

SOLVA NEWS



NEWYDDION SOLFACH

PDF available to download:
<https://solva.gov.wales>

FREE
Please take a copy

Return Your Newsletters

We are excited to announce our new partnership with Câr-Y-Môr!
We are now asking all residents to return their used newsletters so they can be repurposed for packaging. As the paper used doesn't contain any plastic and is sourced from sustainable forests, we would love to extend the life of our newsletters. Please drop off any old copies of the newsletter at Bay view stores (just ask at the counter and one of the lovely staff will be happy to assist).

Previously, we had also been using single use plastic bags to package the newsletter bundles for our amazing distribution team. However, this didn't sit quite right with us and our plans as a community to protect the environment. So, we have now purchased folders (made from 95% recycled plastic) which will be reused every month.



Security of domestic oil tanks

Heating oil theft is extremely costly and makes you question the safety of your home. Some helpful tips to help prevent theft: Install an Heating Oil Tank Alarm / Install CCTV / Get Security Lighting / Put Gravel Around Your Tank / Keep Your Tank Hidden

Garage Sale, Saturday 30th of April

All sorts of lovely household items: some new, some hardly used and some just loved! Proceeds to the RNLI.

27 Prendergast, Solva. Please park along lane after turning area

SALE
SALE
SALE
SALE

Housing

Available and Wanted

Due to the current housing issues we would like to help prospective renters and landlords find each other. If you or someone you know is looking for accommodation or has a property available please let us know so we can include them in our next edition.

Pembrokeshire based couple Laura and Tristan (employed by the coast guard) are looking for a long term rental between Broadhaven and St Davids. Ideally one/two beds but can be flexible. They can be contacted via; lomarie13@gmail.com or 07561110272

<p>The Royal George SOLVA PUB & RESTAURANT</p> <p>Facebook icon</p> <p>New Italian Restaurant Menu</p> <p>FREE PARKING! Tel: 01437 720002</p> <p>Thursday is Ukulele night from 8pm! Barry's Fun Quiz - 9pm Sundays Everyone welcome.</p>	<p>From our cows... POINTZ CASTLE ICE CREAM ...to your cone</p> <p>www.PointzCastle.com</p>	<p>07837 995910 info@llanungar.wales www.llanungar.wales</p> <p>LLANUNGAR CARAVAN & CAMPING Solva, Pembrokeshire SA62 6UA</p>	<p>MAINTENANCE MATTERS Home & Garden</p> <p>Interior/Exterior Decorating Fence/Shed/Decking Staining Gutter/Fascia/Patio Cleaning ALL Garden Maintenance</p> <p>Prompt, Reliable, FREE Quotations Dean: 01437 720179 or 07811 151678</p>
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Local Government Election 2022

Local Government Elections will be held in Wales on Thursday 5th of May 2022. This will include elections to Pembrokeshire County Council and elections to Town and Community Councils in Pembrokeshire. Elected councillors will serve a term of 5 years. Please visit the PCC website for information on candidate nomination papers and the election timetable:

Local Government Election 2022 - Pembrokeshire County Council

You can find a link to the PCC website on the SCC website: www.solva.gov.wales

Mouse project

The Mice are getting ready to return to Solva! Solva Care have been sent a message to say that bags are being packed in Aberporth and the mice are readying the boat for the return to Solva! On May 1st the mice are expected to land in the harbour and make their way up to Whitchurch for the Fun Day at the Old Vicarage and then they will take residence all around Solva for their summer holidays. Make them feel welcome by putting out your own crafted or painted mice and join in with the family mouse trail - the more the merrier!

If you would like to join in - produce or host a fun mouse, please get in touch:

Chris and Ellie Sherwin on 07788 583602 or csdesigns@talktalk.net



Solva Community Council Meeting

A meeting of Solva Community Council (SCC) will be held on Wednesday 6th April 2022 commencing at 6p.m. in Solva Community Clubhouse.

This is a multi-location meeting allowing community councillor's and members of the public to attend virtually or in person.

Members of the public wishing to attend should notify the Clerk to the Council in advance.

