

The newsletter can be downloaded as a pdf from the **new** website:  
[www.solva.gov.wales](http://www.solva.gov.wales)



**April 2020 No. 135**



**Free Copy  
Please take one**



## Solva's Open Gardens event 2020

The gardens event around the village is still planned for over the weekend of 18 & 19 July. As "Garden leave" seems to be almost compulsory - there's still plenty of time to get your garden in shape! All proceeds from the event will go to Solva Care.



## Solva Scarecrow trail

It has been decided to continue with the Scarecrow event, for 2-3 August, as scheduled. It is an outdoor fresh air event. Builders can build their scarecrows in splendid isolation and people can keep away from each other if they choose to take part.

The theme this year is: **Children's book titles or Characters.**



## Solva Duck Race - Moved to Sunday 30 August

The world famous duck race will, we hope, be staged at 3pm on the above date. All depends on whether circumstances change due to the coronavirus Covid-19 situation. Tickets are still available from Bay View Stores. Thank you to those who have already bought tickets. All proceeds for the Hall. Can other businesses who have tickets please hang on to them for now.



## "More Tea Vicar and Last Tango" performances



The evenings of Friday 13 and Saturday 14 March were a mixture of laughter and mirth (just before everything went grim) as the casts of the two one-act plays presented their programme. Many thanks to all who attended and to those who helped organise the event. SADS will be looking to perform once again to entertain you, sometime in the future.



## Solva Lower Car park

The pay and display machine has been installed in the lower car park, in a position that obscures Raul's mural. This is just symptomatic of the way that the PCNPA has ridden rough shod over the needs of our community. Our meeting with the Chief Executive of the Parks Authority was postponed because of the coronavirus problem. We would have raised with him how unsatisfactory the situation is - extended charging to 7pm, loss of a car park attendant and point of advice, potential problems over cars backing into the main road. One unexpected consequence of the virus is that they have delayed imposing the charging regime which was due to start on 15 March. Some of you have already written to PCNPA to protest over this change and it's not too late for other letters to be sent. Latest news: National Park Authority car parking charges have been suspended at all their car parks until further notice!



**The Royal George**  
SOLVA  
PUB & RESTAURANT

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**New Italian Restaurant Menu**

**FREE PARKING!** Tel: 01437 720002

Tuesday is Ukulele night from 8pm!  
Barry's Fun Quiz - 9pm Sundays  
Everyone welcome.

From our cows... ...to your cone

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## Solva WI

Because of the coronavirus epidemic, Pembrokeshire Federation's decision to close the area office in Haverfordwest and all the individual WI's, was no surprise. Solva WI will not hold meetings in April, May or June and a decision regarding July will be made later.

Our meeting held on March 12 started with our guest speaker, Thea from MamGu Welshcakes, who gave us a fascinating and inspirational talk on her career and the setting up and future of Mamgu's. Thea had kindly brought a selection of the welsh cakes they make which we thoroughly enjoyed with our cups of tea. The Business meeting followed. The annual Pancake Coffee Morning went well and we raised £80 which was donated to FRAME. One of the defibrillator cabinets has been renewed by two WI member's husbands who have been thanked. Various activities and events which we were taking part in were finalised. Subsequently, sadly all of the WI activities and events for the next few weeks have been cancelled. Solva WI's trip to Cegin Gareth has suffered the same fate but we hope to rebook later in the year. We have every intention of entering the Scarecrow Trail competition in August!

## Singing for Fun

The groups are all on hold for the time being. But we WILL be back "afterwards" - our audiences are not going to escape our warbling that easily! In a month or so, I will try to organise a local online choir - sing-along and easy is the plan. Watch this space, but not just yet! But if you're wondering how you are going to spend your time now:



Metopera.org (New York Met Opera) is offering FREE daily opera streaming service. Perfect for opera lovers and would-be opera lovers. Most operas last for at least three hours!

BorrowBox.com is an online library offering ebooks and audio books for anyone holding a current library card. Everything comes to your computer or tablet. A pre-ordering service is also active, though audio books are, understandably, being booked quite a long way ahead. This is a FREE service; Audible Books is a subscription service.

FutureLearn offers hundreds of free courses, which last 2-4 weeks and require 2-4 hours per week. Quality knowledge-in-a-nutshell - Keep singing!

Singing 4 fun last met on Monday 17 March and has been suspended for the time being. Anne is hoping to move the missed dates and concerts to later in the year.

## Church in Wales

The Church in Wales has announced it will suspend all acts of public worship until further notice due to the coronavirus outbreak.

