

The newsletter can be downloaded  
as a pdf from the **new** website:  
[www.solva.gov.wales](http://www.solva.gov.wales)

**July 2020 No. 137**

**Free Copy  
Please take one**

### Shalom House

Shalom House had to close during lock down. Patients are still being cared for by clinical staff either remotely or in their own homes.

We have an exciting plan for the next phase of development of Shalom House to continue our palliative care services but also to offer more facilities for the local community. We are currently advertising for a Care Manager to head up this development, supported by a Commercial Manager with special responsibility for income generation. Full details of these posts are on our website:

[www.shalomstdavids.org](http://www.shalomstdavids.org).

### Exciting news!

We are very grateful to Jerome Flynn of Game of Thrones fame who will be hosting an online quiz to help raise funds for Shalom House on Friday 3 July, starting at 7.30pm. Details on our website and Facebook page. Plus there are prizes to be won! A great opportunity for friends and family to join in and have some fun.



### Gardd wrth y Bont

The little garden by Solva bridge is blooming. Thanks very much to those generous people who have contributed plants and seedlings.

If you are passing stop and have a peek!

Also, thanks to Jane W for all her hard work caring for the plot (ed).

### Dog Fouling

Once again the curse of the abandoned dog deposit does not seem to go away.

The Patchins, the picnic areas, the airfield, the football field, the Quick - in fact everywhere - there is mess left and not dealt with because the dogs' owners are irresponsible. Plus we are in lock down - work that one out. Obviously those responsible are local! Clean up after your dog - you could face a £1000 fine if reported.



### Solva Memorial Hall

In the doorway of the Hall in a (hopefully) waterproof plastic box are:



Jigsaw Puzzles

CDs

Books (including children's).



All have been donated to the Hall. You are very welcome to select any that may help you to pass the time now that we all have more of it. No need to return but you may pass them on if you wish.

There will be a more permanent container in Parc y Capel (see Solva Care notice) soon, in which case we will transfer any remaining items to that. Please don't hesitate... We can replenish the box if and when necessary. It is working quite well so far!

**The Royal George**  
SOLVA  
PUB & RESTAURANT

Visit us on

**New Italian Restaurant Menu**

**FREE PARKING!** Tel: 01437 720002

Tuesday is Ukulele night from 8pm!  
Barry's Fun Quiz - 9pm Sundays  
Everyone welcome.

From our cows... ...to your cone

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### Solva WI

Solva WI Committee proved that they were quite technologically savvy on Tuesday 23 June when the first meeting since the lock-down took place, via Zoom. After that, and following further updates from the Welsh Government, we hope to progress with meetings and activities which members will be contacted about.

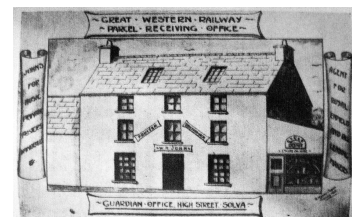
### Clwb Solfach/Solva Luncheon Club

We are keeping our fingers crossed that we will be able to resume Luncheon Club on Wednesday 6 September. However, as you are all aware, this depends on the Welsh Government's guidelines and whether we can fulfil any criteria they require. So, please pencil the date in your diaries for now and look out for future posters! We welcome new members. Please contact Jane Pascoe on 01437 721544 to sign up and for further information.



### Solva Heritage Society

Our present project is "The Story of Solva Houses". It will eventually be linked to the National Library of Wales Collections of Welsh lives over the centuries. While they are seeking information on the past they are also asking for photographic evidence of the present. It is an enormous task to cover all the houses in Solva but we have already gathered a photographic records of present day Prendergast following on from previous projects. We were in the process of adding more information when Corona virus shut down the Haverfordwest Archives and a dear, very knowledgeable member was taken ill - we all send our best wishes to Grace. The continuing search on Prendergast has been extended into Main Street. If you would like to record the story of your house or have documents, photographs or stories to share, please get in touch 07739 158024/solvaheritagesociety62@gmail.com



### St Davids Airfield walk

A two-hour Nature walk could be planned for Monday 13 July at 2pm, weather permitting. Experience summer flowers, butterflies, bees, insects, birds etc. The walk will take us through part of the Airfield's main path, starting from the Solva end, over stepping stones, through meadowland, past a pond, along ancient lanes and back along the roadside. Contact Sandra and Jimmy on 01437 721450.