Agenda and minutes are available from the Clerk.

The agenda will also be available at: Solva Community Council

Siop Solfach & Sgwrs/Solva Shop and Chat

Lots of new and nearly new items on offer at rock bottom prices. The Shop is open at the Clubhouse/AFC on the 4th Sunday of the month (2.00-4.00) and at the Memorial Hall on the 2nd Thursday of the month. See April dates in the Calendar Section. All proceeds help support Solva Care, the Memorial Hall and other village facilities. Contact: Fran (07377059265 or fran34hb@gmail.com).

Easter Coffee Morning:

After two Easters of lockdown it is a real pleasure to be planning another

Easter Coffee Morning on Thursday the 14th of April.

There will be a Craft Group

Table and a Siop Solfach table as well as a raffle of Myra's Simnel Cake and other prizes

The Thursday coffee morning started in April 2005 - 17 years ago so we are looking forward to welcoming friends old and new to help us celebrate Easter 2022.



Kepow Theatre - On The Edge

Solva Memorial Hall. Saturday 9th April at 7.30pm

We are very pleased to welcome Kevin Tomlinson back to the Memorial Hall as part of the Night Out scheme run by the Welsh Arts Council. Many of you will remember Kevin's previous hilarious evenings, so we are looking forward to some more fun.

Tickets £10 // concessions £5 - (children, students and disabled)

Call 01437 721374 or 07970 614233

Mosaics

Solva Care is running a 3rd mosaics project this year, in cooperation with Solva Community Council, to be installed in Parc y Capel. The idea is to commemorate, in images, people who have passed away in the last couple of years. If you have someone you would like to commemorate, please contact Lena on 07805 717556 or contact@solvacare.co.uk and let us know what image you associate with that person (could be a flower, butterfly, boat etc). Date, time and venue for the mosaics classes to follow.

West Wales Walking for Well-being

We are holding walks every Monday... minibus shuttle from football club at 14:15 stopping at both lay-bys on route downhill to lower Solva. For a short well-being walk. Walks are paced to suit those who are not used to being active. To book onto a walk, either use our website www.westwaleswalkingforwellbeing or if wanting to be picked up please phone Sam on 07796526166 or email same@pembrokeshire.co.uk

St Davids and Solva Art Group

The Spring Exhibition of local art work from the St Davids & Solva Art Group is opening on Monday 11th April in Oriel Y Parc in St Davids. There will be a wide selection of art work to view and purchase - this amateur group is talented and creative and their work is always a good viewing!! All original work with framed and unframed paintings, handmade prints and priced to suit all pockets.

So do come and have a browse round - we will be open from 09.30 - 4.30 daily and the exhibition closes on Easter Sunday afternoon.

See you there.



Clwb Solfach/Solva Luncheon Club

The number of attendees remains variable and we would gladly cater for more.

For the amazing price of £4, the lunch includes a main course & a pudding followed by tea or coffee. Anyone aged 60 over, or disabled, within the Solva area (but we could stretch this a little!) is more than welcome.

Contact Jane Pascoe 01437 721544



Parc y Capel Winners

The winners of the 3rd draw of the churches of St Aidan Solva and St David Whitchurch 100+ club which took place on Sunday 13 March are:

1st prize £70 Gemma Phillips (2) // 2nd prize £45 Tom Hopkins (61) //
3rd prize £30 Pat Richard's (28)

Edge Festival

29th, 30th and 31st of July 2022

There is lots of activity preparing for this summer's Edge Festival. We can now announce more of the performers that will be playing. These include Memphis Lee and the Creepers, playing a mixture of authentic sounding rock n roll and rockabilly, Sorted playing Ska, Bootleg Bee Gees playing (guess what)! Local band Onco Fonco, Slipped Disco and more. We've also got an acoustic tent with performers including Rona Mac, Rudi Lloyd Benson and Kacy.

There is a great literature line up too with with storytellers Peter Stevenson and Deborah Winter, poets Kate Potts and Abigail Parry and writers Daniel Butler and Euron Griffith.