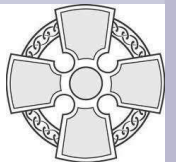
This means weddings will be postponed until 31 July and, given the guidance on cancellation of public worship, baptisms will no longer take place in the context of regular worship.

Baptisms should take place in the presence of no more than ten people.

The ceasing of public worship applies also to funerals in church. Clergy may continue to take a funeral service at the graveside and at crematoria.

The church is postponing all confirmation services scheduled between now and 1 June.

For further information view: <https://www.gdlmachurches.co.uk/>



Solva WI welcomes new members and visitors. We meet most months in Solva Memorial Hall on the 2<sup>nd</sup> Thursday at 2pm  
Contact Kathryn:  
01437 721283

## SOLVA COMMUNITY CINEMA

We will postpone the April screening due to present circumstances. We'll see what the situation is in May and will keep you informed on when we can restart.



## **Solva and St Davids Surgeries**

### **PATIENT NOTICE - CORONAVIRUS COVID-19 – PATIENT UPDATE 18-03-2020**

The NHS is extremely well prepared for outbreaks of new infectious diseases. The NHS has put in place measures to ensure the safety of all patients and NHS staff while also ensuring services are available to the public as normal. Stay at home if you have coronavirus symptoms

Stay at home if you have either:

- A high temperature – you feel hot to touch on your chest or back
- a new, continuous cough – this means you've started coughing repeatedly

You do not need to contact 111 to tell them you're staying at home. Testing for coronavirus is not needed if you're staying at home. Read the NHS advice about staying home, including how long to isolate for at <https://www.nhs.uk/conditions/coronavirus-covid-19/self-isolation-advice/>

### **DO NOT GO TO A GP SURGERY, PHARMACY OR HOSPITAL**

Use the NHS 111 online coronavirus service if:

- you feel you cannot cope with your symptoms at home
- your condition gets worse
- your symptoms do not get better after 7 days

Use the 111 coronavirus service at: <https://111.nhs.uk/covid-19/>

Only call 111 if you cannot get help online.

The government is recommending social distancing for everyone in the UK and for protecting older people and vulnerable people – see guidance:

<https://www.gov.uk/government/publications/covid-19-guidance-on-social-distancing-and-for-vulnerable-people> – this is particularly important to protect people who:

- are 70 or over
- have a long-term condition
- are pregnant
- have a weakened immune system

Please be aware that the situation with regard to coronavirus Covid-19 is constantly evolving and you need to check the latest advice and guidance which can be found at:

<https://www.gov.uk/government/topical-events/coronavirus-Covid-19-uk-government-response>

## **Changes to Solva and St Davids Surgeries**

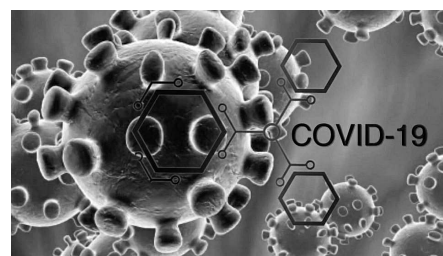
Due to the ongoing situation with coronavirus (Covid-19), the practices are making changes to the way you will be seen. This is to protect our patients and healthcare staff and therefore ensure the practice will remain open without staff shortages.

At Solva surgery pre-bookable appointments with a GP, a Practice Nurse or our Phlebotomist are being temporarily suspended. You may be offered a telephone review instead, if appropriate. The practice will still be offering clinical needs appointments but we will also telephone triage. You will be asked by our reception team what your symptoms are.

Repeat prescription requests:

- Phone in your request as instructed on your repeat prescription form.
- Use the exterior letter-box outside the surgery entrance or send your request via the post.
- Use My Health online, if you have that service – sign up for it if you have not at <https://www.myhealthonline-inps2.wales.nhs.uk/welcome>.
- Anyone wishing to collect a prescription from Solva Surgery are asked to do so between the hours of 10-12pm and 2-4pm.

The above also applies to St Davids Surgery except that St Davids has decided to keep their door locked and patients are asked to ring the doorbell. Essential nursing appointments (e.g. anticoagulation monitoring) – the surgery will inform you if your appointment is cancelled. If you become unwell, please contact the Surgery before attending. Please do not enter surgery buildings if you have had a fever or a continuous cough. Self-isolate for 7 days.





## Solva Community Council



Solva Community Council is hugely impressed by the willingness of local people to offer help during this time of crisis. The current advice from the Government is to avoid social contact and for whole households to self-isolate for 14 days when someone has symptoms. Those over seventy years of age or with certain conditions will be expected to remain at home for an extended period. We are all now in uncharted territory.

