



The newsletter can be downloaded as a pdf from the website:
solva.gov.wales/solva-newsletter/

September 2021 No. 150



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Please take one**



Solva Ultrafast Full Fibre Broadband Project - Update

22% of Solva has now registered interest in the PCC led Ultrafast Fibre Broadband Project. For the project to go forward we need over 35% of residents and businesses to register. To help push the project forward please encourage friends, family or neighbours to complete the survey online: <https://www.pembrokeshire.gov.uk/broadband-survey>
Please sign up Now!



Donations for Defibrillator pads

Arnold Boorman of the Royal Antideluvian Order of Buffaloes presents a cheque for £90 to Mary McMahon, Treasurer Solva WI, for contribution to the replacement defibrillator pads used in Solva.

Solva Care has also contributed to buying a couple of pads, but it would be good to have some in stock. If you would like to donate towards spare ones, go to www.solvacare.co.uk or call Lena Dixon on 07805 717556.



Thursday Coffee Morning and Mini Library - every Thursday Memorial Hall 10.30 - 12 noon.

We have been back in the Hall for 11 weeks, still with some COVID restrictions but getting back to our usual friendly atmosphere in spite of them. The end of the season is a good time to catch up with old friends and meet new ones.

All ages are welcome as are well-behaved dogs. At the moment ages attending range from four and a half months to ninety-six and the dogs from one to eleven.

The library has a very good selection of fiction and nonfiction. There is no restriction on the length of time you have to read the books. A warm welcome awaits.

On Thursday 23 September we will be raising money for the annual **Macmillan Coffee Morning** with cakes, a raffle and a small stall - join us if you can.



Foreshore Picnic Area

The seeding of the foreshore picnic area was completed in July and now we have the makings of a grand area for additional tables and benches. Thank you to the members of our community who have contributed new tables. This is a very popular area used by visitors to picnic, launch paddle boards and kayaks and the Solva Swimmers are also known to have the odd barbecue there. To celebrate our community coming alive again after the dark days of Covid, we are holding a mini-festival on this site on 25 September. There will be entertainment, food and drinks. Summer is over and we welcomed back our visitors, so 25 September will be a time to celebrate. Watch out for posters and social media information.



The Royal George
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Thursday is Ukulele night from 8pm!

Barry's Fun Quiz - 9pm Sundays

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Solva WI

Following a break in August, the next meeting will be on Thursday 9 September. This will be at Picton Castle and will include a tour to be paid for from Marilyn Davies' bequest. The Gardens are well worth a walk around and lunch is available.

A short Business meeting will take place before lunch. Contact Jane Wells immediately if you have not done so already.

Solva Defibrillators

Three of the defibrillators in Solva are managed by Solva WI. So far this year they have been used twice. Pads that are placed on the chest to monitor the heart and deliver the shock are disposable and must be replaced after each use. We have had two very generous donations from the Royal Antideluvian Order of Buffaloes and Solva Care (see front page) to fund these replacements, but we must be informed that the machines have been used so that they can be checked, pads replaced and the machine made ready for further use.



Please inform the following people if any of the defibrillators are used:

Ann Tyler: 07779 052234, Kathy Davies: 07967 934756 and Helen Thomas: 07432 648596 (these numbers are also in the defibrillator cabinets). Defibrillators are placed at: Solva Memorial Hall, Upper Solva, Harbour Inn, Lower Solva and Trinity Quay, Lower Solva

Breaking News - There is a new Defibrillator at AFC Community Clubhouse which is being looked after by Helen Thomas and one at Llanungar Caravan Park, maintained by Llanungar Fach Farm.

EcoDewi & the local environment

Peninsula focused environmental group EcoDewi met with Solva Community Council this summer to discuss some of its grass roots projects and highlight how they would like to help support environmental efforts and action in the Solva area. This follows a talk to Solva Care's Friday club a few weeks earlier.



The community group is keen to discuss ideas such as community orchards, beach cleans, community energy, creation of mini meadows on verges, land management changes, sustainable business practices, recycling and the plastic free communities scheme, as well as seek input and other ideas from local residents.

Solva has already carried out some great projects to improve the local environment and EcoDewi is keen to collaborate to do even more to benefit locals and wildlife. To find out more visit: ecodewi.org.uk and sign up to their e-newsletter, [facebook.com/ecodewiGroup](https://www.facebook.com/ecodewiGroup) or on Instagram and Twitter, or email them directly at hello@ecodewi.org.uk.