We have lots of food and drink stalls. We have wood fired pizza, burgers, Greek food, crepes, ice creams, cup cakes, chocolates and lots more. Plus of course the Green Scar Bar with a huge collection of craft beers and ciders, plus wines and Solva Gin. No need to shop for the weekend, you'll have lots of choice eating at the Edge.

You can still buy Early Bird tickets from Helen Thomas from March onwards for £45 each (£25 for 16-17-year-olds) and avoid paying the booking fee for online tickets.

Contact Helen at 07432 648596 or heljthom@hotmail.com

Would you like to help make the Edge Festival a huge success this summer?

We are looking for people who can spend a small amount of time between now and July to come and join us. If you would like to help, please contact Patrick on 07900 241774 or Chris and Ellie on 07788 583602.

Or email us at info@edgefestival.co.uk

Summer is coming!



Solva Cinema

7 April The House of Gucci (15) Drama, based on true events, telling the story of the family behind the iconic fashion house.

5 May No Time to Die (James Bond) (12A) – a glamorous evening with cocktails and nibbles. Feel free to dress up!
Price tbc and tickets will need to be pre-booked and pre-paid.

9 June West Side Story (12A)

Doors open at 7 pm and the film starts at 7.30 pm.

Adults £5 and under 18's £3.50. Become a member for £5 and save 20%. Refreshments available.



Simply Church

No frills, just an opportunity for Christians from all backgrounds to simply meet together to worship God; pray for our world and walk life's journey together.

Come and join us at 10.30am on alternate Sunday mornings at the Football Clubhouse in Upper Solva. Bring your Bible and a mug for a hot drink.

We would love to see you on April 3rd & 17th // May 1st, 15th & 29th
Further details call Nadia on 07890 598686



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The 4Wards Community Project

The 4Wards Project funded by the UK Community Renewal Fund is underway in the four Wards of Solva and Brawdy, Llanrhian, St Davids and Milford East. Four people have been contracted by Solva Care's Together for Change Programme to explore with citizens how collaboration between the Wards could help maintain and improve the wellbeing and prosperity of the communities involved. Sue Chichlowska has written a report to inform the start of the project. It is at the draft stage and will soon be widely available.

Solva's contact is Rachel Kelway-Lewis:

"I grew up in Solva and believe our community is a great example of how people can work together to create a resilient community improving wellbeing and prosperity! I look forward to speaking with local residents of Solva & Brawdy to learn more about what community means to us along with how this can be maintained, or even improved. I can be contacted via email on: rachellew94@live.co.uk"



Prosiect Cymunedol 4Wards Community Project



UK Government
Llywodraeth y DU

This project is funded by the UK Government through the UK Community Renewal Fund
Arianir y prosiect hwn gan Lywodraeth y DU drwy Gronfa Adfywio Cymunedol y DU

Solva Care - Connecting our Community

Would you, or someone you know, like support with:

Picking up medication from the surgery or pharmacy / shopping or picking up the paper / a lift to the surgery or post office / dog walking / befriending – someone to have a chat or walk with / support to access services.

Solva Care is here to offer friendly, neighbourly support and has many local volunteers to give you a hand – just contact Lena on 07805 717556 or contact@solvacare.co.uk



SOLVA WI

On Thursday 10th March, instead of a meeting, 13 members travelled by coach to 'Cegin Gareth' for a day of food & floral demonstration. This outing had been planned for 2 years ago as Covid hit us, and even for this visit 1 member couldn't attend for that reason!

Gareth is a talented 'showman' and prize winning florist and has written several books. His cookery demonstration included the food for lunch which was delicious and plentiful, including the cakes served with morning coffee and afternoon tea.

On March 1st – St Davids Day and Shrove Tuesday, we held what was always, our charity fundraising Pancake Coffee Morning. It was good to see so many people attending and we raised £100 for 'Get the Boys a Lift' a mental health charity in Haverfordwest.

We have now completed collecting 100 bags of rubbish for the PFWI 100 year challenge and some photographs and a poem recording this has been sent in for inclusion in the Pembrokeshire WI newsletter.