### Solva Duck Race

If all goes to plan the duck race will be run on Sunday 30 August, starting at 3pm. All ducks will be briefed on social-distancing and health and safety requirements before they enter the water! Duck tickets are available from Bay View Stores.



### Solva Cinema

We are missing our film evenings and hope it will not be too long until we can start them again. Even if it means social distancing we are confident that we can get going as soon as we are able to use the hall and meet indoors. In the meantime, feel free to send us film suggestions to solvacinema@gmail.com Looking forward to seeing you all soon, hopefully!



Solva WI welcomes new members and visitors. We meet most months in Solva Memorial Hall on the 2<sup>nd</sup> Thursday at 2pm  
Contact Kathryn:  
01437 721283



### A Brain Teaser

I have cities, but no houses.  
I have mountains, but no trees.  
I have water, but no fish.

What am I?

Answer on page 7



### Solva Community Cinema

Keep well  
Keep Safe  
See you  
Soon!

Bay View Stores is now open till 7pm.

## Solva's "Tinny" Tuesday

As this current situation has gone on, so food banks all across Pembrokeshire have seen a massive increase in demand. At the same time donations to food banks have dropped, as people are no longer regularly visiting the supermarket and filling the food bank collection baskets as they usually would. "Tinny Tuesday" is a project designed to support Pembrokeshire food banks by collecting tins from outside people's homes on a specific time and day. The tins are then delivered to the St Davids and Solva Community Hub or food redistribution project.

"Tinny Tuesday" Rules:

1. Tins must have at least 3 months until the best before date
2. Tins must have their original label
3. Your tin is left in a safe place (doorstep, wall, end of driveway)

We will strive to collect everyone's tin donations safely.

To collect tin donations we apply physical distancing rules and follow strict hygiene standards to collect donations. We say "physical" rather than "social" distancing because we're still happy to chat and be social, from a 2 metre physical distance.

We have assembled a team to pick up your tinnies and will start on 7 July. Collections will take place between 5.30pm and 6.00pm every Tuesday, please leave your tin in a visible, safe place.

Many thanks Josh, Chair Solva Community Council



## Community Asset Fund Winner!

I heard today that I won the first prize £100 in a recent draw of the Community Asset Fund. This is a type of advanced 100 club that supports local Charities. I pay £5 a month to the scheme and a percentage of this stake is paid to a nominated local charity which is, in my case, Solva Care. I will also be donating £50 to the Cwtch Box scheme out of my winnings - Jonathan Higgins



The fund is basically a joined-up approach to a group of 200 Clubs who are aiming for a 2,000 Club minimum membership across Pembrokeshire. As an example there are 50 members in the village of Hermon near Crymych and most have allocated their charity of choice as the village hall which gets just under £1,500 a year from the 50% of what locals put in. Therefore, if Solva Care manages to find 50 people in total to name it as the charity of choice then of the £5 a month that they pay by Standing Order, £2.50 a month goes directly to Solva Care. That is £125 a month, equivalent to £1,500 per annum. Obviously, if there were a 100 people to join and nominate Solva Care that would be £3,000 to that organisation. Further information please visit [www.asedion.cymru](http://www.asedion.cymru).

1. In which African country do the inhabitants speak English and spend shillings?
2. Which designer is famous for launching the mini skirt?
3. What does a herpetologist study?
4. What is measured by Truss?
5. The Moselle River forms part of the border between Germany and which other country?
6. Where in Britain would you find Aubrey holes, bluestone horseshoe and avenue ditch?
7. In 1908, Kenneth Grahame wrote a book which has become a children's classic. What was it called?
8. Which saint is the patron of fishermen?
9. What is Shakespeare's shortest play?
10. What year was Marmite invented? A) 1902 B) 1929 C) 1899
11. How many letter tiles are there in a game of Scrabble?
12. Who designed the Eiffel Tower?
13. What month of which year was the first iPhone released?
14. Name the longest river in the UK
15. Who was the youngest British Prime Minister?
16. Where in the human body would you find the medulla oblongata?