Solva Community Land Trust



Solva CLT is happy to announce that the next AGM meeting will be held at 7pm on Monday 13 September at the AFC Community Clubhouse. The agenda will be sent to all members beforehand. If you have any questions please email Rachel on: on rachellew94@live.co.uk

Solva WI

welcomes new members and visitors
We meet via ZOOM at present, but hope to be back in Solva Memorial Hall very soon
Contact Kathryn:
01437 721283

Solva Community Cinema

2 Sep "Misbehaviour" (12A)
7 Oct "Nomadland" (12)
4 Nov "Dream Horse" (PG)

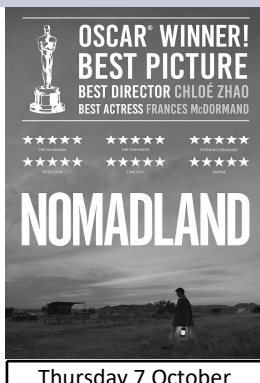
Tea/coffee/soft drinks are available and you are welcome to bring your own wine! **Doors open: 7 pm - film starts: 7.30 pm**

Pre-book your tickets:

07805 717556

01437 717556

solvacinema@gmail.com



Scarecrow Notes 2021 – Theme Animated Characters Results.

Winner Best Scarecrow - **Optimus Prime** (Transformers) (The Wells family)

Winner of Cleverest Scarecrow - **Getafix** (Asterix) (Sandra & Jimmy Young)

Winner Funniest Scarecrow - **Spongebob** Square Pants (Jackie & Craig Young)

Special Mention for No 8 - Woody (Frazer Nicol) - the only TRUE (straw) scarecrow!

Congratulations to the following which were recognised correctly every time:

4 Spongebob (Jackie Young - winner Funniest), 6 Wilma Flintstone (WI - several Best votes), 8 Woody - Toy Story (Frazer Nicol), 9 PO-Kung-Fu Panda (Gill & Ifor), 10 The Clangers (Janine & Howard), 11 Winnie the Pooh (Ann & Robin), 12 Scooby-Doo (Lena & Kelly), 17 Minnie Mouse (Viv, Harbour Inn) 19 Top Cat (Jackie & Terry - several Best votes) and 20 Betty Boop (Peter & Jane). Those that caused puzzled brows were:

- 1 Mrs Tiggywinkle (Andrew) - taken for Miss Muffet, Banana in Pyjamas, Mrs SpikeyT
- 2 Holly Hobie (Jackie/Billy) - taken for: Alice (10), Snow White, Sally Mali, Miss Muffet, Red Riding Hood.
- 3 Itchy & Scratchy (Libby Hobbs) - taken for Tom & Jerry (20), Ratatouille
- 5 Getafix (Jimmy & Sandra - winner Cleverest) - taken for Merlin, Dumbledore
- 7 Optimus Prime (Wells Family - winner Best) - taken for Cyberverse.
- 13 Melman - Madagascar (Natasha) - taken for Georgina Giraffe - 64 Zoo Lane (5), Gerald Giraffe
- 14 Olive Oyl (Richard) - taken for Popeye.
- 15 Elsa - Frozen (Molly) - taken for Chucky Bride (2), Heidi
- 16 Groot - Guardians Galaxy (Graham Family) - taken for Stick Man (2), Tugg
- 18 Noggin the Nog (Jonathan) - taken for Hiccup (2), King Rollo

Name the Scarecrow

Many thanks to all who supported the Memorial Hall by taking part in this competition.

The winners came from near and far and there were many happy smiles when the winners collected their knitted scarecrow prizes. The winners were, on Sunday: Jack, Toby, Harry, Sean and on Monday: Hywel, Ted, Sam, Owen. **Huge thanks are also due to Mollie Page** who knits the scarecrows every year (rumour has it that she is already knitting next year's winners!). This year they raised £90 for the scarecrow weekend. Well done everyone.