The Book Group & the Walking Group continue to meet.

We would love to welcome more members and so, we hope to hold a Tea Party in Parc-y-Capel in July, to which all ladies in this area will be invited.

UPDATE: Members are requested NOT TO PAY the WI Subscription until our next meeting on April 14th.

Solva WI
Welcomes new members
and visitors.

We meet in Solva
Memorial Hall
on the 2nd Thursday
of each month at 2pm

Jilly
01437 720922

Câr-Y-Môr News

Our two meet and greet events at the end of February went really well, and we hope that everyone who attended was able to learn a little more about Câr-Y-Môr! If you weren't able to attend either of these events, we will hopefully be doing more in the future, to ensure all local communities are kept up to date with our progress.

During March, we attended the British Science Week at Haverfordwest High with The Darwin Centre. We talked all about seaweed farming, and how it can be a good solution to future issues with food production! The children identified seaweeds, made posters, and came up with good questions to ask us! See some examples of the posters the children made in the photo!

We are still waiting for the results from our application about our larger, 3 hectare farm. Watch this space!

If you have any questions or concerns, please email dan@carymor.wales. Don't forget about our volunteering days, they are the first Thursday and last Saturday of every month. email dan@carymor.wales to get involved! Also, we have fresh and dried seaweed, shellfish, crab and lobster available to order and collect from our base at Clegyr Uchaf! Call us to find out what we have in stock - 07773 846560

Finally, we still always need any leftover / old newspapers, and poly boxes for sending out orders! If you know where to source these, or have any left over you wish to donate, please email admin@carymor.wales and we will collect!



Whitchurch Garden Fun Day

May 1st 10am – 4pm at Whitchurch House, Whitchurch, Solva, SA62 6UD

A day not to be missed. Fun for all the family at both Whitchurch House and St David's Church.

An opportunity to stock your garden, buy garden related items, take part in crafts, follow trails, view displays of art and history, and of course enjoy some well deserved refreshment and good company. Look out for the arrival of the Solva Mice!

All for just £2.00 for adults - children free



Solva Mini Library

The Library in the Memorial Hall is now open each Tuesday from 10 - noon and 2 - 4pm. Everyone welcome. No charges, no fines and no restriction on returning books by a certain day. If you are unable to get to the hall you can phone a request for a particular book or author and if we have it on the shelves we will do our best to deliver it to you with the help of Solva Care. For help phone 01437 721374 or 07970 614233

Peninsula Producers Food Hub

The Peninsula Producers Food Hub has continued to grow, ensuring that residents and visitors across the peninsula have easy access to the wealth of local food producers via our online farmers' market. In order to help us further develop this sustainable community enterprise, we are really excited to announce that we are joining forces with EcoDewi.



This partnership begins with us announcing our success as one of five organisations across Wales to be awarded funding and support through the innovative Resilient Green Spaces programme. Our success will give us access to support from Open Food Network, Development Trusts Association Wales, Landworkers Alliance and Social Farms & Gardens to develop a really thriving food hub in the St Davids Peninsula. Our food hub will continue provide access to food that is good for people, good for the environment and good for local business.

And thanks to this funding, we are now recruiting for a part-time Food Hub Manager to help us take the hub to the next level. You can see and share the role details at:

<https://ecodewi.org.uk/food-hub/>

Resilient Green Spaces has received funding through the Welsh Government Rural Communities – Rural Development Programme 2014-2020, which is funded by the European Agricultural Fund for Rural Development and the Welsh Government.