We're sure our Churches and community groups will want to stay in touch with their members to check how they are, or to provide a telephone number they can call if necessary, and likewise all of us with our nearest neighbours. A phone call to someone self-isolating may offer some welcome respite.

Whatever support we give must be done without coming into personal contact.

If running an errand, it will be safer to leave items on the doorstep and phone them to tell them they are there and keep a safe distance.

A large number of us, as well as helping others, will be in need of help ourselves at some point in the coming months. We all need to stay safe together and follow the official guidance. Many local events and meetings are now being cancelled. Let us hope and pray that our community can come out of this strong and intact and that we are able to enjoy one another's company again before too long.

**SCC letter** - You will now have received a letter from the community council asking whether you wish to receive help during the next few weeks. If you are part of a vulnerable group, or are suffering from cold or flu symptoms you should be self-isolating. We can arrange for small everyday tasks like picking up prescriptions, doing the shopping and posting mail to be done by a volunteer. There is a great willingness in the village to support our friends and neighbours in what could be a testing time. Phone Bruce Payne, the council clerk, on 07890 987259 if you want some help. Bay View Stores is also offering home deliveries, if you need this service just phone the shop on 01437 729554.

It is very important to follow the government's advice on social distancing and self isolating. If you are young you may not think that the virus can harm you, but it has been affecting younger people. If you are over 70 and fit, your immune system is weaker than if you were younger. You should avoid social gatherings and keep those hands clean. Even people who are healthy can be carriers, so the guidance applies to everyone.

**SCC** has suspended all forthcoming Community Council meetings till further notice. Members of the local community wishing to raise issues, can contact SCC Clerk Bruce Payne on 07890 987259.

## VE Day 75 Cancellation notice

Due to the coronavirus emergency and consequent Government guidance we must advise participants to cancel or postpone the majority of the VE Day 75 community celebrations, due to take place on the bank holiday weekend of 8 - 10 May.

It is hoped that all the events planned can be moved to the weekend of 15 - 16 August when we will be able to celebrate VE Day and VJ Day, both momentous points in our history.



## A view from St Davids

All events with the Lifeboat crew and volunteers have been put on hold, the RNLI station is closed to visitors. WI meetings here and in Solva all cancelled or postponed. Oriel y Parc is closed to the public. From Monday 23 March Lloyds Bank has closed temporarily. Mathias Hardware is also closed, but for urgent items phone 01437 720340 or email via their website. On a positive side - many of the shops are delivering food and the cafes are delivering take-always. As in Solva, the community is rallying round to all those who need help. Keep safe and well.

## New Shop - Basalt & Dune (St Davids)

We wanted to announce the opening of our brand new shop in Maes Dyfed, St Davids but its now postponed to a later date. However, our fabulous products can be delivered free to your doorstep in Solva /St Davids or mailed out. Please visit [www.basaltdune.co.uk](http://www.basaltdune.co.uk).

**Basalt & Dune**  
HOMESTORE



**SOLVA CARE CHARITY - Registered Charity number: 1172873**

**Lena Dixon, Coordinator: 07805 717556,**

**Lesley Robertson-Steel, Project Officer: 07722 091664**

**Email: [contact@solvacare.co.uk](mailto:contact@solvacare.co.uk)**



**News:** Solva Care will be supporting people with shopping, picking up prescriptions, posting mail, dog walking and phone chats. Contact Lena on 07805 717556 or Lesley on 07722 091664. We will do all we can to help. There are also plans to contact local food suppliers to find out if we can get deliveries of bread, meat, veg and other food stuffs started. It would help local people and also local businesses to keep going. Contact Lesley if you have any suggestions of suppliers.

**Solva Care Symposium:** Over 80 people from as far afield as Cardiff and Cardigan attended the Solva Symposium on 11 March at the Merlin Theatre. We kicked off with a feast of poetry and monologues by Ifor Thomas, Helen Thomas, Fran Barker, Jono Voyce and Gerald Miles, on what place means to people. This was followed by our new 10 minute film showcasing the village and a panel discussion involving Mollie Roach, Jessie Buchanan, Ifor Thomas, Josh Phillips, Lena Dixon and Sue Denman. The topic discussed was how small communities can take charge of their own affairs to ensure the wellbeing of their residents. We would like to thank everyone for making the event such a huge success and Luci Llewelyn-Jones for coordinating it.