Clwb Solfach/Solva Luncheon Club

Our break during August was much needed and well deserved by the helpers as the extra care over hygiene and safeguarding the members was very stressful. But so far, all has gone well. We restart on Wednesday 1 September but, care will still have to be taken. New members and helpers are always welcome - Contact Jane Pascoe 01437 721544



Shalom House Day Centre

Shalom House is back open full time. In addition to offering the day centre, we have been able to support individuals and their loved ones to have their care and needs met within their local communities and own homes. Without this service individuals may have had to be admitted into hospital and that was a scary thought for many. This home service has been a lifeline for everyone and their loved ones, and as our support continues after the passing, we also have been supporting families and friends with their bereavement needs.

New Business Manager - Sam Wilson-Croft - Sam will bring her vast experience of working in both the care sector and hospitality to her job at Shalom House. Part of her role includes fund-raising and looking after the shops. She will be delighted to hear from you regarding any ideas or projects. 01437 721334 / info@shalomstdavids.org





Solva Community Council - Notice of Meeting



A meeting of Solva Community Council will be held on Wednesday 1 September 2021.

The meeting will commence at 6pm in Solva AFC Community Clubhouse.

This is a multi-location meeting allowing Councillors and members of the public to attend virtually or in person. Members of the public wishing to attend should notify the Clerk to the Council in advance. Agenda and minutes are available from the Clerk Bruce Payne:

brucepayne241@gmail.com / 07890 987259

The agenda will also be available at <https://solva.gov.wales/>

St Davids Surgery – Flu vaccinations and Covid-19 booster vaccinations

The surgery aims to commence its annual flu vaccination campaign around the last week of September 2021, subject to delivery of the vaccine as planned.

****Please don't ring us yet to book a flu jab appointment – we will be in touch with eligible patients as soon as we receive the vaccine****



Patients eligible for a free NHS flu vaccination at the Surgery are:

- Patients aged 50 years and older (age on 31 March 2022)
- Patients aged 6 months to 49 years in clinical risk groups (those with chronic conditions such as respiratory disease, heart disease, kidney disease, liver disease, neurological disease, diabetes, morbid obesity)
- Immuno-compromised/immuno-suppressed patients and their household contacts
- Children aged two or three years on 31 August 2021
- Pregnant women
- Unpaid Carers
- Patients with a learning disability

Wales is set to see its largest ever flu vaccination programme this autumn, amid warnings from the Chief Medical Officer that there could be a co-circulation of flu and COVID-19 this winter, as well as other respiratory infections. It is not yet known where the Covid booster vaccinations will be carried out, nor whether it is feasible to offer them at GP Surgeries at the same time as the flu vaccination programme.

We will post further information on our Practice website as soon as we know the Health Board's plans regarding roll-out of the Covid booster vaccinations: <https://stdavids.gpsurgery.net/>

Community Clubhouse

Following the successful installation of photovoltaic panels and a storage battery to the Clubhouse, we are now running on practically free electricity whatever time the Clubhouse is used - the battery stores energy from the sun in the day and then releases it when required. This project was grant funded as is the next improvement work - installing a new front door and fire escape door. These projects will be completed by the end of the year. Bruce Payne, the Community Council Clerk has been diligent, and successful in his pursuit of grant money to help us improve this facility. We have also installed CCTV that covers the grounds, play park and football field. The CCTV stores recordings for up to 30 days and will help us spot dog owners who let their pets foul the playing area. So please remember, **clean up after your dog or you could be appearing on YouTube!** The Clubhouse also now hosts the new Community Shop where people meet, buy bargains and chat. To help pay for the continuing improvements at the Clubhouse we have installed a donations box for car park users. If you use the car park regularly we would love to benefit from some of your loose change!

Mouse trail - Maps available at Bay View Stores, Window on Wales and Solva Care website.

4 Have fun finding them and doing the quiz!



Solva Care - Connecting our Community

Do you, or does someone you know, need assistance with:



- **Picking up medication from the surgery or pharmacy**
- **A lift to the surgery or post office**
- **Dog walking**
- **Befriending (someone to talk to on the phone)**
- **Shopping/picking up the paper**
- **Info/support to access services.**

Solva Care is here to offer friendly, neighbourly support and has many local volunteers who are happy to give you a hand - just give us a call. Or, if you would consider becoming a volunteer contact: Lena Dixon, Coordinator: 07805 717556 / contact@solvacare.co.uk

Solva Care

Connecting our Community

Annual Meeting

Tuesday 14 September 2021

Cheese & wine at 6 pm &

Annual Meeting at 6.30 pm in

Solva Memorial Hall

All welcome!