If you haven't had a chance to use the Peninsula Producers Food Hub yet, you can check out what local produce is available by visiting the online shop at:

<https://openfoodnetwork.org.uk/peninsula-producers-food-hub/shop#/shop>

If you would like to find out more about the Food Hub please check out the EcoDewi website or email foodhub@ecodewi.org.uk. For more info on the Resilient Green Space programme, please visit:

<https://www.farmgarden.org.uk/resilient-green-spaces>

Solva Rowing Club

Solva Rowing Club season has started. This is an exciting time for the club, we grew to nearly 50 members last year, there is a full league and challenge race fixture list ahead of us, we have our own race to host in May – Ramsey Challenge May 28th and we are hoping to have at least 2 crews actively taking part in some of the league races. There is also another one-off Five miles from Home race in April and a new All Wales event in Neyland in September. We also intend to row at least twice to Little Haven for Sunday lunch and still have the challenge of holding one of our committee meetings out the back of Green scar one summer evening! If you want to find out more we will be holding a 'membership morning' on the quay at Solva on Sunday 10th April from 10am. Otherwise club nights are held every Tuesday from 5.30pm on the quay (rowing shed is by the well in Kelvin's shed). Everyone is welcome, we offer two free taster sessions if you haven't rowed before or rowed for a long time but would like to give it a go. This gives beginners a chance to row before having to commit to join the club. For more information please refer to www.solvarowingclub.co.uk Here's looking forward to a busy season of rowing.

SRWC 100 Club - Three draws took place recently with the following prizes: 1st - £30; 2nd -£20; 3rd - £15 // 1st prizes – Josie Beckett (77), Sam Probert (30) and Dave Perry (37) // 2nd prizes – Penny Lewis (35), G. Mills (67) and Rob Vaughan (8) // 3rd prizes – Helen Thomas (9), Adrian Vaughan (79) and Selina Taylor (6)

MamGu's Welshcakes

CWTCH 4 CAMHS - MamGu's Fundraiser Success for Mental Health Services

Last Month we teamed up with local businesses in the Solva and St Davids Peninsula to raise vital funds for CAMHS Preseli Centre by running a fundraiser. The event was unfortunately cancelled due to storm Dennis, however with raffle prizes which blew the roof off (so to speak), the community raised a grand total of £1,910, Velero kindly donated £500 to this total.

A proportion of the funds raised could go towards paying for up to 2 young people to partake in 10 surf lessons with "TONIC Surf Therapies" this is to help build confidence, self-esteem and engage in physical activity which enjoying the breath-taking scenery of the Pembrokeshire coastline. The donations could also go towards essential equipment such as stress balls, mindfulness books and craft stationary. Additionally, TYF adventure, St Davids has kindly donated an activity session for 8 young people at the centre.



"We have been blown away by the generosity and support of local businesses in our community, we hope the donations will make a difference to those in need" – Becky Swift, Co Owner of MamGu's

Solva Harbour Society

Due to bad weather delaying some owners being able to prepare their boats, the Lift In date for 2022 has been changed to Tuesday 19th April.

The SHS Ltd General Meeting will be held at the Memorial Hall on Saturday 9th April at 10am.

Members are reminded to make payment within 30 days of their bill.

The slipway on Trinity Quay is for Members only (car/boat stickers must be displayed).

There are plans to hold a Boat Jumble on Trinity Quay, details to be confirmed.

Visitors can collect their car/boat stickers from the Trinity Quay office from the Harbour Master or the Clerk on a Wednesday Morning (proof of insurance is required).

Currently there are no plans to hold a Solva regatta event this summer. Due to ongoing concerns about COVID-19 at the start of the year and holding events of this nature, the regatta committee did not commit to any dates.

Also our chair Stephen Probert is stepping down from the committee.

"I have thoroughly enjoyed my time at the helm of the regatta committee over the last 10 years, however due to ongoing family, work and other commitments I feel now is the right time to hand over the reins to someone else who will hopefully bring in some fresh ideas and energy. The regattas are a fantastic and traditional event going back well over 100 years so it would be sad to see it disappear altogether. I appeal to anyone who thinks they would like to take over the chair role, we have a fabulous committee who are knowledgeable and passionate about keeping the event alive for future generations."

If anyone would like to step up for the role of chair please contact Stephen Probert on info@solvaregattas.co.uk

Solva Parking

A number of residents had responded to the invitation set out in the March Newsletter about parking in Prendergast. SCC acknowledges that parking is an essential requirement in the village and recognises this can be a pinch-point for residents and visitors alike at certain times of the year. SCC will evaluate the changing travel patterns of everyone and encourage the local Authorities to adopt a joined-up approach about the role of parking in Solva.