Answers on page 7



### Cwtch Boxes

Gwyn would like to thank all the people and businesses who have donated money and food items for the Cwtch Boxes. It is going well, but further donations are always welcome. Don't forget to nominate someone who you think deserves a box.



## Solva Community Council

SCC, during the current pandemic emergency, is meeting twice per month via Zoom to ensure community needs are met. Invitations to members of the local community will be available on Facebook. Members of the local community wishing to raise issues, can contact SCC Clerk Bruce Payne on 07890 987259.



## Be aware of Scams!

A national campaign is currently underway to raise awareness of scams – particularly those that have emerged as a result of the coronavirus outbreak. Trading Standards wants to spread the message that scams are crimes that can happen to anyone and that we can all take a stand to help stop them.



Trading Standards advice is not to deal with anyone who cold calls at your home offering to do work. Instead speak to family and friends for recommendation of trades people and obtain a number of written quotes before deciding.

With more people shopping online, fake websites can be designed to steal money and personal details. Trading Standards offers the following tips on how to shop online safely:

- if it is a company you've never purchased from before, carry out some research beforehand
- use strong separate passwords for email and shopping accounts
- keep software and anti-virus protection up to date
- be careful with links in emails/texts about offers.

Check the shop's website address by typing this into a search engine instead of clicking on the link details. Once they have access, criminals can search the hard drive for valuable information.

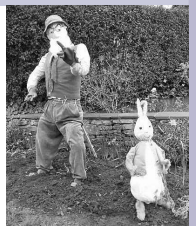
If someone needs consumer advice or wishes to report a scam, they can contact the Citizens Advice Consumer Service on 0808 223 1133 or 0808 2231144 for a Welsh speaker. These details will be shared with Trading Standards who may also make contact by phone to offer support and advice.



**British Gas Scam** - We're aware of fake emails being sent to people telling them they've got an overdue gas bill - these emails are not from British Gas. If you receive one that you think isn't from us, don't click on any links. Please attach it to a new email and send to [phishing@centrica.com](mailto:phishing@centrica.com). Then delete the original straight away.

## Scarecrow Trail

We are planning to go ahead with the Scarecrow trail scheduled for 2-3 August. The theme is "Children's book titles or characters". Please let me know if you are planning to put in an entry and let me know what character/title you want as soon as possible, as it is first come first served. Contact Fran Barker [fran34hb@gmail.com](mailto:fran34hb@gmail.com) or 01437 731164.



## Slimming World Solva

The business has a new temporary venue - your living room! It's been several months since we've been able to meet up at our physical group and we're all adjusting to a new normal at the moment. Join us at our friendly and welcoming virtual group, where you'll receive all the same great weekly support, ideas and motivation and get that Slimming World feeling! Please contact Samara on 07498322314 or check out Samara's Slimming World Solva on Facebook.



## Basalt & Dune (St Davids)

We opened for the first time at 10am on Friday 26 June at Maes Dyfed, St Davids.

We want to make shopping at Basalt & Dune the most relaxing, enjoyable experience, so for now we are only letting two customers in at any one time. Until further notice we will be open as follows:

Fridays & Saturdays: Open 10am - 4pm (No appointment needed)

Tuesdays, Wednesdays & Thursdays: By appointment only.



**4** Phone: 07712 013771 or email: [basaltdune@gmail.com](mailto:basaltdune@gmail.com) to book.



**SOLVA CARE CHARITY - Registered Charity number: 1172873**

**Lena Dixon, Coordinator: 07805 717556,**

**Lesley Robertson-Steel, Project Officer: 07722 091664**

**Email: [contact@solvacare.co.uk](mailto:contact@solvacare.co.uk)**



#### **News:**

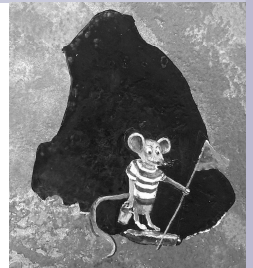
There are plans to put a structure on Parc y Capel, where people can pick up books, DVDs, games etc. until we can use the hall again. In the meantime, there is a box outside Memorial Hall. Just help yourself or do a swap. No need to return items.