Come along and find out what we have been doing during Covid & future plans.

Hywel Dda Health Board

Urgent message to those waiting for second Moderna vaccine dose and those who have not received first - We urgently need your help to ensure our stocks of Moderna are used. From 18 August, we are calling upon people who had their first dose of Moderna six weeks ago or more, to please come forward to receive their second dose. If you haven't had your first dose yet, and are aged 18 and over, please also come forward so we can use up all the vaccine available to us. Please visit your nearest vaccination walk-in centre (no appointment necessary) to receive your dose. The centres are at Carmarthen Show ground drive through, Pembrokeshire Archives, Dafen and Thomas Parry
<https://hduhb.nhs.wales/healthcare/covid-19-information/covid-19-vaccination-programme/mass-vaccination-centres/>



MamGu Welshcakes - ##RECRUITING FOR OUR CAFE##

We have positions available at our cafe with immediate start both full and part time! Looking for both a part time chef and full/part time Front of house staff come and join our lovely team. Email hello@manguwelshcakes.com with you CV to apply or go to indeed to view jobs we currently have available.



Transport - Just to remind you that Solva Care has volunteers who are happy to help with transport to events like the Luncheon Club, Coffee morning or Friday Club. Also, to Solva and St Davids surgeries, Bay View stores etc. We can usually help with a lift to Haverfordwest to attend doctor's or dentist's appointments if you are stuck. Call Lena, Co-ordinator on 07805 717556

Save some money, help Solva Care and the planet!

Solva Shop & Chat/Siop Solfach & Sgwrs at the AFC Community Clubhouse.

Please put the following dates in your diary and come and give the shop a try:

Wednesday 1 September 10.00-12.00 (refreshments available)

Sunday 19 September, 2.00-4.00 (refreshments available)

Wednesday 29 September, 10.00-12.00 (refreshments available)

We have a lot of books, household items, toys, clothes & shoes, cosmetics, etc, donated by people in the village and nearby. We keep the prices low and the shop is steadily raising funds for Solva Care and preventing useful items going to landfill.

Customers who have come so far have enjoyed themselves and found some good bargains.

So why not come along next time, look at the goods and have a cuppa with your friends and maybe make some new ones. For more information or to donate goods, contact Fran: 07377 059265 or fran34hb@gmail.com



Community Car Park

The Community car park is now well established opposite Bay View Stores. The intention was to try and alleviate some of the traffic congestion experienced in the lower village over the busy summer months. This is the site of the Community Land Trust housing scheme, but that will not begin construction until next year. So far the car park has generated over £300 for the community coffers - all of it helps when we have so many projects on the go. Many thanks to Gwyn and his staff for being the collecting point for the car park fees, without his help it would not have been viable.



Caerhys Organic Farm - Gerald Miles: It was great to enjoy the Ukulele Pirates at the Royal George after two years! The volunteers from the farm loved the event. Looking forward to their performance at the harvest party coming up.

SCAM! Just got a call from my bank's fraud prevention unit. Nice fella called Lukas. Kind enough to send me through a text under my bank's umbrella text number to prove he was genuine and legitimate. Told me how my account was being fraudulently used and confirmed the last 4 digits of my account number. Told me he didn't need my full account number or pin as he was going to cancel my card, for my own safety. I'd get a new card out in 3 days. All he needed me to do was call out the code sent to my phone. If I had called out the code, which my actual bank had sent me as a warning that someone was trying to authorise a large purchase through my account, that code would have allowed him to proceed with the transaction and I would have been scammed. As such, when I told him I'd ring him back, he became much more insistent, saying that he was in fact helping me. I reiterated that I would ring him back, he hung up the phone very abruptly. I checked with my bank who confirmed it was indeed a scam. Be careful - Be on your guard - Always check.

The Cinnamon Trust

The Trust is the national charity for the elderly and terminally ill and their pets. We seek to keep owner and pet together for as long as possible with the help of a national network of volunteers who offer free assistance when day to day care poses a problem. We will be very grateful for any help you are able to offer. Contact sallycollins@cinnamon.org.uk / 01736 758707 / 01736 757900.

Solva Rowing and WaterSports

Four crews from Solva Rowing and WaterSports Club took part in an international race event in July without leaving home waters.