The subject would be addressed by newly elected members post local elections in May.

Residents should report any local parking infringements by phoning the non-emergency number for Police, 101

EcoDewi

We have been busy supporting the St Davids Peninsula communities with environmental & sustainability projects that benefit both community and nature.

We continue to work with TYF on the Repair Café and are excited to announce a partnership with the wonderful team at Mamgu for a repair café and clothes swap evening on Friday 29th April; keep an eye on our social media channels for timings.

Beach cleans have continued and EcoDewi has taken the Newgale Beach Wombles group 'under our wing' to ensure their continued existence. As always, we welcome your input as to where needs cleaning and how we can help ensure our marine environment is protected.

Dewi's Acre / Erw Dewi community garden continues to blossom, with volunteers joining us from across the peninsula. It was great to host a group from Solva Care in the garden and we hope to continue this relationship. A new wildlife pond is being dug and on 16th March we were officially awarded a Community Management Award by Social Farms & Gardens; great recognition of the hard work of all the volunteers. Everyone is welcome to get involved, in whatever way they feel comfortable, and weekly volunteering sessions alternate between Wednesdays, Fridays and Saturdays with all dates advertised on the Dewi'sAcre Facebook page.

Wildlife conservation & climate change action goes on with tree planting at Waun Fawr in St Davids and also at Roch Community School. We really hope to work with Ysgol Penrhyn Dewi Aidan Campus to support their planting ambitions this year too. In addition, in April we will be relaunching the Mini Meadows campaign, helping residents and organisations create mini meadows and rewild areas of their land. If you want to know more and get one of our coveted recycled wood blue hearts, then get in contact. Follow us on Facebook, Instagram and Twitter sign up to our mailing list via our website at ecodewi.org.uk or just drop an email to jeremy@ecodewi.org.uk. Get involved and help us try to tackle climate change and the biodiversity crisis at a local level across the peninsula.



Parc y Capel Fete

On Monday May 2nd we are holding our best ever fete to celebrate the imminent arrival of summer and we hope, the coming of the end of the Covid pandemic which has had such a traumatic effect on our community. The disease is still prevalent but the indications are that the symptoms now are relatively mild so there is less to fear. May 2nd will be a good opportunity to enjoy each others company out in the fresh air of Parc y Capel. This fete also marks the transition of ownership from the chapel to the community with Solva Community Council as the custodian. We will have all the usual stalls which make for a successful fete so you can buy plants, books take part in our raffles and bottle stall whilst enjoying homemade cakes and tea. So please come along. The fete raises money to help fund the maintenance of Parc y Capel — this green heart at the centre of our community. see you on May 2nd!

If you want to help please contact Ifor on 07971038643

Solva Surgery

Appointments - The surgery continues to operate a full telephone triage service. If you have a medical query and would like to speak to a Doctor or Nurse please telephone the surgery on 01437 721306.

PLEASE WEAR A MASK - Patients are still required to wear a mask when attending the surgery, whether it's for an appointment or to collect a prescription. Coronavirus symptoms - Please do not attend the surgery for an appointment if you have any cold-like symptoms, including a temperature, a new continuous cough, a loss or change to your sense of smell or taste. Or if you have been in contact with someone who has had a positive PCR result or if a member of your household has tested positive for COVID-19. This is not only to protect our workforce but to protect other patients.

Dispensary/Reception opening Hours - Our Dispensary and Reception Desk is closed between the hours of 1pm and 2pm. Telephone lines will remain open. In an emergency please telephone 01437 721306. Prescription Collection - 2.00pm to 5.30pm, Monday to Friday. Please note that we require at least 48 hours to process orders for repeat prescriptions, and we kindly ask that patients re-order medication at least one week before they are due to run out.

