Please note that the Dispensary and Reception Desk will be CLOSED for administrative work between the hours of 1pm and 2pm. Telephone lines will remain open for anything that is URGENT, please telephone 01437 721306. There will always be a Doctor on call.

### **Simply Church**

No frills church, just an opportunity for Christians from all backgrounds to simply meet together to worship God; pray for our world and walk life's journey together. Come and join us at 10.30am on alternate Sunday mornings at the Football Club House in Upper Solva. Bring your Bible and a mug for a hot drink.

The dates are: July 10th and 24th

We would love to see you. Further details from Nadia on 07890 598686

#### **Shalom House**

#### **Events:**

We had two very successful events over the week of the Jubilee. The first of Shalom House's regular quizzes was held at Clwb in St Davids Rugby Club. We had a great turn out for the evening and a lot of fun was had by all. Our next quiz will be in The Ship Inn in Solva on 26th July. We are really thankful to the both Clwb and The Ship Inn for allowing us to use their premises.

To celebrate the Queen's Jubilee we held an afternoon tea outside Shalom House and our Business Manager had a sponsored Head Shave. The Head Shave raised over £500 for Shalom House. The scones and cakes were made by the amazing team at Shalom House and the jam was donated by Farmers at Home Farm Shop in Croesgoch. We had the talented Sue Hood entertaining us on her keyboard all afternoon and the sun shone brightly.

Pilgrims Café in Oriel y Parc, St Davids, held a raffle in Aid of Shalom House over the Jubilee and were able to donate £775. We are incredibly grateful to them.

#### **Counselling:**

As always, Shalom House Bereavement Counsellor services are open to anyone who is struggling, not only with Bereavement but also with any concerns that have been exacerbated by Covid 19. This is a free service being offered to again support our local community during these challenging times. It is an easy and straightforward referral process, which can come from your GP, Nurse, any concerned party (with your consent) or directly from yourself.

If you wish to access this free service, please email info@shalomstdavids.org or telephone within office hours on 01437 721344 all we need is a very brief outline of your details and we will be in touch very soon after.

Both of our charity shops are open so please come along and support us, all donations are gratefully received as always but with this last year – every penny counts! We hope that you think of your local cancer charity – we need your kind donations to keep helping those who need our support. To keep fully up to date with the shops please follow our Facebook pages; Shalom House Charity Shop – St Davids and Shalom Charity Shop - Fishguard.

## A personal point of view

In most cities, towns and villages across Britain there are memorials to the fallen of two 20th century wars. There are simple cenotaphs and crosses and sometimes, especially in Wales, some very fine sculptures. On a Sunday morning in November each year, communities gather to remember these brave men. We ourselves meet on the hill between Upper and Lower Solva to remember those from the local parish. But here, fifteen local men and women did more. They made the decision to make a former Chapel (plus an extension) into a Memorial Hall and as a result of their donations and foresight the village has been provided with a centre which has been in constant use for the last hundred years. Three plaques in the Memorial Hall show the names of the 43 young men who sacrificed their lives and their futures so that we, young and old, can enjoy the freedoms which we all take for granted today. This is not a myth or a legend. Nor is it sentimentality. It is the truth. Many of those named have descendants and relatives living in the village - now......in the 21st century. We owe them a debt of gratitude by caring for their Memorial. Submitted by Carol Ann Jones.

#### **Solva Defibrillator Locations**

Please note Solva has 4 defibrillators at the following locations:

Upper Solva (to open the cabinets press 'C' and turn knob clockwise)

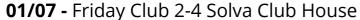
1. Solva Community Clubhouse 2. Solva Memorial Hall

Lower Solva (access code is C123. This code is written on the cabinet and on a notice above the cabinets.)

1. Harbour Inn

2. Trinity Quay

## July calendar



02/07 - Solva Harbour beach clean

03/07 - Sunday Barry's fun quiz, The Royal George 8.30pm

04/07 - Solva & St Davids Macular Society UK support Group // Walking for Well-being

**05/07 -** Dewisland People's Shed, St Davids Scout hut, 10 -12 // Edge Festival volunteer sign up, Harbour Inn, 6pm

06/07 - Solva Luncheon Club // Solva community council meeting

**07/07 -** Solva Cinema, Belfast (U)

08/07 - Friday Club 2-4 Solva Club House

**10/07 -** Simply Church //
Sunday Barry's fun quiz, The Royal George 8.30pm

11/07 - Walking for Well-being

12/07 - Dewisland People's Shed, St Davids Scout hut, 10-12

13/07 - Solva Luncheon Club

14/07 - Solva Shop/Siop Solfach, Solva Memorial Hall

15/07 - Friday Club 2-4 Solva Club House

17/07 - Sunday Barry's fun quiz, The Royal George 8.30pm

18/07 - Welsh Blood service, Haverfordwest Rugby Club // Solva & St Davids Macular Society UK support Group // West Wales Walking for Well-being

19/07 - Dewisland People's Shed, St Davids Scout hut, 10-12

20/07 - Clwb Solfach/Solva Luncheon Club

22/07 - Friday Club 2-4 Solva Club House

**24/07 -** Solva Shop/Siop Solfach, Solva Clubhouse //
Simply Church // Sunday Barry's fun quiz, The Royal George 8.30pm

25/07 - West Wales Walking for Well-being

**26/07 -** Dewisland People's Shed, St Davids Scout hut, 10–12 //
Edge Festival set up, festival site // Shalom house quiz, The Ship Inn Solva

27/07 - Edge Festival set up, festival site // Solva Luncheon Club

**28/07 -** Edge Festival set up, festival site Edge Festival volunteer final briefing, Solva Clubhouse, 6pm

**29/07 -** Edge Festival

30/07 - Edge Festival

31/07 - Edge Festival



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