What's more...they did it using just three longboats! They were taking part in the final leg of a unique international time trial series Five Miles from



Home 2021. Each crew had to row five miles within a set time window and submit the time it took. The idea behind the series was to enable people who enjoy sea rowing to be able to take part in an event, despite the constraints of Covid-19. It was arranged by Rhwyfo Mor Cymru/Welsh Sea Rowing, together with Castle to Crane in Scotland and Ocean to City in Ireland, and attracted entries from four continents. All the Solva crews - some experienced, and some novice, went out on the same evening - a windy and sometimes wet evening with a fairly choppy sea. They all finished their individual five-mile routes, and all were happy to complete the challenge. We have been rowing for a few months now since the lifting of Covid-19 restrictions. Everyone is welcome to come rowing, age 11 and up. The club offers two free taster sessions if you haven't rowed before or rowed for a long time but would like to give it a go. This gives beginners a chance to row before having to commit to join the club. We are currently operating a rota system for rowing so don't have a club night, email info@solvarowingclub.co.uk if you want to be included in the next rowing sessions.



Friday Club starts again on 10 September 2 - 4.30 pm at Solva AFC Clubhouse. All welcome.

Solva Harbour Society



The Quays are currently very busy with holiday makers and visitors. Please continue to observe social distancing and, although we want you to enjoy your visit, please act responsibly and treat local residents and the environment with respect. Also remember that dogs should be on leads and rubbish should be placed in bins provided or taken away with you. Just a polite reminder during your visit to the quays:

- There is no public parking on Trinity Quay or Sand Quay, please park in the harbour car park.
- Only Members can use Trinity Quay.
- All visitors and paddle boards should launch and recover from the Sand Quay
- Trinity Quay should be kept clear at all times
- The Harbour speed limit is 4 knots (from the entrance), please watch for swimmers.

Lift-out will take place on Thursday 23 September, there will be no access to the Quays at this time.

Bart's Bash

Solva Sailing Club will be holding an event for Bart's Bash. We hope to get as many boats as possible out on the water on Sunday 12 September, and the committee is discussing a format to suit both those keen to race and those who would like to support, possibly "compete or complete". Followed, of course, by a "get together" on the quay or in the clubroom dependant on restriction regulations at the time. Please "like" our Facebook page for further updates or contact Secretary Helen on helenghughes@outlook.com.



The RNLI is offering the following advice to Windsurfers:

- Tell someone you're going surfing - Let someone know when and where you are going out and, importantly, when you expect to be back.
- Check weather and tides - Before you set out, check the local forecast for wind, swell and tide.
- Know your limits - It's easy to be caught out. Don't challenge yourself too early.
- Be aware of rip currents - Speak to an RNLI lifeguard to get advice on the location of rip currents.
- Always wear a leash - So you don't become separated from your board.
- Call 999 and ask for the coastguard if you or someone else needs help.

Wales ABCD Jamboree - Friday 8 October 10am - 12noon

Hosted by Yn Cynnal Gan: Together for Change, BCT + Others.

Booking details to follow. An event for celebrating the energy, passion and achievements of communities and community groups in Wales.



Diary Dates

- 1 Sept Luncheon Club re-starts - Memorial Hall - 12.30pm
- 1 Sept SCC meeting - Solva AFC Community Clubhouse - 6pm
- 2 Sept Solva Cinema - Memorial Hall - "Misbehaviour" (12A) - film starts 7.30pm
- 9 Sept WI meeting - Picton Castle
- 10 Sept Friday Club re-start - AFC Community Clubhouse - 2pm - 4.30pm
- 12 Sept Bert's Bash - Trinity Quay - all day
- 13 Sept Solva CLT AGM - 7pm - AFC Community Clubhouse
- 14 Sept Solva Care AGM + meeting - Memorial Hall - 6pm
- 23 Sept Macmillan Coffee morning - Memorial Hall - 10.30am - 12noon
- 23 Sept Boats Lift-out - All Quays - All day
- 25 Sept Mini Festival - Foreshore Picnic Area
- 7 Oct Solva Cinema "Nomadland" (12) - Memorial Hall - starts 7.30pm
- 8 Oct Wales ABCD Jamboree - 10am - 12noon



Solva Shop & Chat
at AFC Clubhouse
1 Sept - 10am-2pm
19 Sept - 2-4pm
29 Sept 10am-2pm

Thursday Coffee
Mornings
Memorial Hall
10.30am - 12noon

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