Flu Vaccination - Are you a patient aged 50 years and older (age on 31/03/22) or aged 6months - 49 years in a clinical risk group (have a respiratory disease, heart disease, kidney disease, liver disease, diabetes, morbid obesity) and yet to have your flu vaccination, then please contact the surgery to arrange an appointment, we have limited stock left.

Ear syringing - Unfortunately we no longer offer this service at the practice. The Local Health Board are finalising plans to implement an Ear Syringing Service for all practices in Pembrokeshire. However, due to the ongoing pandemic, lack of resources and staff shortages, there has been a delay in doing this but hopefully the service will be up and running in the next few weeks. In the meantime there are various establishments in Pembrokeshire that provide this service privately. Please contact us and we would be happy to give you a contact number.

Easter Opening Hours - Solva Surgery will be closed over the Easter Bank Holiday including Friday 15th and Monday 18th April. We really appreciate your understanding during these difficult times and would like to thank you in advance for your co-operation.

Booster Vaccinations

The Practice is supporting Hywel Dda Health Board with the rollout of the Spring Booster Vaccination. As per Welsh Government Guidance this booster is being offered to specific patients. Patients registered at the Practice, aged 75 years and over who's last booster was 3 or months ago are eligible.

The Practice will invite all eligible patients by using text messages, telephone calls or letter. Please do not ring us. We have a few hundred patients in this age group so it will take time to contact everyone, your cooperation and patience is appreciated.

We are awaiting further information as to when we will receive a supply of the vaccinations, but hope to start clinics sometime in April.

Please look out for updates our Surgery website or Facebook page.

Shalom House

Fundraising

If you have any ideas for fundraising or would like to be involved, please get in contact. All donations are gratefully received via the website at shalomstdavids.org. If you would like to support us by having one of our donation boxes in your shop, café or local business please email samwilsoncroft@shalomstdavids.org or call 01437 721344 – we can drop off and collect for you. We are looking at running a quiz every other month to raise money for Shalom House and The Ship Inn have generously agreed for us to use their private room. We are also thinking of holding a small tea party for the Queens Jubilee. We are still in the planning stages, but watch this space.

Counselling

We are also offering free counselling, it is an easy and straightforward referral process, which can come from your GP, Nurse, any concerned party (with your consent) or directly from you; info@shalomstdavids.org or call 01437 721344

Shalom House Charity Shops

To keep fully up to date with the shops please follow our Facebook pages; Shalom House Charity Shop – St Davids and Shalom Charity Shop - Fishguard. We are also looking for volunteers, for more details visit our website.

April Calendar

- 03/04** - Simply Church
- 04/04** - Walk for Wellbeing
- 05/04** - Solva Library // People's shed, St.Davids
- 06/04** - Luncheon Club // Solva Community Council Meeting
- 07/04** - The House of Gucci (Solva Cinema)
 - Câr-Y-Môr volunteer day
- 09/04** - Solva Harbour Society general meeting // Kepow Theatre
- 10/04** - Solva Rowing Club membership morning
- 11/04** - Walk for Wellbeing
 - St Davids & Solva Art group exhibition
- 12/04** - Solva Library // People's shed, St.Davids
- 13/04** - Luncheon Club
- 14/04** - Memorial Hall Easter Coffee morning with Solva shop stall
- 17/04** - Simply Church
- 18/04** - Walk for Wellbeing
- 19/04** - Solva Library // Solva boat lift // People's shed, St.Davids
- 20/04** - Luncheon Club
- 24/04** - Solva shop/Siop Solfach
- 25/04** - Walk for Wellbeing
- 26/04** - Solva Library // People's shed, St.Davids
- 27/04** - Luncheon Club
- 29/04** - Repair Café and Clothes Swap Evening
- 30/04** - Garage Sale
 - Câr-Y-Môr volunteer day



If you have anything you would like to contribute to the next edition of the Solva newsletter please contact us on: solvanews@outlook.com

SOLVA SEAFOODS

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Solva Edge Festival

3 DAYS OF LIVE MUSIC, POETRY,
LITERATURE, TALKS, GREAT FOOD
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29TH - 31ST JULY 2022

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