**Annual report:** The Solva Care Annual Report for 1 Jan 2019 - April 2020 has been finalised. You can find it on our website or contact Lena Dixon if you would like a printed copy.

We hope you are all coping in these strange times. Things should be getting better soon as restrictions start lifting. Don't forget that we are here if you need us to help with prescription pick up, shopping or dog walking. We also have many volunteers who are happy to make phone calls if you would like to have a chat with someone.

#### **The Mice have landed in Solva!**

Following a successful creative trail in Aberporth, Solva Care is taking the initiative to produce a trail around Solva. Small painted mice in various forms will begin to appear around the area and soon form a fun, family trail. If you would like to join in and/or produce or host a mouse at play please contact Chris and Ellie Sherwin on: 07788 583602 or [csdesigns@talktalk.net](mailto:csdesigns@talktalk.net)



#### **Solva Community Land Trust**

The Solva CLT Survey was conducted over a period of 3 weeks in April - May. There was an excellent response rate with a total of 141 completed surveys. 87% of all respondents were full time residents of Solva or Brawdy.



The results showed a clear need for affordable housing within the parishes of Solva and Brawdy with a requirement for housing that is suitable for both families with younger children and adapted housing for more elderly members of the community. 33% of respondents were male, 56% were female with a good distribution of ages represented, including young people and the older members of the community. 86% of all respondents supported the idea of affordable housing being built with reasons given including: to support young people who want to stay in the area or return to the area: "Allows young people to stay in the area" (Female, age 20-44); ensuring enough affordable rentable housing: "To ensure housing is relative to incomes" (Male, age 45-64), and Local housing needed for those local to the area: "Keep locals in the area, stop them moving away. Encourage them to work in traditional industries such as fishing. "Keep the community alive" (Male, age 20-44).

The survey showed a clear need for affordable housing in Solva. Of the 65 respondents who said their housing needs would change in the future, 56% said they would need an affordable home. Reasons included: the size of the current home, costs, would like to live independently and would like to return to the parish. The survey showed a high level of support for the project with almost a third of all respondents saying they would like to hear more about the project or to get involved.

"The cost of housing in the village does not reflect the level of income many people have", is another comment that came back from the survey. Another, under twenty year old respondent, said "I think it's a good idea because it encourages new families to create a life in our village". Another said that the CLT would "give young people and young families the choice to settle here."

One thing is clear, the people of Solva want the project to take place and create long term affordable housing that is sustainable and eco-friendly. Despite the lock down the CLT continues to make progress and on-line meetings have taken place with the ateb group, the housing association that will partner us, to confirm the brief and start to think about the challenges that lie ahead.

## Solva Harbour Society

Please be reminded that there is still **No Parking on Trinity Quay and Sand Quay**. The only vehicles allowed are the Fishermen, Louise, HM and those on short drops on SHS Ltd business. Boat owners are also allowed to drop off equipment and Passengers. Café on the Quay is now open for takeaway beverages and cakes.



Please follow Louise's instructions for service and safe conduct. The cafe toilets can only be used by the café staff and the other toilets on the quay will remain closed due to the Corona-19 situation. All those using Trinity Quay and Sand Quay must stick to the 2 metre social distancing rule and be considerate to other people and ensure the right of way across the quay is clear. Many thanks- Stay Safe.