**Friday Club:** Ifor and Gill presented an exciting and successful thought-provoking music quiz. The following week Tony's Country and Western entertained friends of Solva Care at the Solva AFC Community Hub and was received with great enthusiasm. On 6 March Nadia's Friends made clay egg cup models followed by Helen's gentle movement class, which built upon previous weeks routines. The next week members painted their egg cups and consumed delicious cupcakes baked by Julie Wright, this was followed by a special rehearsal of SADS "More Tea Vicar, Whoops there go my trousers!" Which provoked laughter, memories and sheer joy. Unfortunately, it is with great regret that Solva Care's Friday Club follow-on programme has to be abandoned owing to the Covid-19 virus situation.



**Blog time:** Solva Care has started a Solva Blog "Solva Stories" so the community can keep in touch. <https://solvastories.wixsite.com/community>. The idea is to share stories, activities, poems, recipes, photos – anything positive to keep our spirits up. Just fill in the form online to join.

### **Remember to help stop the spread of the virus:**

- Self-isolate if you have symptoms or are feeling unwell
- Wash your hands regularly with hot water and soap – do this for at least 20 seconds
- Always wash your hands when you get home or into work
- Use hand sanitiser gel if soap and water are not available
- Cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- Put used tissues in the bin immediately and wash your hands afterwards
- Avoid close contact with people who have symptoms of coronavirus
- Only travel on public transport if you need to
- Work from home, if you can
- Avoid social activities
- Avoid events with large groups of people
- Use phone or online services to contact your GP surgery or other NHS services, where available.

### **Solva Heritage Society**

Members are working on the stories of several buildings in Lower Solva Main Street especially. Information gleaned from the various census lists is gradually telling the stories of families and properties. If you would like to research the story of your house please contact us at 07739 158024 or e-mail: [solvaheritage62@gmail.com](mailto:solvaheritage62@gmail.com)



## The Edge Festival and coronavirus (Covid-19)

Firstly, we wish everyone in Solva and all Edge Festival supporters good health during this very difficult time.

We are aware that coronavirus (Covid-19) is impacting us all. We will be asking questions about whether we plan to cancel the festival for 24 to 26 July. As is the situation for many other events in the UK, we too are considering what is the best way forward. The health of everyone our top priority. We have been in the process of consulting with the Edge Festival committee (remotely of course). We will update everyone as soon as possible. In the meantime, stay well.



## Suspensions

PUPs - ukulele practice at the Royal George, on Tuesday nights, has been suspended. Billy is going to suspend the purchase of PUPs lottery tickets until the corona virus situation becomes more clear.

Memorial Hall activities including Pilates, Luncheon Club, Thursday coffee mornings, Tai Chi, Gentle fitness, Table tennis, Craft club, Slimming World, Computer club, Solva Community Cinema and Friday Club are all cancelled, for the time being.

The Church in Wales fête and the Parc y Capel fête have been cancelled. Plus all Rowing Club activities.



**The Organisers of the Tour De Shane** cycle event, to be held on on Sunday 29 March, have postponed the event, in light of the coronavirus outbreak, and are looking to re-arrange at a later date.

## Solva Youth Club

Following restrictions and guidance from the Government, we have taken the decision to close all youth clubs until further notice. Hopefully we'll be able to reopen soon. Community Youth Team, Pembrokeshire County Council.

## Trecadwgan Farm

The story ends for the campaign to buy Trecadwgan farm but the fight continues... After many months and long hours of campaigning, the fight led by the Community benefit Society : Cymdeithas Trecadwgan to secure Trecadwgan Farm for the community has come to an end. At auction on Wednesday 4 March the organisation was outbid by £38K, a sum that was out of the reach of the community's backer and supporters. It is the intention of the board of Cymdeithas Trecadwgan to continue campaigning to both protect County Farms and to drive policy change at both local and governmental level where the sale of these public assets is concerned. Thank you to everybody who has supported the cause.



## Solva Boat Owners Association / Solva Boat Owners Ltd. - JOB OPPORTUNITY

Post of: CLERK (Administrative and Operational)

SBOA/Solva Boat Owners Ltd seeks to appoint a Clerk.

The post has become vacant on the retirement of the long-standing Secretary, David Taylor. Brief Purpose of Post - Clerk: To manage the day to day administration of Solva Boat Owners and the administration of the Annual General Meeting, monthly Committee Meetings, weekly operational meetings and to work with the Committee and Treasurer to ensure that all fees, dues and accounts are settled. The Clerk will produce Minutes of all meetings and maintain records.

Membership of the Association not essential

If you would like to find out more about this important role, please contact us at: [sboa@btinternet.com](mailto:sboa@btinternet.com)

**The lift-in is still scheduled for Saturday 11 April.**

SBOA/SB Ltd will be updating you on the status of the lift-in and any updates, by e-mail.