## St Davids & Solva Art Group

The Spring and Summer Exhibitions have been adversely affected by the Covid-19 pandemic, but undeterred, this active amateur art group has gone "Virtual" for 2020! Seizing the opportunity some members are exhibiting their recent work for purchase online, on our website [www.stdavidsandsolvaartgroup.co.uk](http://www.stdavidsandsolvaartgroup.co.uk) in the dedicated Virtual 2020 Exhibition gallery. We have all been challenged during lock down and painting has been a tremendous distraction and pleasure for the group. We have had themed challenges - some more successful than others – but through social media we've been able to support each other throughout. We are delighted to be able to show our work to a wider audience - please take the opportunity to have a look at our Virtual Exhibition - the exhibition opens on Wednesday 1 July through to 31 August. Please visit <https://www.stdavidsartgroup.co.uk/section874123.html> and leave a comment, if you wish, we'd love to hear about your visit as we can't meet face to face at the moment!



## MUUK Adventures - Solva Open Swim

The event was due to be held on Saturday 6 June. However, for obvious reasons this did not happen. In May we identified Saturday the 15 August as the rescheduled date. However, we are well aware the lifting of restrictions in Wales is a slow process. Therefore I am not confident that by the 15 August we will legally be allowed to hold the event.



- We will have to make a decision by mid July
- If the event is to go ahead we have to drastically reduce the numbers
- We will be looking at all Covid-19 related guidelines on social distancing - If too prescriptive and unrealistic, we will not run the event.
- We will not run the event if it is going to cause worry or uncertainty in the local community.

If businesses are open and the travel and accommodation restrictions are lifted, we'd like to think these concerns will not be significant as the event numbers will be reduced and the persons attending will be able to offer some much needed revenue to the local economy. Regards Fintan, MUUK Adventures.

## MamGu Welshcakes

The café and provider of delicious handmade Welsh cakes will reopen on Monday 6 July, offering a take-away service with social-distancing. Phone 01437 454369 for more details.



## Top Gardening Tips for July from the RHS

1. Check clematis for signs of clematis wilt
2. Care for houseplants while on holiday
3. Water tubs and new plants if dry, but be water-wise
4. Deadhead bedding plants and repeat-flowering perennials, to ensure continuous flowering
5. Pick courgettes before they become marrows
6. Treat apple scab
7. Clear algae, blanket weeds and debris from ponds, and keep them topped up
8. Give the lawn a quick-acting summer feed, especially if not given a spring feed

6

For more details please visit  
<https://www.rhs.org.uk/advice/in-month/july>





## Welsh Blood Service

Blood donation is classed as essential travel. We are therefore reaching out to everyone who is fit and well, where possible to attend their nearest donation hub.

In Pembrokeshire, through July, you can donate at The Rugby Club, Haverfordwest (8 & 9 July), the Pill Social Club, Milford Haven (1 July) and the Town Hall, Pembroke (2 & 3 July).

To book an appointment visit <https://wbs.wales/PembsSolvaCC> or call 0800252266

We are taking every precaution to ensure our donation clinics are a safe environment.

Information at <https://www.facebook.com/WelshBloodService/videos/258605888500606/>

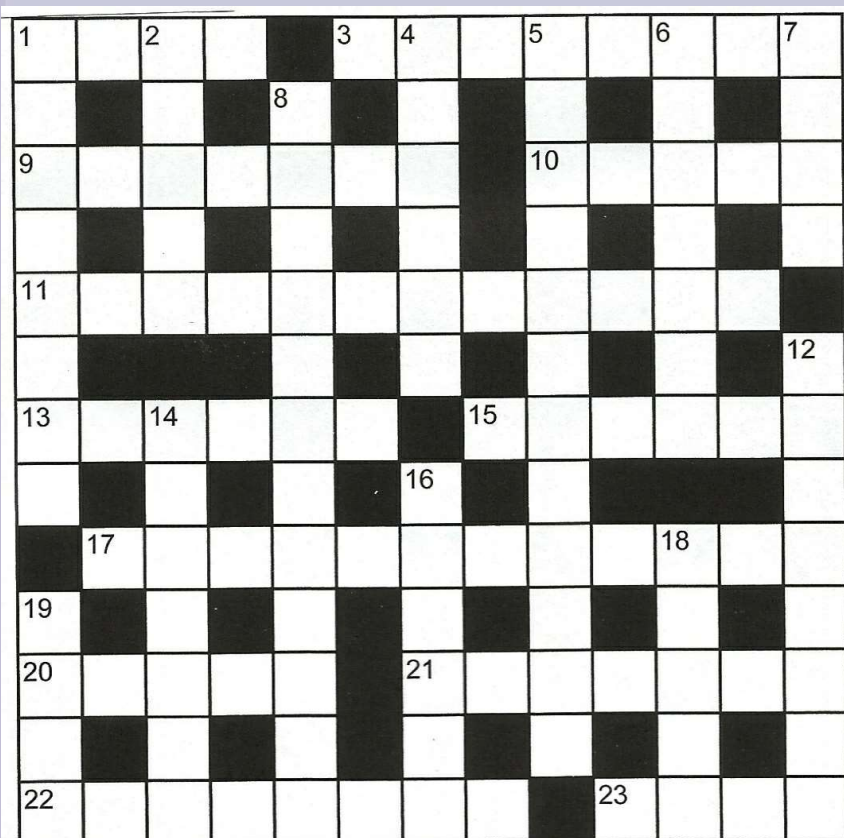
We especially need new donors at this time. If you would like to join our army of life savers, please visit <https://www.welsh-blood.org.uk> for more information.