## WHAT'S ON - Hopefully!

Sat 11 Apr	SBOA Boats Lift-in day- Cancelled until further notice	All quays	8am -5pm
18 & 19 July	Solva Open Gardens	Village gardens	10am-5pm
24-26 July	Edge Festival - Postponed to Summer 2021	The village	All day
2 & 3 Aug	Solva Scarecrow Trail	The village	All day
Mon 13 Apr	Solva Duck race	Lower Solva	3pm
15-16 Aug	VE & VJ celebration events	TBA	All day

### REGULAR EVENTS - All suspended till further notice

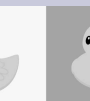
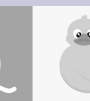
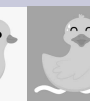
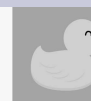
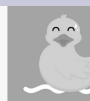
M	10-11am	Solva Tai Chi	Memorial Hall	Fey	07802 648793
M	10.30am-12.30	Coffee & Chat	Capel Ucha	Grace Davies	01437 721533
M	2.30pm	Welsh Conversation Class	Capel Ucha	Grace Davies	01437 721533
M	7-8.30pm	Singing For Fun	Memorial Hall	Anne Hughes	07742 576031
M	7-9pm	Solva Youth Club	AFC Community Hub		
T	2-3pm	Gentle Fitness	Memorial Hall	Laura: letswalkpembs@gmail.com	
T	2pm	Men's Shed	AFC Community Hub	Robin Tyler	01437 721588
T	3.30-5.30pm	Table Tennis in the Hall	Memorial Hall	Dave Perry	07891 624220
T	7.45pm	Pembs Ukulele Pirates practice	Royal George	Jonathan	01437 720213
T	9pm	Tony's Big Time Bingo (3rd Tues)	Harbour Inn		01437 720013
W	12.30pm	Senior Citizens' Lunch Club	Memorial Hall	Jane Pascoe	01437 721544
W	2-4pm	Solva Craft Club	Memorial Hall	Maggie	01437 720478
W	5.30-7pm	Slimming World	Memorial Hall	Samara	07498 322314
W	8pm	Quiz at the Ship	Ship Inn		01437 721528
W	9pm	Dai Ball's Quiz/Open the box	Harbour Inn		01437 720013
T	10.30-12 noon	Coffee Morning / Mini library	Memorial Hall	Carol Ann	01437 721374
T	10.30-11.30am	Pilates	Memorial Hall	Pip Marsh	01437 720314
T	11.45am - 1pm	Computer Club	Memorial Hall	Tom	01437 774775
T	2pm	Solva WI (2nd Thurs of month)	Memorial Hall	Kathryn	01437 721283
T	2.30pm	Bible Study Group	Capel Ucha	Grace Davies	01437 721533
T	6pm	Rowing Club	Trinity Quay	Steve Probert	07970 063074
T	7.30pm	Solva Cinema (1st Thu/month)	Memorial Hall	Lena Dixon	07905 717556
F	10-12 noon	Solva Care "Drop-in Surgery"	Solva Surgery	Lena Dixon	07805 717556
F	2-4 pm	Solva Care "Friday Club"	Memorial Hall	Lena Dixon	07805 717556
Sn	10.30am	Church service	Capel Ucha	Grace Davies	01437 721533
Sn	9.30 / 10.30am	Church in Wales services	St Aidan/Whitchurch	See page 3	
Sn	8.30 pm	Barry's Fun Quiz & Raffle	Royal George	Barry	01437 720002

### Did you know?

I often wondered who the horses on the coast path belonged to. Rumour had it that they were feral and were occasionally culled with their meat being used for cat food! Thankfully that is completely untrue. The horses are owned by the National Trust and serve a valuable service in maintaining the coastal paths. By grazing the horses it stop the area returning to uninviting scrub land. A wonderful example of animals and humans working together for the benefit of both.

### Thursday Coffee Morning - last word from the coffee morning team

The intended message for the April newsletter was to invite everyone to help us celebrate 15 years of the coffee morning and mini library on Thursday 16 April. The Prosecco has been purchased, the cake has been "sourced", the candles are ready to light and the musicians alerted... BUT sadly it is not to be...YET! However, we WILL celebrate just as soon as possible so watch this space. I'm sure we'll all be very happy to see each other out and about again. Meanwhile, love to all and keep safe.





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**Solva Edge Festival**

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**Café on the Quay**

Trinity Quay, Solva Harbour

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