**In under 1 hour, you could save up to 3 lives by giving blood** in Pembrokeshire with @WelshBlood.



## Polystyrene boxes for seafood and old newspapers

Jono Voyce would like to thank everyone for the boxes and newspaper, although, he still requires more! Please contact [jono@solva.co.uk](mailto:jono@solva.co.uk) if you can help him out.



## Bread from oven to door

Torth y Tir (Loaf of the land) is a Community Supported Bakery which has recently opened, and from this week is offering free delivery of their specialist bread to Solva.

The sour dough bread is baked in a wood fired oven and made from their own heritage wheat, which is grown ecologically and milled by the bakery. Order by 12pm on a Tuesday for delivery on Wednesday afternoon.

To order please go to [loafoftheland.org/buy-bread](http://loafoftheland.org/buy-bread) or phone Rupert on: 07955 387614



The solution to last month's crossword can be found at the bottom of the last page, in this issue.

## Across

- |                               |  |
|-------------------------------|--|
| 1 Left side of a ship (4)     | 15 Third sign of the Zodiac (6)        |
| 3 Teaches (8)                 | 17 Question in great detail (5-7)      |
| 9 Permits to travel (7)       | 20 Expressing emotions (of poetry) (5) |
| 10 Titles (5)                 | 21 Large German city (7)               |
| 11 Pertaining to letters (12) | 22 Eternal (8)                         |
| 13 Type of nursery (6)        | 23 Heavenly body (4)                   |

## Down

- 1 Very small amount of money (8)
- 2 Repeat something once more (5)
- 4 Sprints (6)
- 5 Significant (12)
- 6 Kettledrums (7)
- 7 Neither good nor bad (2-2)
- 8 Highly abstract (12)
- 12 Appointed member of the House of Lords (4,4)
- 14 Tympanic membrane (7)
- 16 Barriers (6)
- 18 Gold block (5)
- 19 Move rapidly (4)

**Brain Teaser answer:** A Map. **Quiz answers:** 1. Tanzania

2. Mary Quant 3. Reptiles/amphibians 4. Hay/Straw 5. Luxembourg  
6. Stonehenge 7. Wind in the Willows 8. St. Peter 9. Comedy of Errors  
10. A) 1902 11. 100 12. Gustave Eiffel 13. June 2007 (on 29th)  
14. River Severn (354km) 15. William Pitt the Younger 16. The Brain



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**Mathias Home Hardware**  
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Solution to June crossword

1	T	R	U	A	N	T	4	I	R	I	S	E	S
2	R	N	E				5	O	N	N			
3	A	M	I	S	S		6	A	L	A	B	A	
4	M	C	T	R			7	D	G	R			
5	P	R	O	S	A	I	8	H	A	S	T	E	
6	S	R					9	H	O			S	
7							10	N	O	S	T		
8							11	T	A	L	G	I	
9	15	D					12	A	N			16	
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